



Cherry Garth

Residential and Dementia
care home



Our vision is
to create **great**
communities
for people who
need **care** and
support

Welcome

Cherry Garth is a spacious and welcoming care home located in Holmer Green.

Our dedicated team provides a 24-hour specialist residential and dementia care and support service.

It's important for a person to feel valued and respected and we are committed to listening to and valuing their wishes. We ensure residents are fully involved in making decisions about their care, so we are able to devise a person-centred care plan tailored around them.

We aim to make everyone feel at home at Cherry Garth and to live their life to the full in a safe, high quality care environment.

“Cherry Garth is a friendly, relaxed and happy home that has a real community spirit. The team are committed to supporting everyone to live their life to the full.”



Purpose built for care

Cherry Garth is a modern and comfortable home in the heart of the local community, providing care and support for 60 people across four 'houses'.

The home offers a warm and pet-friendly environment, where people are encouraged to add personal touches to their individual rooms to give a homely feel. Every bedroom has an en-suite, TV and phone point, as well as a 24-hour call system.

The layout of the home has been designed to support and enable a person living with dementia to live well. We include 'features' throughout the home to make it easier for people to find their way around and engage in purposeful activities which stimulate the senses.

Each 'house' has attractive communal areas which are often used for socialising with friends and family. The beautiful enclosed garden, with its own potting shed and workshop, is a hive of activity, particularly in the summer months.

The home also has first floor balconies, a coffee shop and a hairdressing salon for those who enjoy a spot of pampering.



Our approach to care

Cherry Garth provides expert residential and dementia care and support, 24-hours a day, for people with a wide range of healthcare needs including those with long-term conditions and physical disabilities.

Our philosophy is to treat each person as an individual, as everyone has their own specific needs and lifestyle choices. In doing so, we ensure our care is delivered in a truly unique way, centred around the person, so we can create tailored care and support plans for everyone.

In addition to providing an on-site GP consultation room for weekly visits, we can also help organise appointments with other healthcare professionals such as chiropodists, physiotherapists, opticians and dentists.

What makes the care at Cherry Garth – and in fact all the Trust’s homes – so special, is that we really take the time to get to know each person well, to genuinely understand what’s important to them and their family, and using this we structure the care and support to meet their individual needs. We believe this sets us apart.

“I think the staff are incredibly kind and caring and treat the residents like members of their own family.” JD (Family member)



Living at Cherry Garth

An active lifestyle works wonders for the mind, body and soul, and at Cherry Garth, we are passionate about empowering residents to keep as active and healthy as possible.

We encourage all residents to be involved in decisions about how the home is run by holding regular meetings, to which family and friends are also invited, where we actively seek ideas, comments and feedback.

Building relationships of trust, support and friendship is vitally important, so we match each resident with a named 'key worker' so that we can fully understand their needs and lifestyle choices.

We want people to remain as independent and as engaged in life as they possibly can, so if a person needs a little extra help to do something, our team is always on hand to offer support and encouragement.

Our people

We hear from families that what makes the Trust's work so important is knowing that every day our team is helping to make a difference to the quality of life of a loved one. This is why we strive to find people with the right qualities including the desire, compassion and understanding to support others.

By investing in our people through ongoing learning and development, we equip them with the knowledge and skills to provide the highest standards of care possible, which supports the Trust's commitment to put care and kindness at the heart of all we do.

Enriching lives

The care and kindness shown at Cherry Garth, enables everyone to live as enriching and fulfilling a life as possible.

With the involvement of residents, our activity co-ordinator organises a range of exciting activities to suit all tastes and abilities. We always aim to make these fun and stimulating and may include talks, entertainers, gentle exercise, outings and trips to the theatre/ cinema. Our regular cookery club is also very popular with residents.

As a dementia friendly community, we also offer rewarding activities including cognitive stimulation therapy, singing and reminiscence activities to support residents living with dementia.

Food is of paramount importance, so we make mealtimes an ideal opportunity to not only maintain good physical health but also for residents to engage socially with friends and family.

We provide a wide choice of tasty and nutritious, freshly cooked meals, using high quality ingredients, locally sourced wherever possible, including a 'fine dining dinner' once a month.





Our commitment

The people in our care are at the heart of everything we do and we want to ensure that their experience of The Fremantle Trust is the very best it can be.

We are dedicated and committed to promoting the independence, rights, wishes, desires and lifestyle choices of everyone who uses our services, and we strive to deliver exceptional care and support through our professional and highly-skilled teams.

We listen to the views and concerns of those we care for; involve them, and their families, carers and friends, in any decision-making about the type of care and support they receive. In addition to both resident and family meetings, we also send out a next-of-kin survey in which we ask for feedback on how we are doing, and using the feedback we get, enhance the quality of our services.

For us, it's about celebrating the uniqueness in everyone and providing person centred care.



About us

Founded in 1992, The Fremantle Trust is a registered charity and not for profit organisation providing first class care and support services for older people and adults with a learning disability.

As a charity, we ensure that any surplus we make is invested back into our services to enhance the lives of the people we support.

Our vision is to create great communities for people through our nursing, residential, supported living and day services. We have established a strong reputation for providing expert care and support in welcoming, modern and comfortable environments.

We want to continue to meet the changing needs of those we support, ensure we promote kindness in all we do and demonstrate that care and compassion go 'hand-in-hand'.

Our values are embedded across the organisation. The Fremantle Trust is proud to:

- **Celebrate the uniqueness in everyone**
- **Put care and kindness at the heart of all we do**
- **Exceed expectations every day**
- **Act openly and responsibly**
- **Always be learning**



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A registered charity and not for profit organisation
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