















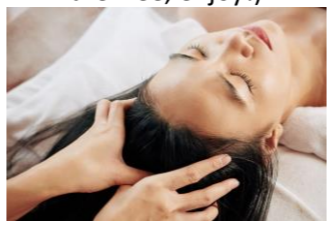



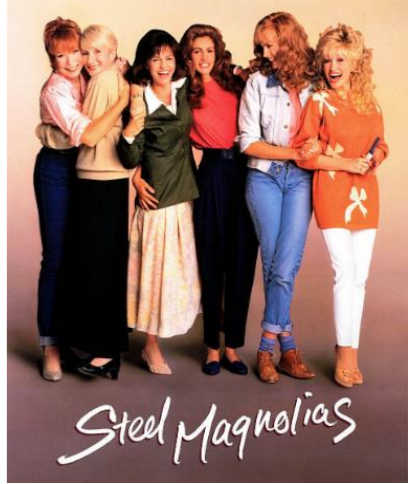




# Blenheim Court Travels Across America

## January 2024 Activities Planner



Monday 1 <sup>st</sup> January	Tuesday 2 <sup>nd</sup> January	Wednesday 3 <sup>rd</sup> January	Thursday 4 <sup>th</sup> January	Friday 5 <sup>th</sup> January	Saturday 6 <sup>th</sup> January	Sunday 7 <sup>th</sup> January
<p><b>New Years Day</b> <b>International Self Care Day</b></p> <p>11am Oomph Exercise in the Ground Floor Lounge</p> 	<p><b>Motivation &amp; Inspiration Day</b> Write an inspirational quote of the day in the Bistro</p> <p>Hairdresser All Day with Janet</p> <p>9:30am Breakfast Club in the Bistro</p> <p>10am Shopping Trolley on all Floors with Louise</p> <p>3pm Church Service in Lower Ground Lounge</p>	<p>Hairdresser All Day with Sue</p> <p>11am Makaton in the Lower Ground Floor Lounge</p> <p>2pm Wellbeing Networking Meeting in the Bistro</p> <p>4pm Games on Top Floor in the Sunroom</p> 	<p><b>National Trivia Day</b></p> <p>11am Trivia Games in all Lounges</p> <p>11am Trip to the Triangle Centre</p> <p>3pm Baking Club – New York Cheesecake</p>  <p>Blenheim Christmas Decorations Come Down</p>	<p><b>National Whipped Cream Day</b></p> <p>11am Flower Arranging in the Bistro</p> <p>11:30am Arts &amp; Crafts on Top Floor</p> <p>3pm Friday Social in the Bistro with Hot Chocolate &amp; Whipped Cream or Baily's Whipped Cream</p> <p>Blenheim Christmas Decorations Come Down</p>	<p>11am Sensory on Top Floor – Warm Foot Spas</p> <p>2:30pm Wrinkly Writers Club in the Lower Ground Floor Lounge</p> <p>4pm Armchair Travel to The Amazon Rainforest on the Tiny Tablet in the Cinema Room</p> 	<p>10:30am Daily Sparkle Reminiscence</p> <p>11:30am Sherry Social</p> <p>3pm Film in the Cinema Room The Good, The Bad, The Ugly</p> 
<p><b>Monday 8<sup>th</sup> January</b></p> <p><b>Elvis Presley's Birthday</b></p>  <p>11am Oomph Exercise in the Ground Floor Lounge to Elvis Music</p> <p>12:30pm Trip to McDonalds for Lunch</p> <p>4pm Elvis Reminiscence on Top Floor</p>	<p><b>Tuesday 9<sup>th</sup> January</b></p> <p>Hairdresser All Day with Janet</p> <p>9:30am Breakfast Club in the Bistro</p>  <p>10am Shopping Trolley on all Floors with Louise</p> <p>3pm Church Service in Lower Ground Lounge</p>	<p><b>Wednesday 10<sup>th</sup> January</b></p> <p><b>Get Active Day</b></p> <p>Hairdresser All Day with Sue</p> <p>11am 1:1 Time with Residents</p>  <p>2pm Activities Planning Meeting in the Bistro</p> <p>4pm Chair Yoga on Top Floor</p>	<p><b>Thursday 11<sup>th</sup> January</b></p> <p><b>Make a Friend Day</b></p> <p>11am Trip to the