GET IN TOUCH

We want you to make the right decision for you, and we're here to provide all the answers, advice and guidance you need.

Come and see us

By far the best way to find out if Broadbridge Park is the home for you is to experience it for yourself.

Come and talk to our friendly team, and take a tour of our beautiful home.

Broadbridge Park, Chantry Court, Broadbridge Heath, Horsham, West Sussex, RH12 3XY
When using Sat Nav please use the postcode RH12 3NH, Chantry Court is directly opposite Mulberry Gardens.

Call or email

Our friendly team is on hand to answer your questions between 8am and 7pm weekdays, 9am and 4pm Saturdays, and 10am and 3pm Sundays

Freephone 0808 169 8649

or enquiries@caringhomes.org

Find out more

You can read about our Home Manager and their team plus see our latest news and events at www.caringhomes.org/broadbridge-park



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Correct at time of going to print.







Caring Homes was founded by my eldest son, Paul, and myself three decades ago. It was as important to us then, as it is now, that all of our homes reflect our company name and be a 'caring home' for each resident.

We are proud to introduce our stunning luxury care home Broadbridge Park, located in the heart of the community and surrounded by Sussex countryside.

As a registered nurse, I have a passion for delivering person centred care for older people. I believe that every resident deserves, and should enjoy, the best possible quality of life.

That passion is instilled into every Caring Home where our teams are committed to supporting residents to continue to live their life to the full. That means more than providing great care; it's about working with each resident and their family to truly understand them, their wishes, needs and dreams for the future, and striving to make those dreams come true.

Broadbridge Park, like all our homes, provides the latest in luxurious facilities, but it's the highly skilled and dedicated teams of care workers, nurses, support staff, specialists and managers who make the difference. They consistently go above and beyond to deliver the best possible care to residents – a fact that is recognised in our resident and family testimonials.

Looking for a care home is an emotional and challenging time. We have decades of experience in supporting families to make the difficult decisions. We're here for you, every step of the way, helping our residents to live the life they want, with independence, choice and dignity.

We look forward to welcoming you to our beautiful caring home, and will be on hand to answer your questions.

HELENA JEFFERY

TAILOR YOUR OWN CARE PACKAGE

You can tailor your own care package to suit your individual needs and if you change your mind or your requirements change, then so can your care package.

Included in your weekly care fee:

Bedroom facilities

- 24 hr Nurse Call system in all communal areas and bedrooms
- 24 hr acoustic monitoring in all bedrooms
- Bedrooms with courtyard view
- Integrated mini fridges/safes (selected rooms)
- Tea and coffee available in room
- Smart TV's in all bedrooms
 Dining
- Formal and relaxed dining as you desire
- Tray service available to every room
- Fine dining available each day
- Homemade cakes for special occasions
- Hotel grade kitchens
- Nutritionally balanced meals with locally sourced produce
- Innovative menus for residents with special dietary needs including dysphagia
- Seasonal menu options and personal meetings with our Head Chef
- Selected wines, beers, spirits and sherry at meal times on request
- Private dining room for own use with your own menu

Getting around

- Lift to all floors
 Housekeeping
- Housekeeping including window cleaning, laundry and ironing service

Keeping in touch

- Open door policy for visitors
- Free Wifi in selected areas throughout the home
- Telephone calls (UK)/plus FaceTime and Skype services and landline
- Private transport can be arranged
 Outdoor facilities

Visitor car parking

Out<mark>door space to</mark> enjoy

- BBQ and outdoor Al fresco dining
- Private patios with furniture
- Landscaped courtyard style garden with bench seating and pergola
- Potting shed with gardening equipment and raised beds for planting
- Vegetable garden
- Water feature
- Terraces on the first floor
- Woodland walkway and wildlife walk

Also included in your weekly care fee:

Personal care advice/support

- Palliative care and family support at end of life
- Personalised, individual care plans
- Electronic person-centred care planning
- Care and nutrition advice and support Rooms to enjoy

Cinema room screening films/sporting events

- Reading room
- Lounge/communal area
- Newspapers and magazines in communal areas
- Quiet rooms
- Lounge drinks and snacks always available
- Bistro with drinks & snacks
- Dedicated activities room
- TV Lounge/Smart TV (communal areas)
- Hair salon

Things to do

- Religious services can be arranged
- Dedicated visiting GP Service
- Visiting pet therapy
- Dedicated Lifestyle and Wellbeing Co-ordinator
- Lounges with board games, newspapers, magazines and screening of films/ sporting events

- Health and Fitness programme Oomph!
- Planned activities schedule including visiting entertainers
- Planned excursions and days out to places of interest
- Entertain friends and family on special occasions
- Floristry orders can be arranged
- Fruit basket on arrival

Special touches to consider (excluded from your weekly care fee)

- Mobile and International telephone calls
- Occupational therapy, chiropody and physiotherapy
- Hairdressing (haircuts, barbering, colouring and perming)
- Manicures and pedicures
- Personal newspapers and magazines
- Dry cleaning
- Premium branded wine, beer and spirits
- Private transport can be arranged
- Visitor's meals
- Personal chaperone to medical appointments

There's help and support every step of the way. So no matter which care package you choose, you'll find your care plan and moving in is meticulously planned by our Home Manager.







