



# FARNHAM MILL

NURSING AND  
DEMENTIA HOME



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# Welcome to Farnham Mill

Farnham Mill is a friendly family run nursing home specialising in nursing, dementia and end of life care. Farnham Mill is the result of over 40 years of nursing expertise from the Lee family which began with Alison's Mother Gill caring for two elderly relatives.

Our aim is to put care at the center of everything we do. We want to treat people in a dignified and compassionate way. The care we give is based on our 'Sunflower Approach'. Staff who work at Farnham Mill sign up to what a sunflower stands for; Loyalty, Adoration and Longevity, always ensuring quality of life is at the heart of what we do.



*Our aim is to  
put care at the  
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we do....*

# Our Ethos



*We are different  
from other  
nursing homes...*

Alison's ethos is to care for all her residents as if they are her own family. Three generations of Alison's family have been cared for in the homes.

Our homes have been lovingly designed by our staff, for our residents. Farnham Mill's design demonstrates the dedication and thought that has been given to provide a continuity of our reputation for being a home of outstanding care in nursing, end of life and dementia care.

All our residents benefit from large, bright and airy bedrooms, all with underfloor heating and ensuite wet rooms. Our bedrooms also have a nurse call system, satellite TV, WiFi and telephone lines.

Our floor to ceiling windows overlook our own mill pond flourishing with plants, wildlife, ducks and geese.

The environment has been enhanced with individually chosen pictures to stimulate memories and happy emotions. There are a variety of pictures, markers, sculptures and animal carvings, encouraging and aiding residents to orientate themselves around our home.



# Nursing Care

Sahlee Epi our Care Manager has worked with us since 2011. Prior to this Sahlee had already gained a wealth of experience in elderly nursing care. She leads a team of highly qualified nurses in gerontology, dementia and end of life care. They look at each resident as an individual and ensure they receive the best care.

Residents receive full 24-hour nursing care. Families have monthly meetings with Sahlee or a senior team member, to discuss any concerns they may have and to talk about any changes in the care provided. They are true partners in the decision making process.



Weekly visits from our GP, physio, community psychiatric nurse and other specialists help to provide the best care and to avoid hospital admissions. Our approach to care ensures residents live the rest of their lives in a dignified way.

*We look at each resident as an individual...*





*24hr care is provided  
by highly trained  
Dementia specialists*

# Dementia Care

Our dementia approach has been developed by specialists who are not only researching but also actually providing the care. Each resident has a plan of care that looks at the delicate balance between rest and stimulation. All our staff, from the junior kitchen staff to the owners, are trained in dementia care, by specialists.

Our 'Sunflower Approach' to care is based on providing a kind, loving environment for the residents so they feel safe. We ensure all staff are regular trusted faces and we use residents' past histories, to improve the care we provide.

Pictures and memorabilia have been chosen to encourage reminiscence as well as creating a comfortable and non-institutional feel to the surroundings.



# End Of Life Care

Farnham Mill's ethos for end of life care is that we only have one chance to provide excellent care. All of our staff are trained using the MacMillan Palliative Care Course.

Together with residents, relatives and staff an individual care plan is produced, using the specialists nursing knowledge, to provide a dignified and peaceful end of life.

The environment and equipment have been specially chosen for maximum comfort and dignity. We have invested in the most comfortable and best beds, hoists and nurse call systems available. All of our rooms have floor to ceiling windows enabling our residents to always have a view. There is a variety of lounges to relax in with relatives and friends.

In addition to all this, a room is available for visitors who wish to stay overnight or rest during the day.



*Residents and their families  
are consulted at every stage  
of their care...*



# Day Care



Our Day Center has been designed specifically for people with early stages of dementia. Each client will have an individual care plan agreed with the family and they will be grouped together with others sharing similar interests.

The Day Center staff are committed to improving the life of families with dementia.

Activities, outings, meals, hairdressing, quiet time, chiropody and personal care are all part of the programme we offer. We are open seven days a week and offer more informal care at the weekends. We open early in the mornings until later in the day to accommodate those families who are restricted to working hours. It's about doing things differently and we believe we offer a unique service in the area.



