

# Coppice Lodge

---

Care Home

Expect More ...

ideal / carehomes



All Inclusive Fee  
For Complete  
Peace Of Mind

## Welcome to Coppice Lodge



We are delighted you are considering Coppice Lodge as we understand what an important decision choosing the right care home is for you and your family.

At Coppice Lodge we offer 24 hour residential and dementia care in surroundings which create a great place to live. We pride ourselves in making a real difference to the lives of our residents, going beyond just meeting their expectations through the aspirational choices we provide in our person-centred care.

After moving into our care home, residents will feel a sense of community, where they can form new and lasting friendships.

Couples who choose to live with us will find comfort in knowing that the life they share together will be nurtured and respected in a caring environment.

By putting an active lifestyle at the heart of the home, our caring and highly trained staff promote independence, ensuring quality care is received by all our residents at all times.

Coppice Lodge welcomes new residents for both short term and permanent placements and on an all inclusive fee basis to give complete peace of mind. We will work together with you and your family to ensure that the process of moving into Coppice Lodge is as stress-free as possible.

Our friendly team are here to help and we are always happy to answer any questions you may have. Please give us a call if there is anything else you would like to know:

**0115 920 5906**

“



Everything we do at Coppice Lodge is focused on creating a great place to live. From the high quality, locally-sourced food we provide at every meal time through to the daily range of activities, we are proud to offer an active lifestyle that meets a range of interests and preferences.

*This is your home and it is our role to help you enjoy it.*

*We see each resident as a unique individual which is reflected through our person-centred care. Before you move in, we'll want to know all about your likes and dislikes as well as interests and hobbies, so we have everything in place to create the aspirational lifestyle you want as soon as you move in, whether you are joining us for residential or dementia care. This is your home and it is our role to help you enjoy it.*

**Stacey Linn**  
Managing Director

”

## Quality Care

Coppice Lodge is a purpose-built luxury care home owned and operated by Ideal Carehomes. Established over a decade ago Ideal Carehomes is a provider of high quality residential and dementia care operating state-of-the-art care homes throughout England. Coppice Lodge benefits from the support of Ideal Carehomes' experienced team who make sure we attract and retain the best staff, offering unrivalled training programmes via the Ideal Academy to ensure our residents receive the highest quality of care.

*A home is more than just bricks and mortar, it is a place you feel safe, well cared for and relaxed. Home is where personal choices make you feel the most comfortable. It is the place you want to live.*





# feel at home ...



Located in the heart of the community.



Help plant vegetables or enjoy the morning paper in the sun.



Coppice Lodge has all the finishing touches you would expect from a warm, welcoming and luxurious home, with attractive décor and landscaped gardens. All 64 bedrooms are spacious and well-appointed, with en-suite shower facilities, enabling us to deliver person-centred care in a dignified manner, promoting independence as far as possible.

The inspirational day spaces at Coppice Lodge have been tailored to the interests of our residents, and include areas such as a café, hair salon and activities room.

Coppice Lodge's landscaped gardens have raised flower beds which green-fingered residents enjoy pottering in during the summer months.





## your room ...

The stylish rooms are decorated in relaxing tones and come equipped with custom-made fitted furniture (wardrobes, drawers and cupboards for all your clothes and knick-knacks), ample seating, a flat screen TV and mini fridge. Some ground floor bedrooms have direct access onto the landscaped gardens.

Your en-suite shower room is spacious and airy and there is always the opportunity to use the assisted bathroom whenever you fancy a soak in the bath.

Our state-of-the-art call bell system throughout the home means that whilst you can enjoy your own space, our team are never far away and always ready to help.

Your room comes fitted with everything you need but it is your home so you are very welcome to bring your own belongings as well.

*All the care staff are helpful to mum and other residents, and nothing is too much trouble. We are happy that mum is enjoying the home and has an excellent level of enjoyment of life. We could not wish for better.*

Review from Daughter of Resident at Coppice Lodge  
[carehome.co.uk](http://carehome.co.uk) review



*Feel pampered and looking your best at our hairdressing salon.*



## caring for you ...

Coppice Lodge is our residents' home and we are there to facilitate you enjoying it however you wish. Our care team is available 24 hours a day should you require our assistance at any time of day or night. Exceptional standards of personalised care are delivered by Coppice Lodge staff who are trained via the Ideal Academy, which is second to none.

The design of our buildings and extensive training incorporate best practice care to make sure our residents feel calm and content. We are like one big family and our residents quickly make lasting friendships with our care team as well as fellow residents.



Enjoy a relaxing bath in one of our tastefully decorated bathrooms.



### Welcoming Couples

Enjoy the next chapter of your life together

## Ideal Fresh Living

In addition to our high standards of infection control already in place, Ideal Carehomes has successfully launched an initiative called Ideal Fresh Living bringing a new and continued focus on cleaning and sanitisation. Our modern, purpose-built building provides a perfect environment to implement natural ventilation into daily life, with lots of large social areas to enjoy as well as spacious bedrooms with en-suite facilities to allow plenty of personal space for each resident.

