



Elm Grove

Your local Bupa care home
in Cirencester.



Peaceful area near the Cotswolds

Surrounded by large, flourishing gardens, our specialist dementia home offers a warm welcome to those in need of residential or nursing care. That could be for a couple of weeks of respite or a more long-term move.

The historical town of Cirencester is just a 20-minute walk away and there are plenty of quaint English villages to visit within the Cotswolds close by. We're also close to Cirencester Park and all the local shops, so there's plenty to see and do here.



Our care team

At Elm Grove, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“We continue to be extremely happy with the level of care Mum receives. The staff are exceptionally friendly, welcoming and very loving and caring towards Mum. Nothing is too much trouble. Mum is having a ball and that makes us very happy.”

Daughter of resident, November 2024
Source: carehome.co.uk

What we offer

Our home is split into two areas, one for dementia nursing and one for dementia residential. Residents in both receive warm, personalised attention from a team that focus on the person first and their condition second. There's also dementia-friendly signage around the home to help ease confusion.

Types of care

- Dementia residential
- Dementia nursing
- Short stay
- Palliative

Dementia care

Our specialists can help residents to lead a better quality of life. With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to.



Variety of comfortable bedrooms

We have 22 rooms for those in need of residential care, and 34 nursing rooms. Wherever possible, we try to keep couples together. You can also expect:

- a range of en suite facilities
- shared bathrooms with accessible baths
- garden view from many rooms
- flat screen TV
- optional telephone point (bills and set up payable)

Residents are also encouraged to bring some familiar, treasured items from home, like pictures and keepsakes.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist nurses
- Eye care from an optician
- Visits to a dentist
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- physiotherapy
- on-site hairdresser



Shared areas around the home

Residents always get a choice in how they spend their time. There are plenty of areas to relax or socialise, including two large lounges with cosy armchairs (one has a big screen TV for movie night, too), two hairdressing salons and a smaller lounge - great for some one-to-one time.

We also have ramps leading into our enclosed gardens, making them accessible to all. Residents can take a gentle stroll or sit back and take in the fresh air.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01285 898 644

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Elm Grove

A patient and friendly care team, tempting meals and engaging things to do makes our home a lovely place to be. We have strong community links and get regular visits from Duke of Edinburgh and Churn Project volunteers. And loved ones are welcome at any time, too.



Activities

Our activity coordinators help residents stay active and stimulated, including those receiving nursing care. The 'Daily Sparkle', our in-house magazine, keeps everyone updated on what's happening. Activities may include:

- arts and crafts, baking and games
- interactive music sessions
- seated exercise classes
- movie nights
- singing with a local school choir
- gentle gardening



Residents can continue to enjoy most of their existing hobbies here. And they can always suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chefs prepare delicious and hearty meals for people to enjoy in our main dining area or in the comfort of their own room. At the request of our residents, we also serve buffet and finger food. We even get involved with themed food events.

When residents first move in we talk to each of them about their likes, dislikes and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We're happy for families to host small parties at our home for events like birthdays and anniversaries. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and also tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“Mum came to Elm Grove from the hospital after a very serious fall, which needed surgery. She settled in very quickly and regained her mobility in a short time with the help of staff. The home is very clean and all the staff are very supportive. I would give it 10 stars if I could.”

Daughter of resident, November 2024
Source: carehome.co.uk



Visiting Elm Grove

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're just on the corner of Somerford Road and Cranhams Lane, close to the local Territorial Army centre. A number of buses stop just a three-minute walk from our home.

To arrange a visit or to find out more, call us on

01285 898 644

bupa.co.uk/elm-grove

 BupaCareHomeElmGrove

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Elm Grove Care Home

Somerford Road, Cirencester GL7 1TX



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