



**Cotswolds Rise**  
part of the Hartford Care family

**Providing Residential, Dementia  
and Respite Care**

# A place to call home



## A WARM Welcome TO COTSWOLDS RISE

Cotswolds Rise is part of Hartford Care Group, one of the UK's leading care providers operating across The South of England. Cotswolds Rise is an impressive state-of-the-art home; located in the heart of Swindon, Wiltshire. The new purpose-built home has been designed with luxury and comfort in mind and offers delightful and charming surroundings in a warm and friendly atmosphere.

Providing home-from-home residential, dementia, respite and day care: our expert carers offer support and companionship so residents can enjoy comfort and relaxation in a safe and stimulating environment.

The home features 66 generously proportioned ensuite bedrooms across two floors; it benefits from an abundance of natural light in its spacious rooms, along with several lounges, dining rooms and lifestyle kitchens. The home has many significant renewable energy elements, including solar panels, heat pumps and battery storage systems. Residents can easily relax and unwind in luxurious comfort, socialise with friends, partake in various activities and dine in luxury.

Located in a quiet residential area in Purton, Swindon, Cotswolds Rise is within easy distance of the towns local amenities, including several of the towns shopping centers and retail parks, supermarkets, theatre, public house, restaurants and cafes, which are firm favourites to visit by residents.

**Providing home-from-home residential, dementia, respite and day care**

At Cotswolds Rise, our priority is to provide a safe, comfortable and welcoming environment where residents feel at home.

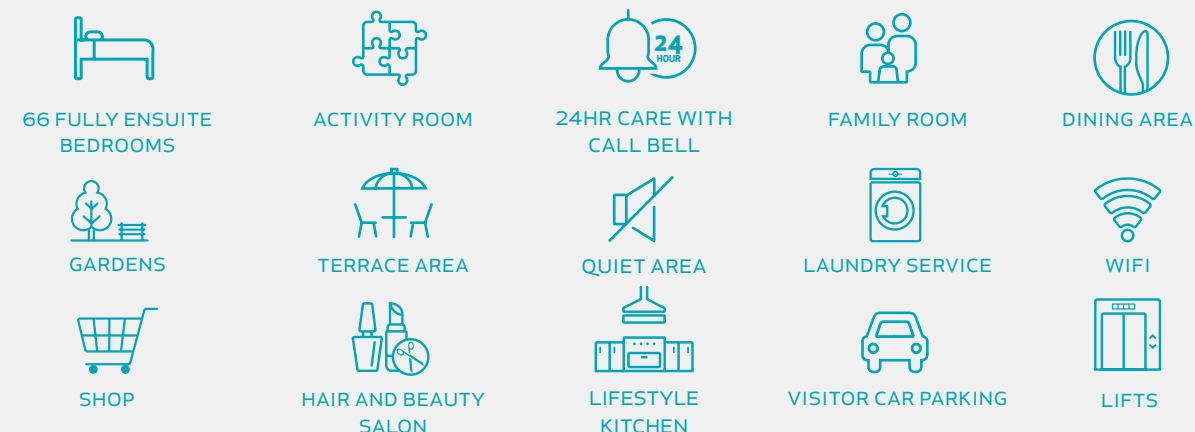
We have a range of communal spaces, including several luxury lounge areas, dining rooms and a cinema room that support group activities and time spent with friends to make life enjoyable and engaging for all. With a fully accessible and enclosed landscaped garden and patio area, our home provides a charming setting for residents to enjoy the fresh air.

All our bedrooms feature an en-suite wet room and have been tastefully decorated and furnished to a high standard. The home features five Superior rooms\*;

they include a spacious lounge area and a wet room with its own bath with a hydraulic seat. Plus, the ground floor Superior rooms have direct access to the garden. Residents are encouraged to personalise their space with their own furniture and belongings, as we know often helps residents feel more at home. We are also happy to hang pictures on walls, and our maintenance team are always willing to assist.

When it comes to visiting times, we welcome our residents' friends and family (including children and pets) at any time of the day. We want visitors to feel as much a part of our home as their loved ones. Visitors can even participate in our activities or join us for dinner.