A PLACE TO CALL HOME

Broadbridge Park is a purpose-built care home set within beautiful landscaped gardens.

As well as permanent and convalescent care we also offer respite and trial stays. We provide many different types of support and work with you to put together a care plan that is unique to your needs and requirements.

Our team are experienced in caring for people with the most complex of health needs including convalescent care, rehabilitation, health monitoring, wound management and the management of long term conditions.

Choosing the right type of care

- Residential Care This involves
 offering support with some of
 the basic activities of daily life,
 such as bathing, shaving, oral
 care, dressing, assisting with
 mobility and diet management.
- Nursing Care For health issues that need the ongoing attention of nurses, we provide 24-hour personal specialised nursing care led by our own registered nurses chosen for their care compassion and experience.
- Dementia Care There are many types of dementia, which affect each person in individual

- ways. Care includes helping to preserve their sense of identity and quality of life, in a residential or nursing setting.
- Palliative Care This ensures individuals are as comfortable as possible, by managing pain and other symptoms including psychological, social and spiritual support for everyone including family or carers.
- Respite Care This may include helping a person to recuperate after an operation or illness, or caring for them while their regular carer takes a break.





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LIVING IN MY WORLD

There are now over 944,000 people living with a diagnosis of dementia within the United Kingdom and it is important to know you are not alone.

If you have recently been diagnosed with dementia, we understand this can be a difficult and emotional time. At Broadbridge Park we can help you to understand more about dementia and how to live as well as possible, including making plans for the future.

Award winning training

As well as their ongoing training in their particular field, every team member receives our unique 'Living in My World' dementia training. It highlights the importance of meaningful activities and a stimulating environment for people living with dementia, in addition to addressing clinical aspects of care.

Our training, 'Food in My World', provides our hospitality team and chefs with the skills and knowledge to stimulate senses and increase creativity in the cooking and presentation of food. This can provide a much improved dining experience for residents living with dementia and or dysphagia.

Helping residents live well with dementia

Our residents living with dementia have every opportunity to continue with the daily activities that were such a formative part of their lives, which make them feel happy and fulfilled.

Our communal rooms and ensuite bedrooms are designed in accordance with research published by Stirling University's Dementia Centre, an international centre of knowledge and expertise dedicated to improving lives of people with the condition.

With our assistance or together with family members, residents can prepare drinks, snacks and meals, carry out housework or set the table. Of course, residents are also encouraged to participate in all organised activities in the home too.

Throughout the home, memory aids promote maximum independence and confidence. Our dementia friendly design features include strong lighting coupled with the use of colour and contrast for safety and perception, plus clear signage with icons to help residents find their way around the home.







A LIFESTYLE YOU'LL LOVE

Moving into a care home is a new chapter in your life and we believe in enabling you to continue the hobbies you enjoy, rediscover forgotten interests, or try something new.

Tailored to you

We have a team of talented Health and Wellbeing Co-ordinators who will support you to be as active or sociable as you wish, meaning that there's plenty to do if you're keen to get involved. Taking guidance from you, they will plan varied and fulfilling activities to suit you personally. Even simple daily tasks that may be important to you like tending to garden pots or serving tea, we recognise that everyone is unique and so are the daily activities that people choose to do at Broadbridge Park.

Enjoy our stunning facilities

Within the home, our bistro or lounges are a popular place to entertain visitors or meet friends for morning coffee or afternoon tea. We run regular Coffee Mornings too, which friends and family are welcome to join.

Residents and visitors can also enjoy our lovely landscaped gardens within the stunning countryside of Sussex, accessible all year round due to the windproof balconies.

Our hairdressers, beauticians and nail technicians are always be happy to pamper you in our onsite salon and help you to look your best, whatever the occasion.

Explore the local area

We're always keen to hear your feedback and ideas for activities so we can ensure that you're enjoying each day to the full. There is a Residents' Committee that meets regularly where you can put forward ideas. You can read feedback from our residents and relatives in our comments book in reception or online at www. caringhomes.org/broadbridge-park

Typical activities include:

- Visiting musicians and entertainers
- Film screenings
- Afternoon tea
- Regular outings and events
- Arts and crafts
- Gardening
- Coffee mornings

A FEAST FOR THE SENSES

There's always a buzz around the home at meal times. In fact, good food and great times are what life at Broadbridge Park is all about.

