



# Welcome to Hungerford.

We're here to make life easier, more settled and altogether better.

brighterkind is our approach to care. It focuses on understanding what quality of life means for everyone here, and then provides the right experiences to help them live their life to the fullest. These experiences are built from our specialist approach to quality care, recreation and activities, and food and dining.

By taking the time to understand you, we will provide the informed care that turns a move to our home into a welcome change for the better.







#### Our home

A real home has as much personality as the people that fill it. That's why we've made Hungerford a place you'd be proud and happy to live in – just as you would your own home.

Hungerford Care Home, in Berkshire, is located just two miles from the picturesque market town of Hungerford. Here you'll find amenities, eateries and river walks. Nearby, enjoy the stunning scenery of the North Wessex Downs and the sites and shops of Newbury. With 52 bedrooms offering nursing and dementia care, we think carefully about the type of room each resident needs.

Our bedrooms are set across two floors, and each wing has its own light and airy lounge and dining room with views of the gardens, meaning peace and tranquillity is never far away. We also have a multi-sensory room, which provides a relaxing space for those with sensory impairment. All furnishings and decor throughout the home are of an exceptionally high standard. We also have a number of well-maintained garden and greenhouse with wheelchair access. There is a mature orchard, sheltered seating area and secure sensory garden suitable for residents with dementia.

We understand that moving into Hungerford will be a considerable transition, but one we try to make feel as easy as possible. By helping you arrange your room just the way you like or bringing you your daily newspaper, we'll do the little things that make the biggest difference.

#### **OUR FACILITIES**

En-suite rooms
Flat-screen TVs in lounge rooms
DVD players
Large bath and shower rooms on each floor
Communal lounges
Three dining rooms
Multi-sensory room
Hairdressing salon
Wi-Fi internet
Large passenger lifts
Mature gardens
Dementia-friendly
garden

Greenhouse



# Quality care

We want every day at Hungerford to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Whether you require nursing or dementia care, our care is first rate: we provide the most up-to-date training for our carers, and support for our residents.

# How will I know what type of care is right for me?

When you arrive at Hungerford, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

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Our motivated, helpful, ever-smiling team has a wonderful relationship with both the residents, relatives and the local community.

# Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, GPs visit from three local surgeries every week. We also have a chiropodist who provides services every week and a hairdresser who can be found in our own salon pampering the residents. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.

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Hungerford care home is amazing.
The staff are always polite and welcoming.
Relative of resident on Carehome.co.uk







#### Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have a dedicated Recreation and Activities Coordinator who oversees everything, but all our staff regularly brainstorm new ideas, too. And our residents vote on their suggestions at our monthly activity meetings, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from knitting club and bingo, to pet therapy and gardening.

And everything's flexible – if it's sunny we try and get outside, so everyone can appreciate the best of the day.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We take residents out to the shops and surrounding countryside on a regular basis. We often have local entertainers performing at the home too, and the pet therapy team who come to visit with Oscar the King Charles spaniel.

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A local jazz singer is a very popular visitor to the home and will always get people up singing and dancing.













#### Our food and drink

At Hungerford, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

We have three dining rooms and meals are prepared by our Chef at the home. Our dining rooms always become hubs of conversation and laughter, and mealtimes give even our more frail residents a chance to come together and socialise. Whether it's a birthday party or a roast each Sunday, we encourage our residents to make the most of living in a friendly environment. There will be plenty of people to meet, and a lot of stories to share.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge) and our extras menu gives you the option to order snacks at any time of the day.

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We always serve afternoon tea on the terrace when the weather is nice.

# Here are some of the most popular questions people ask us as we show them round Hungerford:

## Will I be able to bring my pet?

There are currently no pets in the home. However, it might be possible for you to bring a pet, but this would depend on the type of animal. You can discuss this with the Home Manager. We also have regular pet therapy sessions for those who enjoy the company of animals.

### Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

# When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

### What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

#### How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and small pieces of furniture to make it feel more like home.

Please note: The photographs inside this booklet are of homes offering brighterkind care, however, not all are from this home. This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Care Quality Commission.





To find out more or to arrange a visit please ask for our Home Manager.

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