

Elm View Care Home



Live your *best* life.

Elegant surroundings, supportive care and a welcoming environment.





More than a care home

Elm View is more than a care home. It's a place to enjoy life in a warm, friendly and caring environment. A place where you have the freedom to be who you want to be, either independently or with our support.

This contemporary home brings the latest in modern care home living to Bishop's Stortford. It offers elegantly designed dining rooms and lounges, beautiful en-suite bedrooms as well as generous landscaped gardens overlooked by large balconies.

Moving into a care home doesn't mean having to change your life. It just means that if you need help, you have it close to hand. We are here to encourage and enable you to continue to do all of the things that you've always enjoyed doing, providing support whenever it's needed.

We understand that maintaining relationships is vital so your family and friends are welcome to visit you whenever you like. We can also help you to keep in touch via video call over our Wi-Fi network which is available throughout the home. When friends and family do come to

visit, there are plenty of places within the home to sit and chat over a cup of tea or coffee and some treats.

At Elm View, all of the things that are important to you matter to us too. Together, we can make sure that you continue to live life the way you want to live it.



Your home



Your choice

At Elm View, you have the freedom to enjoy spending time in any way you wish. You'll have your own fully furnished room with en-suite facilities, a flat screen television as well as your own telephone connection point and Internet access.

If you're looking to spend time with others, the home features a wide range of social areas including comfortable lounges, a number of dining rooms, cosy corners and more. If you're a film lover, Elm View also has its own Cinema room for you to enjoy.

There's also the Reading Room Café which has been designed to reflect Bishop's Stortford's rich literary history. The café acts as a focal point of the home and is a wonderful place to sit and chat with others.

People are happier and more contented when they stay physically, socially and mentally active. That's why, at Elm View we have a dedicated team of Activities Co-ordinators. They'll work with you to plan a wide range of activities for you to enjoy. They can help you pursue your favourite hobbies and interests, and maybe introduce you to some new ones. Some activities are enjoyed in groups, whilst others are offered

on a one-to-one basis. You can get involved in everything from gentle exercise and arts and crafts through to evening entertainment, themed parties and outings.

Feeling good is also about looking good. That's why we have our own hair and beauty salon, laundry and ironing service.





Your dining experience

Food isn't only one of the greatest pleasures in life, it's also vital to physical and mental well-being. That's why we place such an emphasis on the experience of eating.

All of our meals are specially prepared using ingredients that ensure the meals we serve our residents are appealing, high in nutrition, and deliver on taste and satisfaction. Meals can be enjoyed in your dining area for a more

sociable experience or, if you'd prefer, in the privacy of your own room.

Our menus are designed to suit a variety of tastes and preferences and we are able to meet a wide range of dietary needs.

The staff at Elm View will work with you and your family to help maintain your health and well-being.

We choose dedicated staff for whom caring is not just a job but a vocation. Each and every member of staff receives first class training which continues throughout their professional career with Quantum Care.



The Expert care provided by Quantum Care is centred around putting our residents at the heart of what we do. Our not-for-profit status means that you are our number one priority.



Your care





Our services

At Elm View, our expertise in care is wide-ranging and able to meet people's changing needs. We offer the following types of service:

- **Residential care** – a home providing long term care, community and support for older people who need help with day-to-day living.
- **Dementia care** – specialist care and support for those living with dementia.
- **Respite Care** – a short stay to help you get back on your feet after, say, a stay in hospital. Also an alternative care option if your current care provision is temporarily unavailable to you.

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