



Dean Wood

Your local Bupa care home
in Brighton.



Fabulous panoramic sea views

Our modern, architecturally stunning home was shortlisted for a healthcare design award, and it's a truly remarkable place to live. Perched on the edge of town, we're three miles from all the attractions of Brighton with its piers (including the i360 'vertical pier'), Royal Pavilion, marina and Brighton Racecourse.

Here, we warmly welcome those in need of residential and nursing care, including people living with dementia or Parkinson's.



Our care team

At Dean Wood, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.

“My mother was treated with great care, dignity and wanted for nothing. A better experience than I could have ever expected.”

Son of resident, July 2024

Source: carehome.co.uk



What we offer

Our building has an extraordinary personality all of its own, with tasteful surroundings plus amazing views of the South Downs as they run down to the sea. Our residents have good access to nurses at all times, and our retained doctors service means faster access to assessment and treatment.

Types of care

- Nursing
- Residential
- Dementia nursing
- Dementia residential
- Short stay
- Convalescence
- Palliative
- Parkinson's

Dementia care

We have a specialist dementia floor, with a dedicated team who can help residents lead a better quality of life. They're trained to focus on the person first and their condition second. We also have lots of stimulating sensory areas, including a garden and a calming space which plays gentle music.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 80 attractively furnished rooms, where you can expect:

- garden or sea view from most rooms
- en suite WC and shower
- flat screen TV
- telephone point (bills payable)

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits to or from a dentist
- Eye care from an optician
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- physiotherapy
- on-site hairdresser and beautician



Shared areas around the home

There are lots of places to relax, including our own hair and beauty salon and a smart big-screen cinema room. Each floor has a lounge and dining room, and the top floor has a sea-view café leading out onto our huge roof terrace.

Attractively landscaped gardens wrap around the home, with a variety of places to stroll or sit and enjoy the surroundings. There's also a sensory garden.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01273 805 787

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Dean Wood

Our superb blended countryside/coastal setting is close to the colourful attractions of Brighton. Our residents get plenty of fresh sea air plus the best of British sunshine. And on top of all this, they enjoy quality care, good food, lots to do, and the friendly company of our residents and staff.



Activities

Our coordinators plan enjoyable activities for all our residents, including those who are less mobile. These include:

- exercise to music and gentle Tai Chi
- cabaret evenings
- movie afternoons in the cinema room with popcorn
- art café (often showing exhibitions of work by the residents)
- travel-themed activities, talks and cookery led by residents
- 'Meet the four-year-old' scheme (great for movement and speech)



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chef prepares delicious meals which are served to residents by friendly hostesses. Residents can enjoy their food in one of our social dining areas, or have it delivered to their room. There are plenty of favourites on the menu, and we also add in a bit of fun with themed nights.

We talk to each resident when they move in about their likes, dislikes, and any special dietary needs.

Meal times

Set meal times allow residents to enjoy their food without interruption but if they'd prefer to eat at a different time, that's okay. We also have a night-time snack menu.

Celebrating special occasions

Families are welcome to reserve our beautiful sea-view café, on the top floor, to host private events such as birthday parties. We can arrange catering for an additional fee.



Issued May 2023



Visits from family and friends

Loved ones can pop by at any time for coffee or an activity – there are no set visiting times. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“Prompt admission. Smooth process. My dad feels safe and comfortable. He never has to ask for anything as it's done before he thinks of it.”

Son of resident, May 2024
Source: carehome.co.uk

Visiting Dean Wood

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're three miles south of the A27 at Falmer, where you'll also find our nearest train station.

Next door to our home is the Nuffield Health Brighton Hospital, so look out for that. You'll find on-site parking when you arrive.

To arrange a visit or to find out more, call us on

01273 805 787

bupa.co.uk/dean-wood

 BupaCareHomeDeanWood

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Dean Wood Care Home

Warren Road, Woodingdean, Brighton BN2 6DA

Inspected and rated

Good



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