

STEP
INSIDE



Finavon Court

PART OF HOLMES CARE GROUP



Finavon Court is a purpose-built residential home sitting at the heart of Glenrothes in Fife, with excellent access to regular bus services. Finavon Court has been designed with the aim of creating an enabling and engaging environment, that supports our residents in their day to day lives.

Part of the award-winning Holmes Care Group family, Finavon Court is a home that is committed to enriching the lives of our residents and their families, our employees and the local community and in turn, delivering high quality person-centred care that values relationships.

As a family run business, our values are very important to us, that's why we believe in creating a friendly environment, that promotes and supports the independence and individuality of each person while ensuring the well-being and comfort of our residents.



Your Home

It's the little touches and people at Finavon Court, which make it a special place to live.

Finavon Court is a 24 bed, registered residential care facility, providing quality, person centred care. The home is equipped with modern amenities, our bedrooms have bright and spacious single bed accommodation with en-suite shower facilities for privacy and convenience.

We want to ensure that the people we support are as comfortable as possible when they come to stay with us.

We recognise everyone is unique and encourage that individuality, which is why we encourage residents to personalise their bedroom with personal belongings and small items of furniture.



Professional care, with a personal touch

At Finavon Court our priority is to ensure that each of our residents receives the very highest standards of care and support.

Every resident is an individual with different medical, physical, emotional and social care needs. Care plans are written in collaboration with the individual and/or family member and can be altered and updated as and when requirements change.

Our 24-hour team of carers have invaluable experience in understanding the needs of residents, which is why they always deliver

kind and respectful care that is sensitive to the needs of others and recognises everyone's contribution.

Our care team are given ongoing professional and personal development training to ensure we support our residents with high quality person-centred care that is forward thinking and individualised to the person's needs.



Delicious, home made meals

Whether its breakfast, lunch or dinner; mealtimes are a great opportunity to socialise and enjoy freshly made, nutritious food at Finavon Court.

Our experienced chefs will readily accommodate modified or special diets and are dedicated to creating homemade meals using tasty ingredients. Our chefs will spend time finding out likes and dislikes and our varied menus are created with the people living in the care home. There is always a selection of homemade baking available.

We don't always expect residents to eat in the dining room. Breakfast in bed might be an enjoyable way to start the day or when the sun is shining dining al fresco might take preference.

Relatives and friends are always welcome, and with fresh coffee, tea and homemade baking on hand, what could be a nicer way to catch up with loved ones?



What shall we do today?

Meaningful engagement is an important part of our approach to providing the highest standards of care and quality of life to our residents.

Our Activity Coordinators deliver meaningful activities that stimulate residents and improve their well-being. An essential element for any successful activity is to get to know the individual, which is why we encourage residents to keep their minds active by pursuing their own hobbies and interests. We promote the importance of gaining knowledge about a resident's life stories and experiences and

offer a wide range of activities to support their individual interests, such as; crafts, quizzes, games, gardening and cookery. Entertainers, musicians, hairdressers, church groups regularly visit the home and residents can choose to enjoy a wide variety of genres and performances. We also support the local community whenever we can and local schools, groups and clubs are regular visitors to our home.



The great outdoors

There are significant benefits of being outside on physical and mental wellbeing.

At Finavon Court enjoying the great outdoors is encouraged. As well as an outdoor garden area Finavon Court has access to a minibus with residents enjoying regular outings to places of interest in Fife and further afield. Outings are chosen by residents and feeling the sun on your face or the wind in your hair always raises a smile.

Home comforts

An at a glance guide to the attractive features at Finavon Court.

Number of rooms:

- 24

Types of care:

- Residential Care
- Palliative Care
- Dementia Care

What's included:

- Meals, snacks and drinks
- In-house laundry
- Bed linen and towels
- Entertainment and a full range of activities – *participation optional*
- 24-hour call system
- Utility bills
- WIFI
- Onsite parking

Residents can enjoy:

- Freshly prepared meals
- Home Baking
- Hair salon
- Specialised bathing facilities
- Daily activities and entertainment
- Attractive gardens and relaxing surroundings
- Visiting Optician and Dentist

What happens next?

This brochure is just a glimpse of life at **Finavon Court**. To fully appreciate the warm, friendly and caring atmosphere of our home, we invite you, to visit us at any time.

OUR VALUES

THOUGHTFUL

Sensitive to the needs of others
Kind and respectful

RESPONSIBLE

Act with integrity
Ethical in our actions

UNIQUE

Person-centred in our approach
Encourage individuality

STRIVING *for* EXCELLENCE

Focused on quality
Forward-thinking and adaptable

TOGETHER

Family focused
Recognise everyone's contribution

To arrange a visit, please contact our Service Manager:

☎ 01592 773 033

✉ finavon.manager@holmes-care.co.uk

🏠 **Finavon Court, Glenrothes, Fife, KY7 4UG**

For further information about Holmes Care Group, including links to our latest inspection reports, recent reviews and our latest news articles, please visit our website. www.holmes-care.co.uk

I find Finavon Court a delightful, welcoming place to be a part of and would hope, if necessary, I would be able to join you someday. I am 90-years-old.

—
Barbara, Friend of Resident



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AWARDS**



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