

## **Elmwood**

Your local Bupa care home in Oakwood, Leeds.



# Set in a leafy urban village

Here at Elmwood, we warmly welcome those in need of residential or nursing care.

The home is close to Roundhay Park, one of the world's largest city parks, where you can stroll among the gardens or visit the animals at Tropical World. We're also just three miles from the centre of Leeds, where there's a huge variety of things to see and do.



#### **Our care team**

At Elmwood, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



## What we offer

We want our residents to enjoy their time at Elmwood. Whether they're coming to recover from an operation or to begin living among us, we're here to offer genuine friendship and a high standard of care.

#### **Types of care**

- Nursing
- Residential
- Convalescence
- Short stay
- Palliative

#### **Nursing care**

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



## Variety of comfortable bedrooms

We have 32 spacious rooms and always do our very best to accommodate couples. You can expect:

- an en suite W/C
- shared bathrooms
- a garden view from most rooms
- flat screen TV
- telephone point (bills payable)

We're also happy for residents to personalise their room with some small items, like photos or ornaments.



## Services available to all

- GP visits within the home or at the practice
- Animal therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

#### Plus, for an additional cost, residents can benefit from:

- chiropody
- visits to a dentist
- eye care from an optician
- advice from a nutritionist
- on-site hairdresser

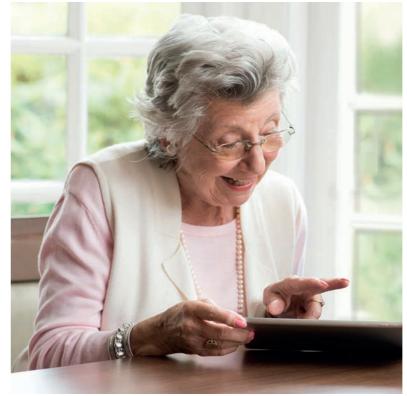


## Shared areas around the home

There are lots of places to relax at Elmwood. Our peaceful secure garden is surrounded by mature trees, and it's big enough for a good stroll – perhaps to the summerhouse.

Residents can pop into the hair salon for a little pampering, read a book in the quiet lounge, or enjoy a cup of tea on the patio. The choice is theirs.











## Life at Elmwood

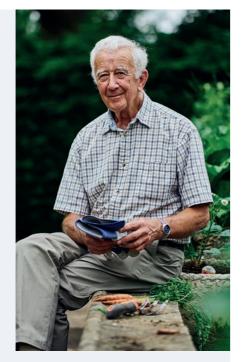
Everyone wants to find a home they love. Elmwood is warm, inviting and friendly, not only for our residents but for their friends and family, too. Enjoyable meal times, plenty to do and lots of opportunities to socialise.



#### **Activities**

We have a team of coordinators who plan activities for everyone, including those who are less mobile. This includes things like:

- weekly visits from the local nursery and school
- arts and crafts, quizzes and bingo
- visits from singers, theatre groups and dancers
- gentle gardening
- visits from animals such as birds of prey
- monthly themed events, like Burns Night or Wimbledon
- monthly visits from the local church



Residents can continue to enjoy most of their existing hobbies here. And they can always suggest something they'd like to try, as a group or in their room.



#### Food at our home

Our tempting meals can be enjoyed in our dining area or in the comfort of the resident's own room. When the weather is nice, they can even eat outside. Tea and biscuits are always on offer.

When they move in, we talk to each resident about their likes and dislikes and any special dietary needs.

#### Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

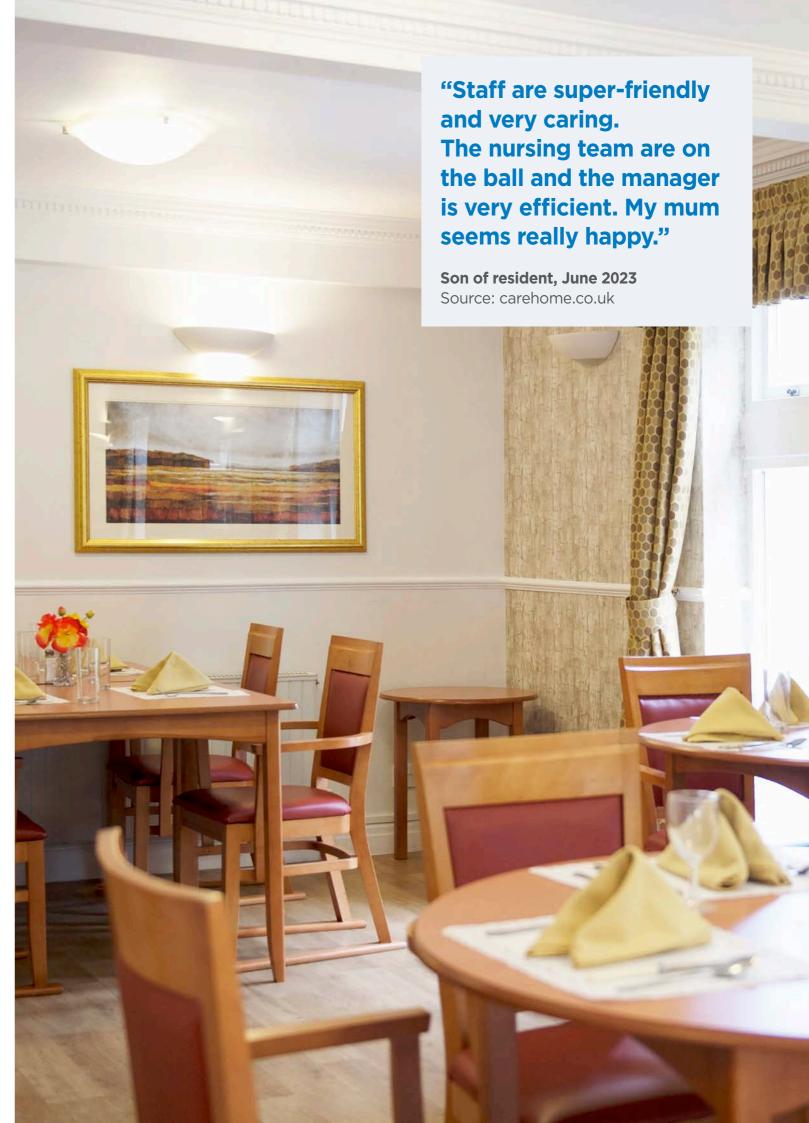
## **Celebrating special** occasions

We have a quiet lounge where families can host events such as birthday parties. We'll just need to know in advance. Plus, if you need catering we can arrange this for an additional fee.



Family and friends can pop by at any time for coffee, a meal or an activity. If you'll be dining with us, just give us a call beforehand and tell us about any special dietary needs. Then we can make something you'll really enjoy.





#### **Visiting Elmwood**

## If you've never been here, why not come for a visit?

You can meet the team and get a real feel for the atmosphere. We're just 200 yards from the Oakwood clock tower and less than half a mile from Roundhay Park. There's plenty of on-site parking too.

To arrange a visit or to find out more, call us on

0113 350 4675

bupa.co.uk/elmwood



Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

#### **Elmwood Care Home**

3 Wetherby Road, Oakwood, Leeds LS8 2JU



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