### Facilities include:





# More Than Just a Care Home

**We pride ourselves on caring for you and your loved ones as if they were our own family.**

The respect for our residents' privacy, dignity and individuality is at the heart of all our care, which is why we work so closely with each of our residents and their loved ones to provide a personalised care plan.

Our bespoke care plans are vital to the delivery of the best possible care that is not only appropriate but stimulating and beneficial.



# Care Tailored to You

## Residential Care

Our residential care is tailored to each individual's needs. Whether it's a little help with day-to-day living tasks like washing and dressing, help administering medication, or perhaps it's a safe and friendly environment that is required - our care team are here around the clock. Our aim is to help maximise independence so our residents can continue to enjoy every single day they spend with us and, with an extensive activities schedule, entertainment and delicious home-cooked meals, there is something for everyone.

## Respite Care

Our respite care is the perfect solution for short-term care requirements. Typically used when extra support is required following a stay in hospital, in post-operative care, to provide carers with a little break from their duties, or even to trial what life is like in our care home. Our respite care is available all year round, and, as with all our care, it's personalised to the individual's needs and wishes until they are ready to return home.

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Our aim is to help maximise independence so our residents can continue to enjoy every single day they spend with us.



# Dementia Care

WITH A DIFFERENCE

**We appreciate how hard it can be seeing a loved one living with dementia, and we know that dementia affects different people in different ways - which is why we do all we can to support our residents and their families.**

Our highly trained carers work in partnership with our residents living with dementia and their families to replicate lifestyle choices and preferences wherever possible. We ensure all mental, emotional and physical needs are understood and managed with compassion and kindness.

Our home has been carefully decorated to create surroundings that are conducive to our residents' wellbeing. We focus on light and airy space, avoiding dark shades or shadows which can cause distress and confusion. We have applied great attention to detail when it comes to our furnishings too, working to create a homely feel that is safe but not overwhelming.

Our activities are designed to promote engagement and stimulation, encouraging a sense of accomplishment and enjoyment. Whether residents

opt to enjoy their favourite hobby or try something new, we plan a varied schedule suited to all tastes and abilities. We have also invested in specialist later-living technology, which includes an interactive table specifically designed to improve the wellbeing of those living with dementia. Residents can use the easy-to-navigate and view touch screen to explore apps that offer interactive activities, colouring, music and more.

Residents living with dementia benefit from sociable mealtimes which, in a Hartford Care home, are always an occasion for everyone to enjoy. The food we serve plays an important role in the health and wellbeing of our residents and, as part of each individual care plan, we know how to manage changes in appetite, tastes, physical coordination and even chewing and swallowing. Our professional chefs can cater for any dietary requirements.

# Delivering Peace of Mind

CUSTOMER TESTIMONIALS ACROSS HARTFORD CARE GROUP CARE HOMES

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Mum moved to Belford House from another care home many miles away. She has settled really well, as a result of the friendly, caring and supportive staff. There is always a smile, and staff have quickly learned Mum's foibles persuading her to get involved in activities. She loves her food, and the chef provides some great meals and is always mindful of Mum's dietary needs

**Review from Jane W (Daughter of Resident)**  
**Belford House, Four Marks**

“

Tegfield House has always provided good care in a friendly and relaxed environment. My aunt flourished there despite her dementia, enjoying the activities and the kindness of the staff. Tegfield also provided excellent end-of-life care avoiding the unnecessary stress of a final hospital visit and she was able to experience a dignified and peaceful end in familiar surroundings.

**Peter B (Nephew of Resident)**  
**Tegfield House, Winchester**

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The love and care Mum receives every day makes my heart full. Not only is she safe and healthy but every staff member - including carers, admin, kitchen, maintenance, and housekeeping teams - know her and greet her like family.

**Sarah C (Daughter of Resident)**  
**Hartford Court, Portsmouth**

“

I have nothing but praise for the all the staff and facilities at this lovely care home. My mother was brought to Burnham Lodge for nursing care following a four-week stay at the hospital, and from the outset, she has received loving care and attention. All the staff are willing and happy to help with my mother's needs, the rooms are clean, bright and suitably equipped, and the grounds are beautiful.