Our care team have access to the latest care plan technology and will take time to get to know you, your family and all your favourite things. This helps us to know your desires as well as your needs to make sure your care package is tailored to respond to all health, care and personal requirements you may have. It will also help inform us of what to include in our menus, activity programmes and trips out of the home.

Coppice Lodge will meet all your day to day needs, including meals and snacks as well as a full laundry and housekeeping service.

*It's such a relief having my father in the excellent care and environment of Coppice Lodge. The team are outstanding, without exception. The staff go way beyond my expectations and I am always kept up to date with his health and well-being. Thank you for what you're all doing.*

Review from Son of Resident at Coppice Lodge  
[carehome.co.uk](http://carehome.co.uk) review







*Have a game of carpet bowls with friends.*

## The Coppice Lodge lifestyle ...

Whether you want to spend the day relaxing with friends and family, reminiscing, taking part in one of our varied activities, there will be plenty to ensure you enjoy your day.

Activities encourage fullness of life, day to day enjoyment and fun. Each day, there is a full timetable of activities available in the home as well as many recreational resources you can access yourself at any time. If you want to kick-back and watch TV, that's fine too – this is your home to enjoy as many or few of the activities on offer as you wish.

Maintaining physical activity has lots of benefits for the well-being and independence of residents and we encourage regular light exercise tailored to suit everyone, as well as more leisurely activities such as arts, model making, flower arranging or gardening - our annual 'Gardens in Bloom' competition is enjoyed by everyone!

Coppice Lodge's Lifestyle Manager makes sure we have a variety of entertainment and pursuits for you to take part in and no two days are ever the same!

When you move to Coppice Lodge, you join a vibrant community of likeminded people where you can socialise with ease and build long-lasting friendships. Our comfortable social spaces are the perfect place to spend time with your loved ones or guests who are always welcome to visit.



*Keep active with armchair exercises, show your creative side making bird boxes or have a giggle with friends over afternoon tea, there is lots to do at Coppice Lodge.*



## tasty *treats* ...

*A variety of tasty, nutritious, menu options at all meal times.*

Coppice Lodge's varied menus of healthy meals all have a choice of options at breakfast, lunch and dinner. All food in the home is created using the best locally sourced ingredients and is prepared freshly on-site, and can be enjoyed wherever you prefer - perhaps in the well-appointed dining rooms or café with your fellow residents or more private dining, in the comfort of your room whilst catching up with the soaps.



*Tuck into a hearty steak pie.*

Our Chef makes sure that all dietary needs are met and our meals are nutritious - not to mention, very tasty! Chef also gains feedback from residents to ensure there are plenty of options which meet the preferences of the people who live with us.



*Look forward to the ambient dining experience at Coppice Lodge with the food being appealing both on the eye and on the palate.*





The daily menu is made available around the home and residents can choose to eat together in the well appointed dining areas or request for meals to be served in your room should you prefer. Even if you're not tempted by anything on the menu, Chef will always try to rustle up something that does meet your fancy.

You'll find snacks readily available throughout the home and we are partial to some tea and cakes in the afternoon. You and your guests are welcome to help yourself to hot drinks and our staff are always happy to make a brew.



*There is always time for a cuppa and some cake – the only question is what type of cake!*

## moving in ...

We understand how difficult the decision to move into residential care can be for both you and your family. Our experienced team will work together with you to ensure the process of moving into our home is as stress-free as possible so you quickly feel settled and at home in your new surroundings.

Pre-admission assessments are used to get to know you before you even move in and we are here to answer all your questions and help you every step of the way.

We can carry out an assessment at your convenience and within 24 hours of your initial enquiry.

*My mother has been a resident at Coppice Lodge for 3 years and in her own words she cannot think of a thing to complain about, she feels safe, secure and well cared for. Everyone from reception to carers is all absolutely delightful.*

