



The Old Vicarage  
Allithwaite

# ACTIVITIES TIMETABLE FOR THE WEEK COMMENCING 13<sup>TH</sup> APRIL 2026

DAY	MORNING	AFTERNOON
MON 13 APRIL	HAIRDRESSER VISIT & ONE-TO-ONE CHATS 	ABBA SING ALONG 
TUES 14 APRIL	ARMCHAIR BALLET WITH CARLA 	GAMES & JIGSAWS 
WED 15 APRIL	READING CLUB 	CLEANING SHOES 
THUR 16 APRIL	HAIRDRESSER VISIT & ONE-TO-ONE CHATS 	KEITH REDFERN SINGS 
FRI 17 APRIL	SING ALONG WITH ALICE 	BALL GAMES 
SAT 18 APRIL	ENJOYING GAMES 	
SUN 19 APRIL	RELAXING, WATCHING SOME GOOD OLD FILMS! 	

An interesting facts!

Did you know ballet began in the Italian Renaissance courts as a form of aristocratic entertainment. Nobles combined dance, music, and poetry in lavish spectacles. Catherine de' Medici, an Italian noblewoman who became Queen of France, helped popularize ballet in the French court during the 16th century