**Review from Jim W (Son of Resident)**  
**Burnham Lodge, Slough**

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Mum went to Stokeleigh for a 'holiday' and liked it so much she stayed! Mum has settled in so well; she looks so much better, she is happier and well cared for. Our family have found all of the staff to be welcoming and helpful. Stokeleigh is very comfortable, and everything and everyone appears to be well-looked after.

**Sue G (Daughter of Resident)**  
**Stokeleigh, Bristol**



To read more reviews please visit  
[www.carehome.co.uk](http://www.carehome.co.uk)



# Activities for the Mind, Body and Soul

## A HOLISTIC APPROACH

We recognise how important it is for our residents to continue to enjoy the things they love, including their favourite interests and hobbies. We also believe they should have the opportunity to try something new too, and we love nothing more than to inspire our residents with our jam-packed activity programmes.

Our programmes, run by our enthusiastic Activities Coordinators, are designed to offer varied physical, mental and well-being activities. From garden walks, movie nights and quizzes, to baking classes, exercise classes and new interactive technology, we guarantee there's always something enjoyable to experience. With expert speakers, musicians, therapists and other guests visiting our home regularly, there's never a dull moment!

## Something for Everyone

We believe in providing a diverse and rewarding activities schedule, catering to all tastes, preferences and abilities. Our holistic programme promotes benefits for our residents' minds, bodies and souls, with a range of fun and engaging mental, physical and wellbeing activities to choose from each week.

### Mind

From quizzes and documentaries to interactive online games and brain training, our Activity Coordinators like to keep our residents on their toes with plenty of opportunities to expand their minds and test their knowledge.

### Body

Physical movement is vital to the health, mobility, mental wellbeing, and happiness of our residents. Our activities include gentle exercise, garden walks and other physical tasks that can be enjoyed by all. With a focus on functional movement, we aim to deliver our physical activities in a fun and rewarding environment which helps our residents remain as strong, fit, and mobile as possible.

### Soul

We place a great deal of importance on our residents' wellbeing, offering activities that can enhance relaxation, encourage interaction, and boost moods. Whether it's a manicure and massage with one of our visiting therapists, or coming together for a sing-along, we work hard to plan a diverse selection of options to keep everyone feeling their very best.



OOMPH!

Thanks to our partnership with The Digital Rainbow and Oomph, we also provide digital platforms for our residents to explore engaging content and exercises across a diverse range of topics on large screens with easy navigation and viewing capabilities.







## Making a Meal of It

FRESHLY PREPARED

We know food plays an essential role in promoting health and well-being. That's why all our meals are prepared freshly by our highly trained chefs, who are passionate about creating exciting, wholesome and nutritious meals for our residents.

Our chefs can cater for any dietary requirement. Using only the highest quality ingredients, from locally sourced suppliers, they will create colourful plates of food to entice healthy appetites or create specific favourite dishes that appeal to individuals; our chefs work incredibly hard to make mealtimes a highlight of the day.

Our residents always have plenty of choices when it comes to food. With the option of a full English breakfast, a 3-course meal for lunch or lighter bites for the smaller appetites, there's something for everyone. Plus, snacks are readily available throughout the day (or night).

Our light and airy dining area creates a relaxed atmosphere where meals can be enjoyed with friends and where our care teams encourage conversation, fun and laughter. Of course, if residents prefer to dine in the privacy of their room, we can arrange this.

Visitors are welcome to enjoy meals at our homes too - we just ask for advance notice so our chefs can cater accordingly.



Our chefs work incredibly hard to make mealtimes a highlight of the day.







## Our Teams Make a Difference

We are committed to delivering the highest level of care. Our homes provide comfort and warmth and our residents are surrounded by caring, enthusiastic, patient individuals who offer support and companionship.

Our carefully recruited care teams are passionate about providing personalised care tailored to the individual. They spend time really getting to know our residents and their families, understanding every detail of day-to-day life, their likes, dislikes and preferred routines and identify areas where support is needed.

