



AN EXTENSIVE ACTIVITIES PROGRAMME AWAITS YOU

Arts & Crafts • Singing • Live Music
Gardening • Gentle Exercise Classes
Relaxation Sessions • Flower Arranging
Book Club • Knit & Natter • Movie Nights
Quiz Afternoons • Gentlemen's Club
Afternoon Tea • Themed Days • Happy Hour
Seasonal Celebrations • Pet Therapy Visits
Guest Speakers • Church Services
Trips Out • Family Meals • And much more...

HIGHWOOD
CARE HOME 

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