Review from Daughter of Resident at Coppice Lodge  
carehome.co.uk review



# Coppice Lodge *at a glance* ...

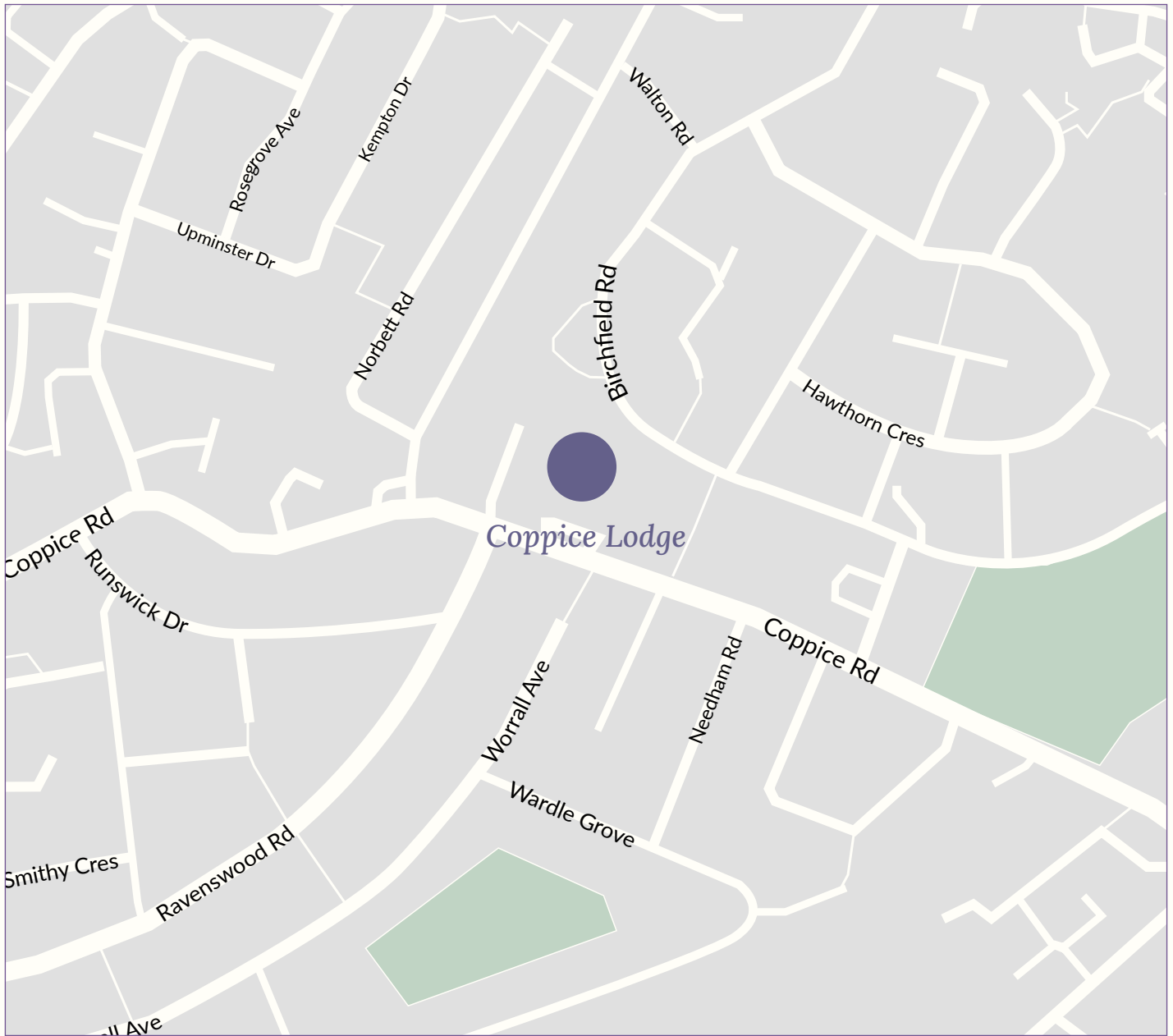
Our all inclusive fee gives peace of mind and allows residents to enjoy our facilities and services without having to worry about extra costs. Everything below is included in the Coppice Lodge package:

ALL INCLUSIVE FEE

- Exceptional standards of residential and dementia care, 24 hours a day, in a luxurious and safe environment
- Highly trained, caring and compassionate Home Manager and care team
- Full electronic care plan tailored to your health, personal and care needs
- Spacious bedrooms with private en-suite shower wetroom
- Fitted furniture, flat screen Smart TV and mini-fridge in bedrooms
- Garden rooms also available.
- Relaxing bathrooms with specialist assisted bath
- Complimentary Wi-Fi throughout the home
- Delightful landscaped sensory gardens
- Choice of tasty, nutritious, meals available to enjoy in the ambient dining areas or in a more private setting with a glass of wine or beer should you wish
- Selection of beverages and snacks throughout the day
- The choice to invite guests to dine with you
- Dedicated Activity Co-ordinators and regular Social Committee Meetings
- Full and varied programme of activities with something for every day of the week
- Clubs, entertainment and talks within the home
- Use of all social spaces including quiet lounges, dining areas, café, activities room and hair salon
- Regular shopping trips and larger day trips out of the home accompanied by our staff (any venue admission would be charged)
- Transport and accompaniment to medical appointments where necessary
- Local GP service and medication management
- Annual eye test (treatments would be charged)
- Annual dental check-up (treatments would be charged)
- Monthly appointment at our on-site hairdressing salon
- Regular appointments with a carefully selected chiroprapist
- Selection of newspapers and magazines within the home
- Full personal laundry service and daily housekeeping
- Disabled access and lift service
- Car parking for residents and visitors







*Passing by? Pop in, meet our team and enjoy a cup of tea  
or join us for an activity*



## Coppice Lodge Care Home

[idealcarehomes.co.uk](http://idealcarehomes.co.uk)

[coppice.lodge@idealcarehomes.co.uk](mailto:coppice.lodge@idealcarehomes.co.uk)

117 Coppice Road, Arnold, Nottingham, NG5 7GS

0115 920 5906

ideal / carehomes