# The Staff

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At Farnham Mill we firmly believe we are only as good as the staff who work in our home. Our Sunflower Approach is based on longevity, adoration and loyalty. All staff believe in this ethos and as a result we do not employ temporary or agency staff. Many of our staff have joined through recommendation.

Residents play an integral part in the recruitment and retention of our staff. The team is led by our General Manager, Jo Grinyer, who ensures we have a highly trained specialist team in dementia, infection control, nutrition and many other areas.

Jo Grinyer is a local leader in the development of methods to continually improve the care provided to the elderly.



*...a nursing home is only as good  
as the staff who work there...*





# Food



Food is an important part of life at Farnham Mill and our experienced chef provides delicious, fresh, home cooked food.

When a new resident arrives the head chef, Lorraine Wheeler, will visit each resident to discuss their likes and dislikes. This ensures we can cater for any special diets and requirements, for example diabetics, vegetarian or soft diet.

Meals are served either in the dining rooms or, if preferred, in the resident's room. The breakfast menu offers anything from a continental choice to a Full English cooked meal or both. Lunch is the main meal of the day and for supper we

offer a smaller meal with several courses to choose from.

Cheese boards and fresh fruit are always available. All meals are freshly prepared and cooked from scratch in our kitchen.

Tea, coffee or any other drink preferred, is served to the residents every two hours throughout the day from 6am to 10pm and light snacks are available at any time. Family and friends can dine with a resident whenever they wish.



# Activities

A lively programme means that there is usually something going on most mornings and afternoons; Regular and popular activities include a poetry club, singing, gardening, bingo, card making, a giant crossword and wine tasting. We also have outings to Fleet and Farnham for shopping, Garden Centre coffee mornings, fish and chip lunches, theatre trips and visits to the local pubs.

Residents are encouraged to contribute their own ideas to the programme through monthly residents' committee meetings (which relatives are welcome to attend as well) or at our 6 monthly relatives' meetings and through our questionnaires.

Each year we take a drive out to see the seasonal snowdrops, blue bells and autumn leaves. We also go on trips to the seaside, and on canal boat rides



and we take many one-off outings to places of interest.

We have local musicians who come and perform for us a mixture of classical, jazz and old time music. We visit local theaters regularly and old-time music concerts are a favourite!





# The Gardens

The mill pond and the gardens layout allows full access for our residents, even down onto the pier. The wide non-slip path around the gardens has been specially designed and landscaped with the elderly in mind and is accessible to all, rather than something to just look at. The pathways are wide enough to take beds, so no matter how restricted a resident's movement is, they can be taken outside on their bed to enjoy the garden and the fresh air.

There are courtyards to sit peacefully and either read, paint or just enjoy the day outside. Where residents are interested they can help with the planting during the spring and summer. We have numerous raised beds with herbs and vegetables such as; tomatoes, cucumbers and peppers. These are eaten at meal times, as well as forming the basis of good discussion.



# Summary

**Number of bedrooms** • 60

**Daily cleaning** • Yes

**In house laundry** • Yes

**Onsite private parking** • Yes

## Types of Care

- Nursing
- Dementia
- End of life
- Dementia Day Care Centre

## Key Features

- Modern design purpose built home
- Sunflower Approach to care
- Stimulating and beautiful artwork
- Sensory courtyards
- Beautiful and accessible gardens with ponds and streams

- 9 different themed lounge areas
- 4 different dining areas and a bistro
- Underfloor heating and air conditioning throughout
- Two lifts, including a bed lift
- Hair and beauty saloon
- Bathrooms available with ceiling hoists

## Private rooms

- Large, bright and airy, spacious bedrooms
- 24 hour nurse call system
- All bedrooms with ensuite bathroom and shower
- Specialist profiling nursing beds
- Bed linen and towels are included
- Internet and telephone point
- Underfloor heating

- Smoke detectors
- Satellite TV and WiFi
- Can accommodate married couples in large double bedrooms

## Food

- Fresh, homemade meals for breakfast, lunch and supper
- We can cater for special diets and requirements
- Light snacks, fresh fruit, tea / coffee or any other drink are always available

## Free Additional Services

- Visits from local GP'S
- Chiropodist
- Physiotherapist
- Newspapers
- Trips and activities
- TV licenses for over 75's



## Farnham Mill Nursing and Dementia Home

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