Our teams are here to help make a difference and ensure our residents live their lives to the fullest whilst in our care.

In addition to our expert carers, our home is closely connected to local GPs and district nurses, and we work with local dentists, opticians, chiropodists and physiotherapists to ensure our residents have access to any additional healthcare services they may require.

What's more, you can be safe in the knowledge that all our team members receive extensive training, including training in dementia care, and we follow robust infection control measures in line with Government and UK Health Security Agency.

### Our home is closely connected to local



GPs



DISTRICT NURSES



DENTISTS



OPTICIANS



CHIROPODISTS



PHYSIOTHERAPISTS

## Paying For Your Care

When making a decision about a care home, often one of the biggest concerns is how to pay for care.

Our weekly fees are dependent on the type of room and the level of care required. A full pre-admission care needs assessment will determine the level of care that needs to be put in place. The fee will be confirmed by our home manager, and we will always strive to be transparent with all our costs to help with the decision-making process.

Details of our weekly starting fees and what's included in our prices has been included within this pack.

### Local Authority Financial Support

Depending on where you live, you may find you are eligible for some care home costs to be paid by your Local Authority. We can point you in the right direction, but it will be your responsibility to agree on the funding with the Local Authority.

If the Local Authority is unable to meet our fee level, a third-party top-up may be required. We will assist in any way we can, but ultimately, if the Local Authority is unable to secure the required funding level for our fees, then you will need to seek an alternative care option.

It's important to fully understand how care funding works, and we recommend seeking professional advice to make sure you have explored all the options available to you. Eldercare Solutions Ltd offer impartial, specialist advice about long-term care home funding and are fully accredited by the Society of Later Life Advisors (SOLLA).

#### Useful contact details:

**Wiltshire County Council:** 0300 456 0100  
[www.wiltshire.gov.uk](http://www.wiltshire.gov.uk)

**Citizen's advice:** 0800 144 8848  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

**Eldercare Group:** 0800 082 1155  
[www.eldercaregroup.co.uk](http://www.eldercaregroup.co.uk)





## Next Steps

HERE TO HELP

We know choosing a care home can be a daunting and emotional process; it is not a decision that is made lightly, which is why we want to help in any way we can.

Our doors are always open, so please pop in for a friendly tour of our care home, have a cup of tea and meet with our home manager and knowledgeable care team. We can help answer any questions you may have about the care available at our home, plus, you can see for yourself how residents have made our home their home.

Once you're happy with the information provided, the next step will be to arrange a full pre-assessment, where we can determine the level of care required and how we can best provide support. Following the assessment, we'll discuss the costs of care and assist you as you embark on your new journey with us.

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We are very proud to deliver the highest quality of care to all our residents, and we hope to welcome you as part of our Hartford Care family very soon

**Kevin Shaw**  
CEO Hartford Care Group

## The Hartford Care Family

COMMITTED TO PROVIDING OUTSTANDING CARE



As one of the UK's leading care providers, Hartford Care Group offers home-from-home residential, nursing, dementia and respite care across the south of England.

Committed to providing outstanding care, we are proud to have been recognised as one of the Top 20 Mid-Sized Care Providers in the UK by carehome.co.uk for the past eight consecutive years.

Our family ethos resonates through our care homes and central support functions. Our carefully recruited team members care for your family members as if they were their own, and they become part of our Hartford Care family.

We know our teams make a difference to our residents' lives, which is why we are dedicated to investing in our people. All team members receive high levels of training and development with a career progression pathway. We also offer an extensive range of employee benefits and we are a real Living Wage employer.

Building a sustainable future is incredibly important to us and we are committed to acting responsibly. We have made significant investments in renewable energy elements and continue to review all our building practices and introduce new initiatives to reduce our carbon footprint.

We understand choosing a care home is a huge decision with many factors to consider. We're here not only to offer exceptional care but welcoming environments too.

Join our Hartford Care family, and you can experience how our care and nursing homes feel like home!



Cotswolds Rise, Upper Mill,  
Swindon SN5 4FL  
01793 208090  
[www.hartfordcare.co.uk](http://www.hartfordcare.co.uk)



