



Freelands Croft

Your local Bupa care home
in Fleet.



A peaceful village setting

Our purpose-built home is dedicated to caring for those with dementia, from early onset to more complex end-of-life needs. We help our residents to live well, with respect and understanding.

Locally, Church Crookham has a Saturday market and the garden centre next door has an open-theatre kitchen and an indoor children's play area. Less than ten miles away are the North Downs trail, Alice Holt Forest and Birdworld.



Our care team

At Freelands Croft, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“Friendly staff and excellent care given. Time has shown that our choice of care home has been the right one.”

Husband of resident, May 2024
Source: carehome.co.uk

What we offer

We're here to help meet the challenges which dementia brings, and we do it with warmth, kindness and specialist skill. That includes designing our interior so that residents can find their way around more easily, and 'remembering' activities such as memory boxes. We have at least one dementia champion on each floor.



Types of dementia care

- Residential
- Nursing
- Convalescence
- Short stay
- Palliative

Dementia support

Our specialists can help residents with dementia to lead a better quality of life. With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 64 lovely rooms, and will always do our best to accommodate couples. You can expect:

- en suite shower and WC
- baths on each floor of the home
- a garden view from most rooms
- a number of rooms with private patios and garden access
- flat screen TV
- telephone point (bills payable)

Residents can also bring some personal items or a small piece of furniture from home.



Services available to all

- GP visits within the home or at the practice
- Visits from specialist nurses
- Visits from a dentist
- Pet therapy
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- eye care from an optician
- advice from a nutritionist
- on-site hairdresser



Shared areas around the home

There are lots of places to choose from for some company or tranquillity. We have four lounges, and our huge wrap-around garden is perfect for a gentle stroll.

Residents can enjoy a bit of pampering in the hair salon, pop into our vintage-style café, or see a movie in our home cinema. Our reminiscence room helps them to recapture memories from the past.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01252 756 368

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Freelands Croft

Our warm and friendly community feels like home. Meal times are enjoyable, there's plenty to do, and there are lots of opportunities for socialising. Plus, residents can choose to get involved with as much or as little as they'd like.



Activities

We have a team of activity coordinators who plan a range of activities each week. There's something for everyone, including those who are less mobile. Activities include:

- trips to the seaside and Hayling Island
- arts and crafts, cookery classes and reminiscence sessions
- curry and quiz nights and musical bingo
- cinema club
- gentle exercise classes
- weekly entertainment from singers and theatre groups
- 'pat the dog' animal therapy



Residents can continue to enjoy most of their existing hobbies at Freelands Croft. And they can always suggest something they'd like to try, as a group or in their room.



Food at our home

Good food is so important for many reasons. Tempting meals and snacks can be enjoyed in our bright and airy dining rooms or in the comfort of the resident's own room.

When they move in, we talk to each resident about their likes, dislikes and any special dietary requirements. That way we can make sure there are plenty of favourites on the menu.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have a variety of spaces where families can host events such as birthday parties. We'll just need to know in advance. Plus, if you need catering we can arrange this for an additional fee.



Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call beforehand, and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“He has settled in well and loves his ‘room with a view’. The staff are caring and obliging, and he now regards this as his home and is happy. A great relief for us.”

Wife of resident, February 2024
Source: carehome.co.uk

Visiting Freelands Croft

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're on the southern edge of Church Crookham, close to Redfields Garden Centre.

To arrange a visit or to find out more, call us on

01252 756 368

bupa.co.uk/freelands-croft

 BupaCareHomeFreelandsCroft

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Freelands Croft Care Home

Redfields Lane, Church Crookham, Fleet GU52 0AD



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