



# Maypole

Your local Bupa care home  
in Hedge End.





# Unique family atmosphere

**We offer a warm welcome to anyone in need of residential or nursing care. Here residents can expect to find friendship, a choice of stimulating activities and quality care, all under one roof.**

Situated a short drive from the coast and New Forest National Park, our home is a lovely place to be. For those who enjoy a bit of history, there's the SeaCity Museum which tells the city's story of the Titanic. And there's plenty of shops and restaurants nearby.



## Our care team

At Maypole, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.

**"All the staff are very caring. I really appreciate the fact that they are respectful around my brothers needs. Thanks to all the staff who look after him!"**

Sister of resident, April 2025  
Source: carehome.co.uk





# What we offer

Looking after our residents' wellbeing is important. That's why we do everything we can to help each person settle in as soon as possible. Whether that's by arranging something interesting to do in our activities room or helping them add some personal touches to their bedroom.

## Types of care

- Nursing
- Residential
- Convalescence
- Short stay
- Palliative

## Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



## Variety of comfortable bedrooms

We have 68 cosy rooms, and always do our best to give adjacent rooms to couples. You can also expect:

- en suite W/C and wash basin
- shared bathrooms around the home
- a view of the garden or courtyard
- flat screen TV
- optional telephone point (bills payable)

Residents can also bring some pictures to decorate their room, as well as a small piece of furniture from home.



## Services available to all

- GP visits and clinic within the home
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

**Plus, for an additional cost, residents can benefit from:**

- dentist visits
- eye care from an optician
- chiropody
- advice from a nutritionist
- massage therapy
- on-site hairdresser



## Shared areas around the home

Whether residents are looking to socialise or relax, there's always a spot free at Maypole. They can reflect and read in our designated quiet room, visit our on-site salon to get a fresh trim, or catch up with loved ones in one of the lounges.

Outdoors, we have a beautiful courtyard garden with raised beds and colourful mobiles (hand-made by our own residents). There's plenty of seating on the patio at the back, too.



## Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

## Call us for more information

**01489 858 610**

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.



# Life at Maypole

**There's a real focus on doing what you love here. We're happy for residents to share their thoughts on everything, from the type of activities they'd like to do, to where and when they'd like to eat their food. It's what gives our home that welcoming feeling.**



## Activities

We have two dedicated activity coordinators who arrange a weekly plan of interesting things to do, including for those who are less mobile. Activities include:

- quiz, bingo and movie nights
- arts and crafts, baking and games
- visits from a 'zoo lab' (everything from snakes to hamsters)
- chair-based exercise classes
- themed events, like Rock 'n' Roll nights
- visits from a children's music group, the Jiggy Wrigglers



Residents can continue to enjoy most of their existing hobbies at Maypole. And they can always suggest something they'd like to try, as a group or in their room.



## Fresh, healthy food

There's never a shortage of favourite foods on our menu. Residents can choose to have their meal in one of our social dining areas or in the comfort of their room. And if they fancy a light snack, we offer a variety of cold food, from sandwiches to sweet treats.

When residents move in, we talk to each of them about their likes, dislikes and any special dietary needs.

## Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, our chefs can be flexible, too.

