

## Example Weekly Activities Planner

January	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11.00	<p style="text-align: center;">Right Steps</p> 	<p style="text-align: center;">Coffee Morning</p> 	<p style="text-align: center;">Bowls</p> 	<p style="text-align: center;">One to ones Discussions</p> 	<p style="text-align: center;">Tuck Shop</p> 	<p style="text-align: center;">Activities Day on Unit</p> 	<p style="text-align: center;">Gardening</p> 
12:30	Lunch	Lunch	Lunch	Lunch	Fish and Chips	Lunch	Lunch
2.30	<p style="text-align: center;">Tuck Shop</p> 	<p style="text-align: center;">Knitting Club</p> 	<p style="text-align: center;">Residents Meeting</p> 	<p style="text-align: center;">Ocean Blue William Griffin</p> 	<p style="text-align: center;">Tia Chi Lesson</p> 	<p style="text-align: center;">Pub Lunch</p> 	<p style="text-align: center;">Church Service</p> 