



Ickniel Court

Residential and Dementia
care home



Our vision is
to create **great**
communities
for people who
need **care** and
support

Welcome

Icknield Court is a beautiful and vibrant care home located in Princes Risborough, within a few minutes walk from the town centre.

Our highly experienced team provide a 'round the clock' residential and dementia care service, and are committed to achieving the very best for residents.

At Icknield Court, we put the resident at the heart of everything we do, by listening to and respecting their views and wishes. We involve them in making decisions about their care, so we can deliver a personalised support plan that is as unique as they are.

“The care workers at Icknield Court work extremely hard to ensure we have well cared for, contented and happy residents, who feel they are living life in a warm, friendly and engaging place.”



Purpose built for care

Icknield Court is a modern and friendly home providing care and support for 90 people across six 'houses'.

The home offers an inviting and comfortable environment where people are encouraged to personalise their individual room to give it that homely feel. Each bedroom has an en-suite and a 24-hour call system, along with phone and TV point.

The layout of the home has been designed to support and enable a person living with dementia to live well. We include 'features' throughout the home to make it easier for people to find their way around and engage in purposeful activities which stimulate the senses.

Every 'house' has plenty of communal space - perfect for meeting up and socialising with family and friends. The two enclosed courtyard gardens have been designed to be dementia friendly, interactive and stimulating.

The home also has a coffee shop, two large lounges, a quiet room, hairdressing salon and wonderful links with the local community.

"A very well run home, family atmosphere / kindness is shown to residents." AS (Resident)



Our approach to care

Icknield Court provides expert residential and dementia care and support for people with a wide range of healthcare needs including those with long-term conditions.

We recognise that every person is unique and as such has their own individual needs. Our person-centred approach helps us to ensure we truly meet the needs of each individual in our care, by providing a personal support plan tailored to them.

The home has a dedicated GP consultation room for weekly visits and we can assist in arranging appointments with other healthcare professionals including chiropodists, physiotherapists, dentists and opticians.

What makes our care so special, and indeed in all the Trust's homes, is that we take the time to really get to know each person and their family, to find out what's important to them in their daily life. We can then structure the right care and support to meet these needs. We believe this attention to detail sets us apart.

“We have always found all staff treat residents with respect and kindness. They do a wonderful job caring for them.” AP (Family member)



Living at Ickniel Court

We believe in active living at The Fremantle Trust, which means that residents have the opportunity to participate as fully as possible in whatever daily living activities they are able and would like to take part in.

Our team are on hand to help with the things some residents find more difficult to do, in order to help maintain maximum independence and be more fully engaged in life.

It's important that we get things right, so we encourage all residents to get involved in making decisions about the running of the home, and hold regular meetings to receive feedback and suggestions. We also work closely with families, so they feel part of the home just as much as their loved ones do.

We match every resident with a named 'key worker', someone with whom a trusting and supportive relationship can be built, so that we can truly understand a person's needs and lifestyle choices.

Our people

The team at Ickniel Court take great pride in knowing they make a difference to a person's quality of life and wellbeing and they are selected in part for their empathy, understanding and desire to support others.

We are committed to providing ongoing learning and development to ensure our people have the necessary skills to provide the highest standards of care possible, whilst always putting care and kindness at the heart of all they do.

Enriching lives

Everyone at Ickniel Court is supported to live as purposeful and fulfilling a life as possible, in a caring and nurturing environment.

In partnership with residents, our activity co-ordinator organises a variety of one-to-one and group activities including arts & craft sessions and social groups. As a dementia friendly community, we also offer rewarding activities including cognitive stimulation therapy, singing and reminiscence activities to support residents living with dementia.

We also have an excellent team of volunteers who run regular coffee mornings and discuss the latest news - something our residents love to hear about!

We place a great deal of emphasis on the social experience of eating and of mealtimes. Food is not only vital to maintain physical health, but is also one of life's great pleasures.

We provide attractive, nutritious and appetising meals and food is cooked freshly on the premises, using only the highest quality, locally supplied ingredients wherever possible.





Our commitment

The people in our care are at the heart of everything we do and we want to ensure that their experience of The Fremantle Trust is the very best it can be.

We are dedicated and committed to promoting the independence, rights, wishes, desires and lifestyle choices of everyone who uses our services, and we strive to deliver exceptional care and support through our professional and highly-skilled teams.

We listen to the views and concerns of those we care for; involve them, and their families, carers and friends, in any decision-making about the type of care and support they receive. In addition to both resident and family meetings, we also send out a next-of-kin survey in which we ask for feedback on how we are doing, and using the feedback we get, enhance the quality of our services.

For us, it's about celebrating the uniqueness in everyone and providing person centred care.



About us

Founded in 1992, The Fremantle Trust is a registered charity and not for profit organisation providing first class care and support services for older people and adults with a learning disability.

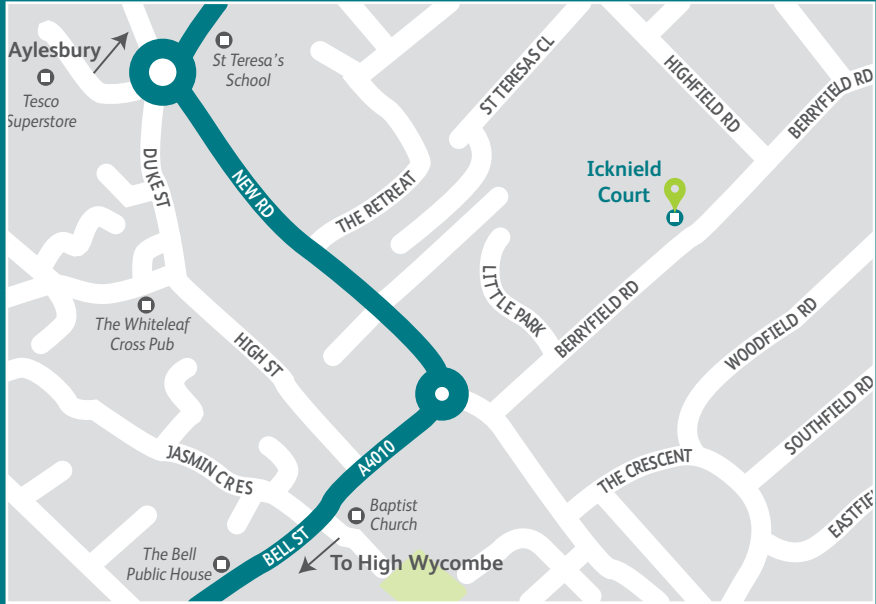
As a charity, we ensure that any surplus we make is invested back into our services to enhance the lives of the people we support.

Our vision is to create great communities for people through our nursing, residential, supported living and day services. We have established a strong reputation for providing expert care and support in welcoming, modern and comfortable environments.

We want to continue to meet the changing needs of those we support, ensure we promote kindness in all we do and demonstrate that care and compassion go 'hand-in-hand'.

Our values are embedded across the organisation. The Fremantle Trust is proud to:

- **Celebrate the uniqueness in everyone**
- **Put care and kindness at the heart of all we do**
- **Exceed expectations every day**
- **Act openly and responsibly**
- **Always be learning**



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