Triangle Centre</p> <p>2pm Write Pen Pal Letters to First Steps &amp; Puddle Ducks Nursery</p> <p>3pm Baking Club – Corn Dogs</p> 	<p><b>Friday 12<sup>th</sup> January</b></p> <p>11am Flower Arranging in the Bistro</p> <p>11:30am Arts &amp; Crafts on Top Floor</p> <p>3pm Friday Social in the Bistro</p> 	<p><b>Saturday 13<sup>th</sup> January</b></p> <p>11am Sensory on Top Floor – Warm Foot Spas</p> <p>2:30pm Wrinkly Writers Club in the Lower Ground Floor Lounge</p> <p>4pm Armchair Travel to Las Vegas on the Tiny Tablet</p> 	<p><b>Sunday 14<sup>th</sup> January</b></p> <p><b>National Mocktail Day</b></p> <p>10:30am Daily Sparkle Reminiscence</p> <p>11:30am Sherry Social</p> <p>2pm Elvis Documentaries in the Cinema with Mocktails</p> 
<p><b>Monday 15<sup>th</sup> January</b></p> <p><b>Australian Open Day Tennis</b></p>  <p>11am Oomph Exercise in the Ground Floor Lounge</p> <p>12:30pm Trip to KFC for lunch</p> 	<p><b>Tuesday 16<sup>th</sup> January</b></p> <p>Hairdresser All Day with Janet</p>  <p>9:30am Breakfast Club in the Bistro</p> <p>10am Shopping Trolley on all Floors with Louise</p> <p><b>11am Stoke Support Group in the Bistro</b></p> <p>3pm Church Service in Lower Ground Lounge</p>	<p><b>Wednesday 17<sup>th</sup> January</b></p> <p><b>National Hobby Day</b></p> <p>Hairdresser All Day with Sue</p> <p>11am 1:1 Time with Residents, Talk about your hobbies</p> <p>2:30pm Food Forum Meeting in the Bistro</p> <p>4pm Games on Top Floor in the Sunroom – Balloon Tennis</p> <p><b>6:30pm Casino Evening in the Bistro with Frank &amp; The Hods – Dress up in your Glad Rags (no real money will be exchanged)</b></p> 	<p><b>Thursday 18<sup>th</sup> January</b></p> <p>11am Trip to the Triangle Centre</p> <p>Kathy Justice does Reflexology for residents and staff in the Salon - £10.00 per person (Staff are free, enjoy!)</p>  <p>3pm Baking Club – Mississippi Mud Pie</p> 	<p><b>Friday 19<sup>th</sup> January</b></p> <p><b>Dolly Parton's Birthday!</b></p> <p>11am Flower Arranging in the Bistro</p> <p>11:30am Arts &amp; Crafts on Top Floor – Painting on Easels</p> <p><b>3pm Friday Social – Dolly Parton Birthday Bonanza in the Bistro!</b></p> 	<p><b>Saturday 20<sup>th</sup> January</b></p> <p><b>National Day of Acceptance</b></p> <p>11am Sensory on Top Floor – Warm Foot Spas</p> <p>2:30pm Wrinkly Writers Club in the Lower Ground Floor Lounge</p>  <p>3pm Church Service in LGF Lounge</p> <p>4pm Armchair Travel to Tennessee on the Tiny Tablet</p>	<p><b>Sunday 21<sup>st</sup> January</b></p> <p>10:30am Daily Sparkle Reminiscence</p> <p>11:30am Sherry Social</p> <p>3pm Film in the Cinema Room Steel Magnolias</p> 



