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WEEKLY MENU LUNCH DINNER

Monday	Soup of the Day	Lamb tagine and ricePollock ProvençaleMash potatoBroccoli and Sweetcorn	Gooseberry foolFruit salad	Soup of the Day	 Selection of sandwiches Jacket potato with choice of fillings 	Dessert of the dayCheese and biscuits
Tuesday	Soup of the Day	 Lemon Chicken Mediterranean vegetable lasagne New potatoes Cauliflower and Carrots 	 Apple and summer berry crumble and custard Fruit salad 	Soup of the Day	 Selection of sandwiches Sausage rolls and baked beans 	Dessert of the dayCheese and biscuits
Wednesday	Soup of the Day	 Beef ragout Aubergine, potato, and cheese gratin Mash potato Cabbage and vegetable panache 	Peach clafoutisFruit salad	Soup of the Day	Selection of sandwichesCheese Ploughman's	Dessert of the dayCheese and biscuits
Thursday	Soup of the Day	 Turkey tikka masala and rice Salmon fillet, herb cream sauce Dauphinoise potato Green beans and cauliflower 	Chocolate brownieFruit salad	Soup of the Day	Selection of sandwiches4oz beef burger with fries	Dessert of the dayCheese and biscuits
Friday	Soup of the Day	 Battered fish with tartare sauce Pork and leek sausages Chips & Peas 	 Bread and butter pudding and custard Fruit salad 	Soup of the Day	Selection of sandwichesPasta carbonara	Dessert of the dayCheese and biscuits
Saturday	Soup of the Day	 Chicken parmigiana Vegetable cottage pie Boiled potatoes Courgettes and carrots 	Traditional fruit trifleFruit salad	Soup of the Day	 Selection of sandwiches Cheese and tomato quiche with buttered new potatoes 	Dessert of the dayCheese and biscuits
Sunday	Soup of the Day	 Roast beef with all the trimmings Fillet of Seabass, lemon butter sauce Roast potatoes Swede puree and broccoli 	Pineapple sponge and custardFruit salad	Soup of the Day	 Selection of sandwiches Courgette and red onion frittata with salad 	Dessert of the dayCheese and biscuits

Monday	Soup of the Day	 Braised pork with cider and vegetables Stuffed peppers Mash potato Green beans and crushed carrots 	 Rice pudding with summer berry compote Fruit salad 	Soup of the Day	 Selection of sandwiches Chicken goujons and wedges 	Dessert of the dayCheese and biscuits
Tuesday	Soup of the Day	 Steak and ale pie Haddock fillet, dill infused sauce Parmentier potatoes Cauliflower and peas 	Chocolate brûléeFruit salad	Soup of the Day	Selection of sandwichesJacket potatoes with choice of fillings	Dessert of the dayCheese and biscuits
Wednesday	Soup of the Day	 Moroccan chicken and rice Vegetable moussaka New potatoes Broccoli and sweetcorn 	Sticky toffee pudding and sauceFruit salad	Soup of the Day	Selection of sandwichesTuna and cheese pasta bake	Dessert of the dayCheese and biscuits
Thursday	Soup of the Day	 Lamb with sherry, honey and peppers Salmon fillet, tomato sauce Mash potato Courgettes and carrots 	CheesecakeFruit salad	Soup of the Day	Selection of sandwichesBroccoli and stilton tart	Dessert of the dayCheese and biscuits
Friday	Soup of the Day	 Battered fish with tartare sauce Vegetarian Bolognese and pasta Chips Peas 	 Plum and blackberry crumble and custard Fruit salad 	Soup of the Day	Selection of sandwichesChoice of pizza	Dessert of the dayCheese and biscuits
Saturday	Soup of the Day	 Beef stroganoff Vegetarian sausages and gravy Mash potato Panache of vegetables 	Raspberry custard tartFruit salad	Soup of the Day	 Selection of sandwiches Chicken salad with a honey and mustard dressing 	Dessert of the dayCheese and biscuits
Sunday	Soup of the Day	 Roast chicken with all the trimmings Fillet of cod with a bean cassoulet Roast potatoes Red cabbage and parsnips 	 Orange marmalade bread and butter pudding and custard Fruit salad 	Soup of the Day	Selection of sandwichesWholetail breaded scampi and chips	Dessert of the dayCheese and biscuits

