



**HENDERSON HOUSE**  
CARE HOME



**RESIDENTIAL, NURSING, DEMENTIA & RESPITE CARE**



**Conveniently located in the Fife coastal town of Dalgety Bay, Henderson House Care Home provides exceptional standards of residential, nursing, dementia and respite care for up to 60 residents over three floors.**

Our dedicated team offer a person-centred approach, one that combines outstanding care, with beautiful surroundings, a varied activities programme and tasty and nutritious food.

Each of our 60 bedrooms are furnished to the highest standard, and our home also features

two main lounge and dining rooms, along with four smaller lounges which provide plenty of space to relax and catch up with friends.

Henderson House is somewhere you can call home, a place you can make the most of everyday with new friends, experiences and special moments.

***"I found all the staff very friendly... I would recommend the care home to any family and friends. Outings and activities are plentiful for residents."***

***Relative of Resident***

# CARING FOR YOU IS AT THE HEART OF EVERYTHING WE OFFER

**Nothing is more important to us than your health and wellbeing, which is why as well as delivering first class care, there is always a bit of fun going on to get involved with.**

When it comes to variety and choice, Henderson House has everything you might be looking for, from group activities such as exercise, bingo and quizzes plus themed evenings to celebrating annual occasions including Burns Night, Mother's Day, Easter, Father's Day, Christmas and of course residents' anniversaries and birthdays.

Our full-time Activities Co-ordinator creates an ever changing programme of things to do, from Fruity Fridays, musical visits and animal encounters to, where the weather permits, some relaxing Tai Chi in the garden.

We place great importance on protecting residents' meal-times as good nutrition and hydration are essential to staying well. Our daily menu always offers a choice of at least two dishes and individual dietary requirements are always catered for. Family members or friends of residents are very welcome to 'book-in' and join us for a meal.

## What you can expect at Henderson House...

Modern Bedrooms | Woodland Views | Full-time Activities Co-ordinator  
Nutritious, Home Cooked Food | Private and Secure Gardens  
Minibus | Specialist Dementia Unit | and much more...



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***"I can't rate this care home highly enough."***

Daughter of Resident

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# HENDERSON HOUSE

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To find out more about life at Henderson House Care Home or to arrange a tour, please contact us on

[www.hendersonhousecare.co.uk](http://www.hendersonhousecare.co.uk)

T: 01382 821 234 | E: [info@hendersonhousecare.co.uk](mailto:info@hendersonhousecare.co.uk)

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