Monday 22 <sup>nd</sup> January	Tuesday 23 <sup>rd</sup> January	Wednesday 24 <sup>th</sup> January	Thursday 25 <sup>th</sup> January	Friday 26 <sup>th</sup> January	Saturday 27 <sup>th</sup> January	Sunday 28 <sup>th</sup> January
<p><b>Celebration of Life Day</b></p> <p>11am Oomph Exercise in the Ground Floor Lounge</p>  <p>12:30pm Trip to McDonalds for Lunch</p> 	<p>Hairdresser All Day with Janet</p> <p>9:30am Breakfast Club in the Bistro</p>  <p>10am Shopping Trolley on all Floors with Louise</p> <p>3pm Church Service in Lower Ground Lounge</p>	<p><b>Global Belly Laugh Day</b></p>  <p>Hairdresser All Day with Sue</p> <p>11am 1:1 Time with Residents, Tell us your best jokes!</p> <p>4pm Games on Top Floor in the Sunroom – Play Your Cards Right</p> <p>6:30pm Residents &amp; Relatives Meeting in the Bistro</p>	<p><b>Burns Night</b></p> <p>11am Trip to the Triangle Centre</p> <p>3pm Baking Club – American Biscuits</p> <p><b>Haggis on the Menu Tonight!</b></p> 	<p><b>National Fun at Work Day Big Garden Birdwatch</b></p> <p>11am Flower Arranging in the Bistro</p> <p>11:30am Arts &amp; Crafts on Top Floor</p> <p>3pm Friday Social in the Bistro</p> <p>3:30pm Big Quiz on Birds &amp; Gardens</p> 	<p><b>National Chocolate Cake Day Big Garden Birdwatch</b></p> <p>11am Sensory on Top Floor – Warm Foot Spas</p> <p>2:30pm Wrinkly Writers Club in the Lower Ground Floor Lounge</p> <p>4pm Armchair Travel to Texas on the Tiny Tablet</p> 	<p><b>National Lego Day Big Garden Birdwatch</b></p> <p>10:30am Daily Sparkle Reminisce</p> <p>11:30am Sherry Social</p> <p>3pm Film in the Cinema Room Homeward Bound</p> 
<p>Monday 29<sup>th</sup> January</p> <p><b>National Puzzle Day</b></p> <p>11am Oomph Exercise in the Ground Floor Lounge</p> <p>12:30pm Trip to KFC for Lunch</p> 	<p>Tuesday 30<sup>th</sup> January</p> <p>Hairdresser All Day with Janet</p>  <p>9:30am Breakfast Club in the Bistro</p> <p>10am Shopping Trolley on all Floors with Louise</p> <p>3pm Church Service in Lower Ground Lounge</p>	<p>Wednesday 31<sup>st</sup> January</p> <p><b>National Hot Chocolate Day</b></p> <p>Hairdresser All Day with Sue</p> <p>11am 1:1 Time with Residents</p> <p>4pm Games on Top Floor in the Sunroom – Mini Golf</p> <p><i>5pm American Gala Dinner in the Bistro!</i></p>	<p><b>Fun &amp; Quirky Facts About America</b></p> <ul style="list-style-type: none"> <li>• New York was once New Amsterdam.</li> <li>• There's a Palace made totally out of corn.</li> <li>• The Statue of Liberty speaks French. <ul style="list-style-type: none"> <li>• Alaska was once Russian.</li> <li>• The Liberty Bell is from London.</li> <li>• London Bridge is in Arizona.</li> </ul> </li> <li>• The USA has the longest cave system in the world.</li> <li>• The North Pole is in Alaska.</li> </ul>  			

## Message from Sam Booty, Home Manager –

I am incredibly thankful for all the loyal support from staff, residents & relatives in helping us achieve the continuous improvement, goals & memories made at Blenheim Court throughout 2023.

I look forward to the New Year and new memories yet to be made in Blenheim Court's next chapter.

Happy New Year Everyone!