



**Chorlton, Manchester** 0333 999 8498 | hc-one.co.uk Belonging to HC-One, The Kind Care Company Within a peaceful residential area in Chorlton, near Manchester, Chorlton Place is a purpose-built care home offering nursing and residential care.



### Living with us

Chorlton Place's four sitting rooms and two dining areas provide plenty of options for Residents to spend time, dine and socialise. The hairdressing salon is a popular area with the community and the large, landscaped garden, looked after by some Residents, is a favourite location to enjoy the company of family and friends. The bright, comfortable bedrooms and living areas are easily accessible by wheelchair.

The home's caring team has created a family atmosphere, encouraging everyone to eat and celebrate special occasions together. Residents are invited to decorate their rooms with small items of their own furniture and treasured belongings so that it feels just like home.

Daily life is thoughtfully designed to support mind, body and soul.

# Your personal care plan

Chorlton Place's Home Manager makes sure that all Residents receive the kindest possible care. Our extensively trained team will deliver all the nursing and specialist care and support services that your loved one requires. Personalised care plans consider not only medical, personal and dietary needs, but also the individual's likes and dislikes, religious preferences, and suggestions from family members that might make their stay with us that little bit more enjoyable.





# Lifestyle and community

The carers and Residents at Chorlton Place enjoy playing an important part in their local community. The home encourages an atmosphere of fun and inclusion and runs a weekly programme of events, which includes talks and demonstrations from local people willing to share their knowledge and talents. Performers from the area regularly visit and entertain Residents with songs, sketches, singing and dancing, and members of neighbourhood groups, volunteers and other locals often drop in for a cup of tea and a chat.

Assisted by suggestions from our Residents, our home's Wellbeing Coordinators organise a varied year round programme of things to do. Many Residents take pleasure in hobbies, including baking, writing, gardening, dancing, painting, quizzes, and playing chess. Some enjoy being a member of the Residents' forum. There's plenty to do outside the home too, and Residents often go on trips to nearby places of interest to them. such as animal sanctuaries, the theatre, gardening and shopping centres.

By getting to know each individual Resident, our carers are able to encourage everyone to take an active part in the life of the home. Simple pleasures are hugely important: the morning walk, feeding the birds, a little light weeding, baking cakes for one of our fundraising tea parties, laying the dining table, arranging flowers or distributing the post each day. But we also know and respect that our Residents value having some time alone too and we want these moments to be as joyful as any other.



### **Food and Nutrition**

Our hospitality team prides itself on making mealtimes a special, stimulating part of each day. In our homes, meals are as much about providing nutritious, tasty food as they are about enjoying a social occasion.

Residents are served three meals a day, as well as a mid-morning snack and afternoon tea. We use fresh ingredients, locally sourced wherever possible, with the emphasis on providing delicious seasonal meals. We understand the nutritional needs of older people and create meals that offer the correct calorific and nutritional content. We consider meals to be a fundamental part of every Resident's care plan.

Eating is a social and an emotional experience, and our dining rooms are designed to create a relaxed and happy atmosphere, with menus that offer plenty of variety. We make a point of celebrating birthdays and special occasions, as well as national festivities such as Valentine's Day, Mother's Day, St George's Day and the Great Macmillan Coffee Morning. We have built-in music systems to provide ambience and we dress our dining rooms in the evening.

# **Visiting Chorlton Place**

As with all HC-One homes, Chorlton Place operates an 'Open Visitor Policy' that makes visiting friends and loved ones flexible. If you would like to view Chorlton Place as a prospective Resident you are welcome to visit at any time; however we recommend that if you would like to meet our Home Manager, you contact us in advance so we can make an appointment.

### Call us on 0333 999 8498



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#### Available on Request