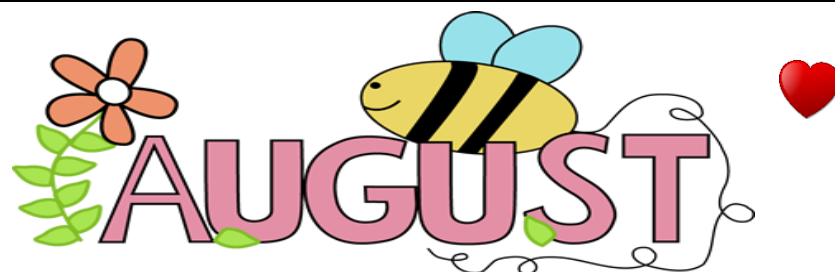


DELL FIELD COURT



Your Choice Barnet

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31st 11.30am Gentle exercises					1st Family Time	2nd Family time
3rd 11.30am Gentle exercises	4th 10.00am Hairdresser day Ask staff for paddling pool	5th 11.30am Arts & Craft activity Afternoon Walk in the garden	6th Vibration plate	7th Exercises on you tube with staff	8th Family time	9th Family time 3.00pm Mr O'Boy's Birthday
10th 2.30pm Games & Entertainment with Juan	11th 10.00pm Hairdresser day One to One day	12th 11.30am Vibration plate or Exercise bike	13th Bingo with prizes	14th 11.30am Games in the lounge 2.30pm Hydration trolley	15th Family time	16th Family time
17th 11.30am Gentle exercises	18th Hairdresser away Pampering day	19th 11.30am Quiz with prizes	20th 3.00pm Weekly Sparkle	21st Walk in the garden	22nd Family time	23rd Family time Games in the lounge
24th 11.30am Swap-shop for 1 week	25th Hairdresser away Vibration plate	26th 11.30am Out for a coffee	27th Games in the garden	28th Last day of Swap- Shop	29th Family time	30th 3.00pm Mrs Ali's Birthday

Highlights of last month

Residents enjoying a dip in the paddling pool!



We are encouraging families to send holiday pictures, to create individual newsletters.



Events for August

Entertainment

Monday 10th August 2.30pm

Willow House

Games and singing with Juan



Swap Shop from 24th August

Hairdresser away
week 18th & 25th August



Dell Field Court **Activity Schedule**

Your activities team continues to develop your monthly programme based on the things you like doing. This schedule is for you to plan what you want to take part in and where your relations and friends can come in and help you get the most out of the activities. If there are activities that you feel are missing that you would like to take part in, then please talk to the team or any member of staff to let us know. We want to make your stay here at **Dell Field Court** as pleasant as we can make it. In the meantime, have a look at this month's activities and highlight the things you would like to do.

Please note, we will try and stick to the schedule, but sometimes due to circumstances or residents not attending, or staff ratio we might change activities around to suit everyone's needs.

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