

# Mantles Court

CARE HOME - BIGGLESWADE



Live your *best* life.

Elegant surroundings, supportive care and a welcoming environment.





More than a care home



Mantles Court is more than a care home. It's a place to enjoy life in a warm, friendly and caring environment. A place where you have the freedom to be who you want to be, either independently or with our support.

We understand that you're not trying to change your life, just your home, which is why all the things that are important to you matter to us too.

We're here to help you to continue doing all the things that you've always enjoyed doing, and because maintaining your relationships is vital, your family and friends are welcome to visit you whenever you or they like.

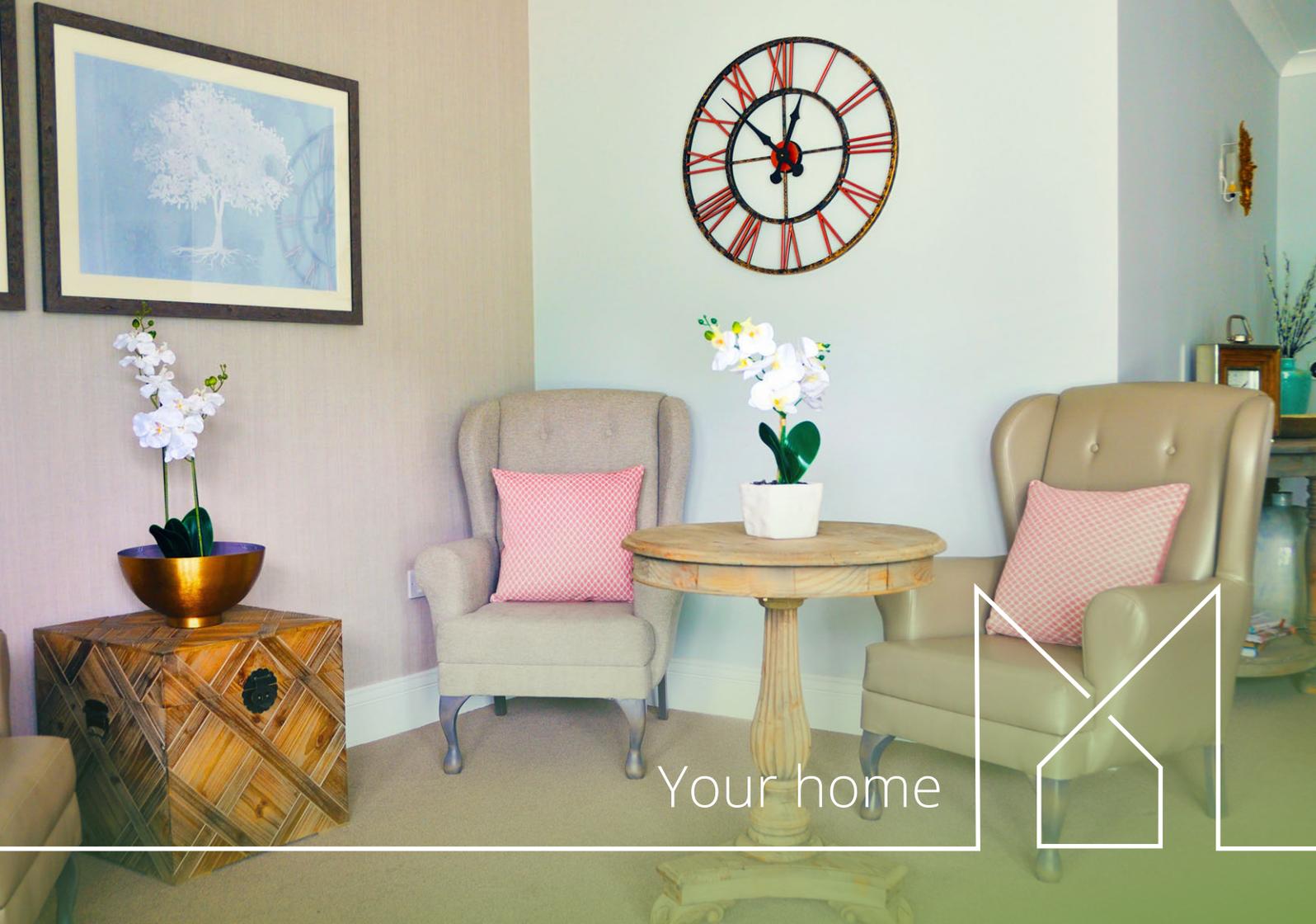
Within Mantles Court you will find the Bloom Café which is an ideal space for socialising over tea, coffee and snacks. There's also a spa, hair and beauty salon, a

number of comfortable lounges, beautiful dining areas and a cinema.

The wi-fi network throughout the home can help you to keep in touch with the people you love, wherever they are as well as helping to support your other online needs such as Internet shopping and entertainment. If you're new to the Internet and want to know more, we can guide you.

When you move to Mantles Court, all that needs to change is your address.





Your home



Your choice



At Mantles Court, you have the freedom to enjoy the privacy of your own room or to share your time with others.

You will have your own en-suite bedroom which will be fully furnished with items from our carefully selected range. Each room comes with a flat screen television and also benefits from its own USB wall sockets, Internet connectivity and telephone connection.

The many carefully considered features offered by Mantles Court are arranged over three floors and include beautiful lounges, dining rooms and other areas for you to

relax in, so no matter where you are in the home you'll never be far from a comfortable and welcoming space.

Mantles court is surrounded by beautifully landscaped gardens offering plenty of outdoor space for you to enjoy. As you walk through the grounds you'll come across occasional seating areas and a number of patios that can be enjoyed throughout the year. If you enjoy gardening we encourage you to get involved and will provide any support that you might need.

People are happier and more contented when they stay physically and socially active. That's why, at Mantles Court, we have a team of dedicated Activities Co-ordinators.

They'll work with you to plan a wide range of activities for you to take part in. They can help you pursue your favourite hobbies and interests, and maybe introduce you to some new ones. Some

activities are enjoyed in groups, whilst others are offered on a one-to-one basis. You can get involved in everything from gentle exercise and arts and crafts through to evening entertainment, themed parties and outings.

Feeling good is also about looking good. That's why we have our own spa, hairdressing salon, laundry and ironing service.





Your leisure





Your dining experience



Food isn't only one of the greatest pleasures in life; it's also vital to physical and mental well-being. That's why we place such an emphasis on the experience of eating.

All our meals are prepared on site, using fresh ingredients from sustainable sources that are as local as possible. Meals can be enjoyed in your dining area or, if you'd prefer, in the privacy of your own room.

For a more sociable experience, you can invite your family and friends to enjoy a meal with you in the Bloom Café or at one of our Bistro evenings. Our chefs can tailor the menu to meet a wide range of dietary requirements.

The staff at Mantles Court will work with you to help maintain your health and well-being.

We choose dedicated staff for whom caring is not just a job but a vocation. Each and every member of staff receives first class training which continues throughout their professional career.

Mantles Court, coupled with the expert care provided by Quantum Care, is a beacon of quality which puts the wellbeing of residents at the very pinnacle of what we do. Our not-for-profit status means that you are our number one priority.



Your care





Our services



At Mantles Court, our expertise in care is wide-ranging and able to meet people's changing needs. We offer the following types of service:

- **Residential care** – a home providing long term care, community and support for older people who need help with day-to-day living
- **Dementia care** – specialist care and support for those living with dementia
- **Respite Care** – a short stay at Mantles Court, whether it's for a week or more, might be just the break you're looking for

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