

JANUARY 2024 NEWSLETTER



Dear Friends, Residents and Family,

Happy New Year and welcome to January's Newsletter.

Since our last update, we have enjoyed lots of entertainment and celebrations.

Glen, from the **Beachy Head Chaplaincy** visited, and kindly gave us a talk about the work they do and shared some positive stories to our residents.

Magician, David Croucher gave us a captivating magic show. The residents were entertained by tricks, effects and illusions of seemingly impossible feats.

Julie from Art of Noise performed popular well known 50s and 60s songs for our residents to enjoy and sing along to.

The Yesterdays treated us to many renditions of well known songs.

"Recycled" (live band) raised the roof at Woodside with 60s music for all to enjoy and sing along to.

Guy Sunshine brought a smile to everyone's face with his extensive range of well known songs.

Hailsham Choral Society treated us to a beautiful uplifting carol service. Resident's along with their family members were invited to attend the service and enjoy a mince pie and glass of mulled wine.

Our **christmas fete** was well attended by residents and their family members. We are thrilled to share that we raised an amazing £452 for our resident's fund! A huge thank you to everyone who contributed and supported us in creating such a memorable afternoon.

A **scenic drive** around Hailsham to see christmas lights was enjoyed by the residents.

Friday 22nd December was **"party time"** at Woodside. The annual festive bash was filled with staff and residents singing and playing games. A great time was had by all.

Christmas is a time for joy, togetherness and creating memories. In this spirit, during the month of December residents enjoyed

Christmas card making, decorating christmas cakes, making mince pies, gift tag making and making table favour bags.

Craft activities help our residents express their thoughts and feelings, along with creating something tangible that has meaning. At Woodside there is no right or wrong way to be creative. It's all about taking part and giving it a go.

UPCOMING EVENTS

The Rick Bonner Show Saturday 13th January

Rosie The Little Grey Pony Visit Tuesday 16th January

Guy Sunshine – Singer Thursday 18th January

Coffee morning & Book Sale Friday 19th January

Foodbank Talk Thursday 25th January

Residents Meeting Friday 26th January

Burns Night lunch Saturday 27th January

Julie from Julie's Art of Noise Friday 2nd February

Rockin' Mike Monday 12th February

Woodland Trust Talk DATE TBC

Pet Pal's Tuesday 26th March

More events will be added throughout the year

Brett from “**Activity Time**” is a regular entertainer and visits fortnightly on a **Tuesday** morning, the residents enjoy Brett's positive and energetic presence, in addition to the regular quizzes, bingo, craft and baking.

Sian our fitness instructor visits **every two weeks** on a **Wednesday**. The residents have been really engaged with her exercises.

Our Hairdresser, Michelle comes in **every Tuesday**. Appointments can be booked via reception.

Our treat trolley is wheeled around the home and to resident's room on a **Wednesday**. It offers tasty treats for resident's to purchase, such as chocolate, sweets, crisps, drinks, cards & stamps.

PARCHE visit once a month to do a small service and some singing. They are next here on the **Wednesday the 10th January**.

Clive, our Chiropodist visits every **6 weeks** to ensure our resident's feet are well cared for.

Please check out our “Activity Planner” on the notice board in reception and in the lounge. This will enable residents to decide if they would like to get involved.

We would be extremely grateful if you could leave us a review of Woodside Hall, reviews are so important to us, and only take a few minutes.

The websites are below.

www.carehomes.co.uk

Please follow the link below to Google Reviews.

<https://g.page/r/CZFbnQImcKoPEAI/review>

Until the next newsletter we all as a team continue to enjoy being committed to giving our residents the best experience that we can in care and wellbeing.

MIRANDA COTTENHAM (ACTIVITIES CO-ORDINATOR)



Christmas Fete

Nurse Debbie (Father Christmas) & Sharon (Manager)



Miranda (Activities co-ordinator) Sue (Receptionist)
& Debbie (Nurse)



David Croucher performing a magic show.



Christmas lights excursion



Rachel (Carer) & Wendy (Nurse) at Woodside Christmas party.

