## Dell Field Court •



## **Your Choice**Barnet

			Street British Committee Committee	and Charles		
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4 4 4	1st 11.30am	2nd 11.30am	3rd	4th 11.00am	5th	6th
	Bingo	Gentle exercise	Ask staff for a walk in	Pampering session	Family time	3.00pm
	3.30pm Quiz	3.30pm bowling	the garden			Mrs Collins' Birthday
7th 11.30am	8th 11.00am	9th 11.30am	10th 11.00am	11th	12th 11.00am	13th
Gentle exercise		Gardening activity	Out for coffee		Mavis from St.	
3.00pm	<b>Hairdresser Day</b>	2 20	Weather permitting	Games on giant	Paul's Church.	Family time
Mrs Ghulam's		3.30pm	3.00pm	tablet	(Easter Talk)	, a, a
Birthday Party		Reminiscence games	Simple Embroidery			
14th 11.30am	15th 11.00am	16th 11.00am	17th 11.00am	18th 11.00am	19th 2.00pm	20th
Gentle exercise	Pampering session	Creative activity			Mrs Kanabar	
				Good Friday	<mark>Birthday</mark>	
3.00pm	2.30pm		Pampering day	(Easter eggs Hunt)	<mark>Special Bhajans</mark>	Easter Sunday
<mark>Mr Fawley's</mark>	Out for a coffee	3.00pm			Concert with	Family time
<b>Birthday</b>	Weather permitting	Quiz			Kamalbir Nadra	
21st	22nd 11.00am	23rd 11.00am	24th	25th	26th	27th
	Hairdresser Day	Pet Therapist				
Easter Monday						
Family time	3.00pm	3.00pm	Games on giant tablet	Walk in the garden	Family time	Family time
Ask staff for games	Games in the lounge	St' Georges Day				
	Play your cards right	(Snack with staff)				
28th 11.30am	29th 11.00am	30th 11.00am	1:			
Gentle exercise	One to One					
		Staff Pampering Day				
3.00pm	3.00pm	(Residents)	. 0			
Reminiscence game	Knowledge game					

### **Highlights of last month**

Cllr Anne Hutton writer's forum is such a great idea



The pop-up massage event in room 4, was a great success! Thank you Chetna! For info pls ask Carol.



Chetna Massage therapy pop up sessions & services are open to all residents, families & staff. (Contact details on hairdressers' room door)

### Events for April Easter Eggs Hunt Friday 18th April



#### **Kamalbir Singh Nandra**



Violinist, performing special bhajans & classical Indian music

19th April @ 2.00 pm in (Tulsi house)



# Dell Field Court Activity Schedule

Your activities team continues to develop your monthly programme based on the things you like doing. This schedule is for you to plan what you want to take part in and where your relations and friends can come in and help you get the most out of the activities. If there are activities that you feel are missing that you would like to take part in, then please talk to the team or any member of staff to let us know. We want to make your stay here at **Dell Field Court** is as pleasant as we can make it. In the meantime, have a look at this month's activities and highlight the things you would like to do.

Please note, we will try and stick to the schedule, but sometimes due to circumstances or residents not attending, or staff ratio we might change activities around to suit everyone's needs.

