



Field House

Your local Bupa care home
in Harpenden.



Charming and full of character

Field House is an elegant Edwardian residence in a quiet neighbourhood. We warmly welcome those in need of residential and nursing care, including Huntington's and Parkinson's.

We're a ten-minute walk into the village-like centre of Harpenden. Within an easy drive are Whipsnade Zoo, Batford Springs Nature Reserve and Stockwood Discovery Centre, and there are several pay-and-play golf clubs within five miles.



Our care team

At Field House, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



"It was a relief to be looked after here for respite. The staff were very attentive, the food provided was excellent and my room clean, with access to the garden."

Respite resident, July 2023
Source: carehome.co.uk

What we offer

We want our residents to enjoy comfort, convenience and the company of friendly faces. Residents are welcome to catch-up with loved ones in any of our social spaces or enjoy some quiet time in their room. Everyone has the freedom to do what they love here.

Types of care

- Nursing (including care for Multiple Sclerosis and Motor Neurone Disease)
- Residential
- Convalescence
- Short stay
- Palliative
- Day care
- Huntington's
- Parkinson's

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

Day care

Residents are welcome to join us between 9.30am and 4.30pm, Monday to Friday, for a few hours or the full day. In some cases, we may be able to help at the weekend or during the evening.



Variety of comfortable bedrooms

We have 32 rooms, including three which are perfect for couples. There are shared bathrooms around the home, 11 rooms with an en suite W/C. Each room has:

- a flat screen TV
- views over the garden, the courtyard or a leafy street
- a telephone point (bills payable)

Residents can also bring some personal items or a small piece of furniture from home.



Services available to all

- GP visits within the home or at the practice
- Pet therapy
- Visits from specialist nurses
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- visits to a dentist
- eye care from an optician
- advice from a nutritionist
- on-site hairdresser



Shared areas around the home

There are lots of places to relax here, including our lovely wood-panelled lounge and our sun room. Residents can always curl up with a book in our library or enjoy a bit of pampering in our hair salon.

Our gardens are wheelchair friendly and very pretty. There are two patios which are great for catching-up with friends when the weather's nice, and a fish pond.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01582 808 698

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

Life at Field House

Residents soon feel settled here. This was once a large private house, so it has a homely feel and we're on a leafy street surrounded by neighbours. Our residents' committee ensures that everyone has a say. And our own dog is on duty every weekday from 7am to 4pm!



Activities

We have a large team of activity coordinators who bring fun and laughter to our residents. They plan a full programme so that there's something for everyone, including those who are less mobile. Our activities include:

- regular visits from musicians and entertainers
- arts and crafts and quiz clubs
- gardening in the vegetable patch (we eat what we grow)
- keep-fit classes
- outings to places like museums
- visits from volunteers, schools and churches



Residents can continue to enjoy most of their existing hobbies at Field House. And they can always suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

We serve delicious meals and there's always a choice. Residents can enjoy their meals in our bright, social dining room or in the comfort of their own room.

When they move in, we talk to each person about their likes, dislikes and any dietary requirements. Wherever we can, our chef will try to meet special requests, too.

Meal times

Set meal times enable residents to enjoy their food without interruption. But we'll always rustle something up if a resident is late back from somewhere.

Celebrating special occasions

Families are welcome to use our activities room to host small events such as birthday parties. We'll just need to know in advance. Plus, if you need catering we can arrange this for an additional fee.



Issued April 2023



Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really like.



"My mother was a resident at Field House for several years. The staff were all very good, caring and friendly. It was very reassuring to me to know my mother was in good hands."

Son of resident, May 2023
Source: carehome.co.uk



Visiting Field House

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're a 10-minute walk from the train station, and about half an hour from London St Pancras or Blackfriars. Being close to the station means there's some on-street parking restrictions, but we'll happily issue you a pass. The turning for our road is just opposite the garage on Luton Road.

To arrange a visit or to find out more, call us on

01582 808 698

bupa.co.uk/field-house

 BupaCareHomeFieldHouse

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Field House Care Home

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