



Lewin House

Nursing and Dementia
care home



Our vision is
to create **great**
communities
for people who
need **care** and
support

Welcome

Lewin House is a warm and friendly care home situated on the outskirts of Aylesbury.

Our experienced team of nurses and care workers provide a 24 hour nursing and nursing dementia service and are dedicated to achieving the very best for the people in our care.

At Lewin House we ensure that care and kindness is at the heart of all we do and our team will always listen to and respect each resident's views and wishes. By putting the person at the centre of everything we do and by fully involving them in decision-making about their care, we can ensure we deliver a care and support plan that is as individual as they are.

We want every resident to feel that Lewin House is their home where they can live as fulfilled a life as possible.

“We work hard at Lewin House to ensure that we have happy and contented residents. Families are always welcome to visit and we want them to really feel part of the home, just as much as their loved one is.”



Purpose built for care

Lewin House is a modern, airy and spacious home providing care and support for 70 people across four 'houses'.

The home offers a warm and comforting environment and people are encouraged to personalise their room to give it that homely touch. Each bedroom has an en-suite and a 24-hour call system, along with phone and TV point.

The layout of the home has been designed to support and enable a person living with dementia to live well. We include 'features' throughout the home to make it easier for people to find their way around and engage in purposeful activities which stimulate the senses.

Each 'house' has attractive communal areas which are often used for socialising with friends and family. Our extensive landscaped garden is a hive of activity, particularly in the summer months.

The home also has a coffee bar, quiet areas, hairdressing salon and treatment room.

"I would recommend Lewin House to anyone. I think it is the best care home in Buckinghamshire."

AS (Resident)



Our approach to care

Lewin House provides ‘round the clock’ nursing and nursing dementia care and support for people with a wide range of healthcare needs such as long-term illnesses, physical disabilities and complex healthcare needs which require medical intervention. We are also experienced in providing palliative and end of life care.

We recognise that each person is unique, and as such everyone has their own individual needs. Our philosophy is to ensure that these needs are met in a truly individualised and person-centred way. To that end, each person has their own, personal support plan which is regularly reviewed.

The home has a dedicated consultation room which is used weekly by the visiting GP. We can assist in arranging appointments with other healthcare professionals such as physiotherapists, chiropodists, opticians and dentists, as well as local clergy.

What makes the care at Lewin House – and in fact all the Trust’s homes – so special, is that we really take the time to get to know each person well, to genuinely understand what’s important to them and their family, and using this, structure the care and support to meet their individual needs. We believe this sets us apart.

“I could not ask for more care for mum, all staff were kind, helpful and support was always there.”

BW (Family member)



Living at Lewin House

We match each resident with a named 'key worker', someone with whom a close and trusting relationship can be built, so that we can fully understand the person's needs and lifestyle choices.

We encourage all residents to be involved in decisions about how the home is run by holding regular meetings, to which family and friends are also invited, where we actively seek ideas, comments and feedback about the home.

At The Fremantle Trust we believe in active living, which is to say that there is the opportunity to participate as fully as possible in whatever daily living activities individuals are able and would like to take part in.

Our team are on hand to help with the things some residents find more difficult to do, in order to help maintain maximum independence and be more fully engaged in life.

Our people

The team at Lewin House take great pride in knowing they make a difference to a person's quality of life and wellbeing and they are selected in part for their empathy, understanding and desire to support others.

We are committed to providing ongoing learning and development to ensure our people have the necessary skills to provide the highest standards of care possible, whilst always putting care and kindness at the heart of all they do.

Enriching lives

Everyone at Lewin House is supported to live as enriching and fulfilling a life as possible.

Enabling people to remain physically and socially active has a positive impact on happiness. In consultation with residents, our activity co-ordinator organises a range of both group and one-to-one activities to appeal to all tastes and abilities.

Our objective is to make activities interesting, fun and stimulating and might include pursuing hobbies, enjoying entertainers, talks, visits and gentle exercise to music.

As a dementia friendly community, we also offer rewarding activities including cognitive stimulation therapy, singing and reminiscence activities to support residents living with dementia.

We place a great deal of emphasis on the social experience of eating and of mealtimes. Food is not only vital to maintain physical health, but is also one of life's great pleasures. We provide attractive, nutritious and appetising meals which are cooked freshly on the premises, using only the highest quality, locally supplied ingredients wherever possible.





Our commitment

The people in our care are at the heart of everything we do and we want to ensure that their experience of The Fremantle Trust is the very best it can be.

We are dedicated and committed to promoting the independence, rights, wishes, desires and lifestyle choices of everyone who uses our services, and we strive to deliver exceptional care and support through our professional and highly-skilled teams.

We listen to the views and concerns of those we care for; involve them, and their families, carers and friends, in any decision-making about the type of care and support they receive. In addition to both resident and family meetings, we also send out a next-of-kin survey in which we ask for feedback on how we are doing, and using the feedback we get, enhance the quality of our services.

For us, it's about celebrating the uniqueness in everyone and providing person centred care.



About us

Founded in 1992, The Fremantle Trust is a registered charity and not for profit organisation providing first class care and support services for older people and adults with a learning disability.

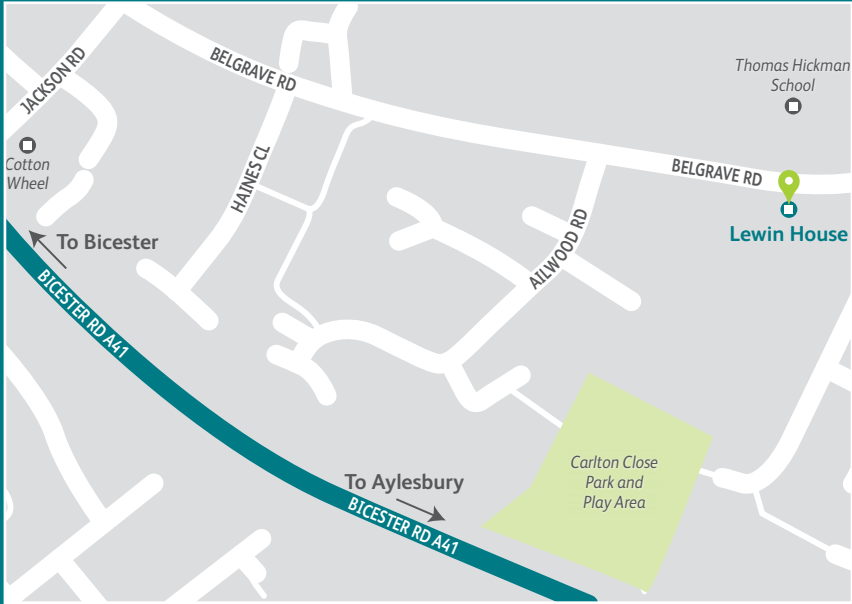
As a charity, we ensure that any surplus we make is invested back into our services to enhance the lives of the people we support.

Our vision is to create great communities for people through our nursing, residential, supported living and day services. We have established a strong reputation for providing expert care and support in welcoming, modern and comfortable environments.

We want to continue to meet the changing needs of those we support, ensure we promote kindness in all we do and demonstrate that care and compassion go 'hand-in-hand'.

Our values are embedded across the organisation. The Fremantle Trust is proud to:

- **Celebrate the uniqueness in everyone**
- **Put care and kindness at the heart of all we do**
- **Exceed expectations every day**
- **Act openly and responsibly**
- **Always be learning**



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A registered charity and not for profit organisation
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