



Lent Rise House

Nursing and Dementia
care home



Our vision is
to create **great**
communities
for people who
need **care** and
support

Welcome

Lent Rise House is a comfortable and homely nursing home situated in Burnham.

Our experienced and highly skilled team of nurses and care workers provide specialist nursing and dementia care, and are passionate about achieving the very best for the people they support.

At Lent Rise House, we put care and kindness at the heart of everything we do, ensuring everyone is listened to and respected at all times.

Our person-centred approach to care enables us to involve individuals in decision-making about their own care, which means we can deliver a support plan that is as unique as they are.



Purpose built for care

Lent Rise House is a warm and friendly home, at the heart of the local community, providing care and support for 60 people across four ‘houses’.

The home offers a safe and welcoming environment, where residents are encouraged to add those homely touches to individualise their room. Each bedroom has an en-suite, phone and TV point and a 24-hour call system.

The layout of the home has been designed to support and enable a person living with dementia to live well. We include ‘features’ throughout the home to make it easier for people to find their way around and engage in purposeful activities which stimulate the senses.

Each ‘house’ has ample communal space where residents can enjoy social activities or have a catch up with family and friends. The attractive landscaped garden area with raised beds, is an inviting space to take in some fresh air especially in the warmer months.

The home also has a sun lounge, coffee bar and hairdressing salon.

“The whole team do a brilliant job at Lent Rise”

PW (Family member)



Our approach to care

Lent Rise House provides expert ‘round the clock’ nursing care and nursing dementia care for older people with a range of healthcare needs such as long-term illnesses, physical disabilities and complex health needs which require medical support. We are also experienced in providing palliative and end of life care.

We treat every person as an individual to ensure we are providing care in a truly person-centred and innovative way.

Since no two people are the same, we create individual care plans for each resident that are unique to them.

We take the time to really get to know each person so that we understand what’s important to them and their family, this helps us to provide the best care possible.

We believe this is what makes all of the Trust’s homes so special and sets us apart.

The home has a dedicated GP consultation room for weekly visits and we can also assist in arranging appointments with other healthcare professionals including chiropodists, physiotherapists, dentists and opticians.

“The leisure and activities team do a great job. The garden fete and outings are all excellent.”

SS (Family member)



Living at Lent Rise House

Every resident is matched with a 'key worker', a person they can form a close and trusting relationship with. This helps to give us a complete picture of the person so we can understand their needs and lifestyle choices.

We want every individual to be involved with decision-making about the running of the home, and we hold regular meetings, to encourage residents and their families to provide comments, suggestions and feedback.

At The Fremantle Trust, we believe in active living, which is to say there is the opportunity to participate as fully as possible in whatever daily living activities individuals are able and would like to take part in.

We understand that some people may need extra help to remain as independent as possible, and our team are always on hand to provide support when they are needed.

Our people

The team at Lent Rise House take great pride in knowing they make a difference to a person's quality of life and wellbeing and they are selected in part for their empathy, understanding and desire to support others.

By investing in our people through ongoing learning and development, we equip them with the knowledge and skills to provide the highest standards of care possible, which supports the Trust's commitment to put care and kindness at the heart of all we do.

Enriching lives

Every resident at Lent Rise House is supported to live as fulfilling and as purposeful a life as possible.

Our activity co-ordinator works in partnership with residents to provide group and one-to-one sessions which are fun and appeal to all tastes and abilities.

As a dementia friendly community, we offer rewarding activities including cognitive stimulation therapy, singing and reminiscence activities to support residents. We work closely with family and friends to help us build up a life story to ensure we can offer activities that are relevant and of interest to each person.

Food is of paramount importance, so we make mealtimes an ideal opportunity to not only maintain good physical health but also for residents to engage socially with friends and family.

We provide tasty and nutritious, freshly cooked food with a varied choice to suit all palettes. Only the highest quality ingredients are used which are sourced locally wherever possible.





Our commitment

The people in our care are at the heart of everything we do and we want to ensure that their experience of The Fremantle Trust is the very best it can be.

We are dedicated and committed to promoting the independence, rights, wishes, desires and lifestyle choices of everyone who uses our services, and we strive to deliver exceptional care and support through our professional and highly-skilled teams.

We listen to the views and concerns of those we care for; involve them, and their families, carers and friends, in any decision-making about the type of care and support they receive. In addition to both resident and family meetings, we also send out a next-of-kin survey in which we ask for feedback on how we are doing, and using the feedback we get, enhance the quality of our services.

For us, it's about celebrating the uniqueness in everyone and providing person centred care.



About us

Founded in 1992, The Fremantle Trust is a registered charity and not for profit organisation providing first class care and support services for older people and adults with a learning disability.

As a charity, we ensure that any surplus we make is invested back into our services to enhance the lives of the people we support.

Our vision is to create great communities for people through our nursing, residential, supported living and day services. We have established a strong reputation for providing expert care and support in welcoming, modern and comfortable environments.

We want to continue to meet the changing needs of those we support, ensure we promote kindness in all we do and demonstrate that care and compassion go 'hand-in-hand'.

Our values are embedded across the organisation. The Fremantle Trust is proud to:

- **Celebrate the uniqueness in everyone**
- **Put care and kindness at the heart of all we do**
- **Exceed expectations every day**
- **Act openly and responsibly**
- **Always be learning**



Lent Rise House
Coulson Way
Burnham
SL1 7NL
Tel: 01628 550 750

The Fremantle Trust
Woodley House, Rabans Close, Aylesbury, HP19 8RS
Tel: 01296 393 000
Email: enquiries@fremantletrust.org
Web: www.fremantletrust.org

A registered charity and not for profit organisation
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