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WEEKLY MENU LUNCH DINNER

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Monday	Soup of the Day	 Mustard pork fillet Fillet of Seabass, white wine sauce Potato gratin Broccoli and carrots 	Chocolate chip sponge and sauceFruit salad	Soup of the Day	Selection of sandwichesMac and cheese	Dessert of the dayCheese and biscuits
Tuesday	Soup of the Day	 Chicken supreme, red wine gravy Vegetable stroganoff and rice Mash potato Cauli flower and green beans 	Vanilla panna cottaFruit salad	Soup of the Day	Selection of sandwichesFish goujons with fries	Dessert of the dayCheese and biscuits
Wednesday	Soup of the Day	 Lamb moussaka Pollock fillet with a bercy sauce New potatoes Cabbage and sweetcorn 	CheesecakeFruit salad	Soup of the Day	 Selection of sandwiches Marinated chicken thighs with salad 	Dessert of the dayCheese and biscuits
Thursday	Soup of the Day	 Turkey a la king Vegetable risotto Lyonnaise potatoes Courgettes and crushed carrots 	Peach crumble and custardFruit salad	Soup of the Day	 Selection of sandwiches Lamb burger with potato wedges 	Dessert of the dayCheese and biscuits
Friday	Soup of the Day	 Battered fish and tartare sauce Smoky sausage casserole Chips Peas 	Lemon sponge and crème anglaiseFruit salad	Soup of the Day	Selection of sandwichesPrawn marie rose salad	Dessert of the dayCheese and biscuits
Saturday	Soup of the Day	Cottage pieVegetable pasta bakeBroccoli and red cabbage	Chocolate mousseFruit salad	Soup of the Day	Selection of sandwichesHam, egg and chips	Dessert of the dayCheese and biscuits
Sunday	Soup of the Day	 Roast turkey with all the trimmings Fillet of salmon, sauce vierge Roast potatoes Cauliflower and peas 	Spotted dick and custardFruit salad	Soup of the Day	 Selection of sandwiches Pork pies and scotch eggs with side salad 	Dessert of the dayCheese and biscuits

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WEEKLY MENU LUNCH DINNER

Monday	Soup of the Day	 Calves liver with a streaky bacon sauce Fillet of haddock, leek cream sauce Parmentier potatoes Green beans Carrots 	Creamed rice pudding with jamFresh fruit	Soup of the Day	 Selection of sandwiches Chicken bites, potato wedges and peas 	Dessert of the dayCheese and biscuits
Tuesday	Soup of the Day	 Chicken supreme, red wine sauce Mushroom and red onion ragout Mash potato Panache of vegetables 	Strawberry syllabubFresh fruit	Soup of the Day	 Selection of sandwiches Cheese and onion slice with salad 	Dessert of the dayCheese and biscuits
Wednesday	Soup of the Day	 Honey baked gammon, orange infused jus Baked cod fillet, cheddar cheese sauce Roast potatoes Cauliflower Courgettes 	 Pear and sultana crumble and custard 	Soup of the Day	Selection of sandwichesChipolata sausages with fries	Dessert of the dayCheese and biscuits
Thursday	Soup of the Day	 Slow braised beef steak Vegetable tartlet Sautee potatoes Broccoli Sweetcorn 	Citrus possetFruit salad	Soup of the Day	 Selection of sandwiches Jacket potato with a choice of filling 	Dessert of the dayCheese and biscuits
Friday	Soup of the Day	 Chicken curry and rice Golden fried breaded plaice fillet Chips Mushy Peas 	Warm apple pie and creamFruit salad	Soup of the Day	 Selection of sandwiches Beef salad with freshly baked bread roll 	Dessert of the dayCheese and biscuits
Saturday	Soup of the Day	 Seafood penne pasta Shepherd's pie Mash potato Peas Carrots 	Strawberry Eton messFruit salad	Soup of the Day	 Selection of sandwiches Cornish pasty with baked beans 	Dessert of the dayCheese and biscuits
Sunday	Soup of the Day	 Roast loin of pork with all trimmings Nut roast with a tomato coulis Cabbage Parsnips Roast Potatoes 	Golden syrup sponge and custardFruit salad	Soup of the Day	 Selection of sandwiches Salmon fishcakes with citrus mayonnaise 	Dessert of the dayCheese and biscuits