



Elmside care home

*Live later
life well*

Residential, residential dementia and short-stay care in Hitchin

The care home where *life flourishes*

Elmside care home is located in the charming town of Hitchin, near Stevenage, just a short walk from Hitchin's bustling centre.

Residents can enjoy access to local amenities, including cafés, shops, traditional pubs, and the town's vibrant market. Excellent transport links, including nearby train stations and motorways like the A1 and M1, make it easy for families to visit.

Built in 2007, Elmside's modern two-storey design gives a bright, airy environment that feels like home. The land itself has history, having been sold to MHA by Hitchin's well-known Moss family - once grocers beloved by locals. Today, Elmside stands as a home rooted in community and care, with Archers Court Retirement Living apartments next door adding to the supportive neighbourhood feel.



Every time I visit Elmside, the home has a family atmosphere about it and it is clear that all the residents are treated as though they are one big family.

Family testimonial, carehome.co.uk



Where *wildlife comes to visit*

The beautifully kept gardens at Elmside are a peaceful retreat, offering residents a chance to enjoy nature all year round.

Secure and accessible, the gardens are a space for quiet reflection, socialising, or joining in with the gardening club to plant flowers and vegetables.

Wildlife is a regular feature, with red, black, and grey squirrels, pheasants, ducks, and robins visiting the grounds, much to the delight of residents. Thanks to donations from a local supermarket, new garden furniture provides the perfect spot for enjoying tea or a good book outdoors.

Residents often visit nearby Butts Close and Bancroft Park for a stroll, enjoying wheelchair-accessible pathways and splash park features. The home also organises trips to Hitchin's famous Lavender Fields, where residents take in the vibrant purple blooms while enjoying cake and tea in the tearoom.

At Elmside, the gardens aren't just spaces - they're places to make memories, enjoy the outdoors, and find peace in nature.

Dining *that delights*

At Elmside, food is more than just nourishment - it's about sharing moments, creating connections, and enjoying familiar favourites.

The home's menus are designed with input from residents, ensuring every dish reflects their tastes and preferences.

The kitchen team, led by chefs Jude and Sheetal, bring a touch of their Indian heritage to the table, preparing dishes like curries that residents love to embrace. A coffee shop-style buffet offers an ever-changing selection of sandwiches, soups, jacket potatoes, and hot dinners, giving residents the freedom to choose what they enjoy.

For those with a sweet tooth, the dessert chiller is always a highlight, including fruit salads, cakes, ice cream, and warm puddings.

Whether it's a hearty curry, a traditional dessert, or tea with friends, mealtimes at Elmside are a cherished part of the day - full of comfort, variety, and plenty of smiles.



What you can expect at Elmside:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







Support that *speaks for itself*

Elmside originally opened as a care home back in 1966 but fast forward 40 years and now the home provides residential and residential dementia care for up to 69 people in our purpose-built accommodation that was constructed in 2007.

Combining compassion with expertise the team deliver person-centred care that meets the unique needs of every individual, creating a familiar and environment where everyone feels valued and safe.

Residents living with dementia benefit from music therapy, interactive 'magic tables,' and activities tailored to engage and stimulate memory and reminiscence.

Life at the home is designed so that residents can join in as much or as little as they are able.

At Elmside, care is more than just support - it's about building trust, providing dignity, and creating a true sense of home.



Mum moved here 9 months ago, and I find the carers to be very kind, caring, and compassionate. Activities are imaginative and engaging

[Resident testimonial from carehome.co.uk](https://carehome.co.uk)

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.









Living later life well

When you think of a care home, what springs to mind?

Life at Elmside is as varied and vibrant as the residents themselves. Daily activities include everything from carpet bowls and flower arranging to quizzes and arts and crafts.

Music is at the heart of Elmside. Singalongs, led by the chaplain Nicola, are a popular way to get together, bringing smiles to everyone involved. Residents also enjoy regular visits to North Hertfordshire Museum and trips to Bancroft Park or Hitchin's Lavender Fields for fresh air and relaxation.

The home hold regular meetings with residents and families, ensuring every voice is heard so that there is something for everyone and a constantly evolving list of options.

Special events, like the 60s and 70s summer party with live music, bring families, staff, and residents together for dancing, laughter, and great food.

From outings and creative activities to moments of calm, every day at Elmside offers opportunities to celebrate life, build connections, and create lasting memories.



Here *for you...*

Whether you're searching for yourself or a loved one, for short-stays, residential or residential dementia care, our team at Elmside will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01462 451737



elmside@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/elmside



Get in touch

Elmside care home

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