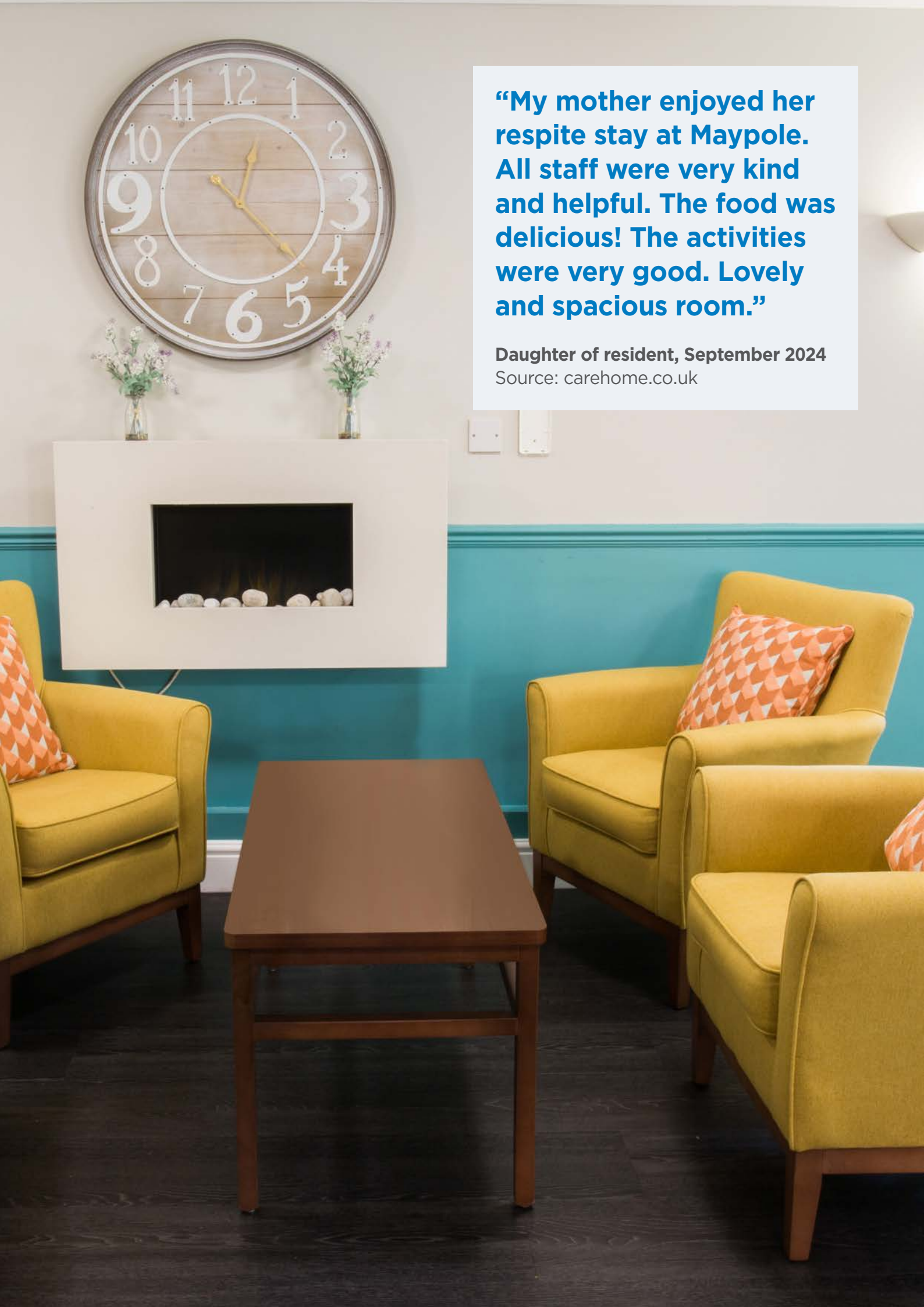
## Celebrating special occasions

Families can host small events such as birthday parties in either of our lounges. We'll just need to know in advance. For an additional fee, we can prepare some delicious food for up to eight people.



## Visits from family and friends

Family and friends can pop by at any time. If you'll be having a meal with us, we normally ask for a small donation. Just let us know about any dietary requirements beforehand. That way we can cook up something you'll really enjoy.



**"My mother enjoyed her respite stay at Maypole. All staff were very kind and helpful. The food was delicious! The activities were very good. Lovely and spacious room."**

Daughter of resident, September 2024  
Source: carehome.co.uk

# Visiting Maypole

**If you've never been here, why not come for a visit?**

You can meet the team and get a real feel for the atmosphere. We're just off the Maypole roundabout on the B3033. If you're travelling by train, the nearest stations are Botley and Hedge End.

**To arrange a visit or to find out more, call us on**

**01489 858 610**

**[bupa.co.uk/maypole](https://bupa.co.uk/maypole)**

** BupaMaypole**

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## Maypole Care Home

99 Lower Northam Road, Hedge End,  
Southampton SO30 4FS

Inspected and rated

Good



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