Menus designed around you

Our catering and hospitality team have in-depth knowledge of nutrition and hydration. One of our Chefs will meet with you when you first join us, in order to get to know you and understand your dietary needs and personal preferences.

The catering and hospitality team sources seasonal and local produce and ensures that there are always plenty of tasty options to choose from. Special diets are easily catered for, including for residents who have difficulty swallowing, or need fortified meals.

As well as exemplary nutritional monitoring, our dedicated care team ensures our residents have regular drinks and their weight is noted.

These are recorded in care plans where appropriate. You can view our a la carte menus when you visit us or read a typical menu online at www. caringhomes.org/broadbridge-park

Dine in style

The home offers different styles of dining, including formal or more relaxed spaces and private dining for special occasions. You can also enjoy your meal in your room if you prefer.

Whether you're a three-meals-a-day person, or prefer to eat little and often, our menus and snack options provide complete flexibility. You can start the day with a cooked breakfast or cereal and juices, followed by lunch and dinner or a light meal and snack.

Time to celebrate

Baking is a big favourite with residents, and afternoon tea always includes tasty homemade cakes. You will be welcome to help yourself to soft drinks, tea and coffee from the serveries on each floor at any time, and there are always tempting treats on offer in the bistro.

Homemade cake is always on the menu for special occasions and residents' birthdays. Our catering team is very happy to provide delicious food for family get-togethers in the private dining room.







FREQUENTLY ASKED QUESTIONS

What is the ratio of staff to residents?

As everyone's needs vary, we will assess each individual and agree on the level of support and care required with each resident, family members, and healthcare professionals where appropriate.

Do I have to pay extra for entertainment?

No. The in-home entertainment and activities are based on the interests, preferences, and needs of residents. Therefore, we consider the range of lifestyle options available to be a part of their care planning in which good physical, cognitive, and social engagement can directly improve health and wellbeing.

Do you offer room service?

Yes we do and there is no tray charge for this service. Friends and family can join whenever you wish.

What are your visiting times?

Broadbridge Park operates an open door policy. Family and friends are always welcome and can see their relatives and loved ones as often as they wish.

Can I bring my pet?

Most pets are welcome to visit for the day by arrangement with the Home Manager.

Who decides on the menus?

Our Head Chef and the team have many years of cooking experience. They craft their nutritionally balanced menus using seasonal produce, and will be guided by the feedback provided to them from our residents during their monthly hospitality meetings and individual care plans.

What is a care pathway?

Care homes that provide a combination of residential, nursing and dementia care are said to offer a 'care pathway'. Homes that offer all three are described as offering a 'complete care pathway'. Essentially; having a care pathway can allow a resident to remain at the same home should their needs change, without having to relocate to another service.

Why do fees vary based on duration?

A premium is added to the cost of respite care or a short stay. These residents enjoy all the benefits on offer to those who call Broadbridge Park their permanent home.

UNDERSTANDING CARE FEES

Our range of fees are determined to ensure the safety of our residents and the comfortable running of their home.

Our fees are competitive, reviewed annually, and can vary based on individual care needs, size or aspect of room, and duration of stay.

Fees quoted are per week and include medications management, retained GP services, weight, hydration and nutrition monitoring, plus regular and varied events and activities, wellbeing support and care and nursing in line with assessed needs.

Fees are payable in advance prior to admission and comprise of up to one month's care fees and a refundable deposit.

Depending on an individual's needs some funding assistance may be available. When you visit the home please ask about the allowances and how we may help you request any funding entitlements.

Local Authority Care Fees

Available for a resident over 65 years of age who does not have the required funds to pay for their own care. This funding entitlement does not meet our fees, however it is possible for other family members to 'bridge the gap' or 'top up' any shortfall, subject to assessment.

Attendance Allowance

This is also available for those over 65 years of age who have a physical or cognitive need and is provided at a lower or higher level, subject to assessment.

Funded Nursing Care

This is a contribution by the NHS towards the cost of nursing care for those in a care home. A flat rate is paid directly to the home and unlike many other care providers we deduct this amount in full from our monthly invoice.

Continuing Healthcare

This is arranged and funded by the NHS for people who are not residing in hospital and have been assessed as having a 'primary health need'. We recommend that making the decision on how to fund a care home placement is ideally done with the support of a professional advisor.

You can download our care fee guide at www.caringhomes.org/funding