









# Weekly Activities

DATE: W/C: 22nd January 2024

MORNING

AFTERNOON

MONDAY	<p><b>WEEKLEY PLANNER DELIVERY</b></p> <p>1-2-1 time to chat with the Wellbeing Team about the activities that might interest you. From 11am</p>	<p> <b>DOG VISIT!</b> </p> <p>This afternoon we have 3 new dogs coming to visit you. The wellbeing team will be making our way around with them to see you all! From 2pm</p>
TUESDAY	<p><b>BINGO!</b></p> <p>Eyes down for a full house! With prizes to be won! In the Upstairs lounge Starting at 11am</p>	<p><b>QUIZ TIME!</b></p> <p>This week it's a number quiz! With Prizes to be won! In the Sun Lounge Starting at 2pm</p>
WEDNESDAY	<p> <b>ART CLUB!</b> </p> <p>Come join wellbeing team to make some Valentines cards and candles! In the Sun Lounge Starting at 11am</p>	<p><b>MOBILE SHOP</b></p> <p>The wellbeing team will be making our way round with a trolley full of goodies for you to buy! From 1:45pm</p>
THURSDAY	<p><b>1-2-1 SHOPPING TRIPS</b></p> <p>Wellbeing will be taking residents to Sainsbury's, Town or even just a coffee. Speak to the Kate or Jemma to get your name on the list!</p>	<p><b>CHAIR EXERCISE!</b></p> <p>Come join us for some fun gentle exercise with balloons whilst listening to all your 50'S/60'S music In the Sun Lounge Starting at 11am</p>
FRIDAY	<p> <b>FRIDAY FUN DAY!</b> </p> <p>Join us in the Sun lounge for performances from staff and residents! We will also be having a singalong! In the sun lounge From 11am</p>	<p> <b>FRIDAY FUN DAY!</b> </p> <p>Its Party time! Join us for Face painting, Fancy dress and Party Games! In the Sun Lounge Starting at 1:45pm</p>
SATURDAY	<p><b>QUIZ TIME!</b></p> <p>This week's quiz! With Prizes to be won! In the Sun Lounge Starting at 2pm</p>	<p><b>MOBILE LIBRARY</b></p> <p>Wellbeing team will be making out way round with the mobile library, Find a new book to enjoy! From 1:45pm</p>
SUNDAY	<p><b>PAPER'S AND COFFEE</b></p> <p>Join your fellow residents with your local newspaper and a cup of your favourite From 11am</p>	<p><b>HILLSIDE PRESENTS</b></p> <p>Join us in the Snug for a classic Movie In the Snug Starting at 2pm</p>

Times and activities are sometimes subject to change