**EVERSFIELD HOUSE LUNCH MENU**

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| **WEEK 2** | **BREAKFAST** | **1st CHOICE** | **2nd CHOICE** | **VEGETARIAN OPTION** |
| **SUNDAY** | **CHOICE OF CEREAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TOAST** | **ROAST BEEF&YORKSHIRE PUDDING ROAST OR BOILED POTATOES**  **STRAWBERRY GATEAU AND FRESH CREAM** | **CHICKEN**  **CASSEROLE** | **NUT LOAF** |
| **MONDAY** | **CHOICE OF CEREAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TAOST** | **GRILLED PORK STEAKS WITH MASH POTATO**  **CABBAGE**  **RICE PUDDING** | **SAVOURY MINCE** | **CHEESE & POTATO PIE** |
| **TUESDAY** | **CHOICE OF CERERAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TOAST** | **LIVER & BACON**  **MASHED POTATO**  **CARROTS**  **FRESH FRUIT SALAD WITH CREAM** | **CHICKEN PIE** | **SPANISH OMELETTE** |
| **WEDNESDAY** | **CHOICE OF CEREAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TOAST** | **SHEPHERDS PIE**  **CARROTS/PEAS**  **BREAD & BUTTER PUDDING** | **SAUSAGES & MASH** | **VEGETARIAN SAUSAGES& MASH** |
| **THURSDAY** | **CHOICE OF CEREAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TOAST** | **ROAST CHICKEN**  **WITH ROAST POTATOES SAGE ONION CAULIFLOWER**  **JELLY & ICE CREAM** | **BEEF HOTPOT** | **CAULIFLOWER CHEESE** |
| **FRIDAY** | **CHOICE OF CEREAL**  **PRUNES**  **GRAPEFRUIT**  **TEA & TOAST** | **FISH & CHIPS**  **PEAS**  **APPLE CRUMBLE & CUSTARD** | **FISH CAKES**  **STEAMED FISH**  **CHEESE OMELETTE** | **VEGETABLE LASAGNE** |
| **SATURDAY** | **COOKED BREAKFAST**  **CHOICE OF CEREALS**  **PRUNES**  **GRAPEFRUIT**  **TEA &TOAST** | **CHICKEN IN WHITE WINE SAUCE**  **BOILEDPOTATOES**  **VEGETABLES OF THE DAY**  **SEMOLINA PUDDING** | **LAMB STEW** | **PASTA WITH TOMATO SAUCE & ROASTED VEGETABLES** |

**A SELECTION OF SALADS OR OMELETTES ARE ALSO AVAILABLE. FRESH FRUITS AND YOGHURTS ARE ALWAYS AVAILABLE. DIABETIC, VEGETARIAN AND GLUTEN FREE DIETS ARE CATERED FOR AS WELL**