"

"Absolutely an overall excellent experience. Connected to the local A&E personal programme as well. Most probably the best care home in the area.

Resident

66

"What a totally pleasant and amazing bunch of people they are at The Cedars Care Centre! Nothing is too much trouble and relatives/friends visiting are always made very welcome."

Cousin of resident

66

"[My aunt] had excellent care throughout her stay. The home is well managed with experienced and caring staff, who ensure the resident's needs and their dignity are given the highest priority. The home has a welcoming and homely feel."

Niece of resident

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"The staff and management of The Cedars Care Centre have been the most wonderful support for my mother (and me) through the last year of her life. They have treated her with the utmost dignity and quality of care... I can't say how thankful I am to have found Cedars carehome- my mother always said, 'the carers here are wonderful'."

Daughter of resident

How to **find us**

Cedars Care Centre, 12 Richmond Road, New Barnet, Hertfordshire EN5 1SB



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Cedars

Care Centre

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Cedars Care Centre is located on Richmond Road, near Lyonsdown School. We offer 24-hour specialist care to those aged over 18, including specialist dementia care, long-term, palliative, respite and post-operative care.

Our home has 40 rooms – 35 single bedrooms and five companion rooms for couples – all with en-suite facilities. Our bright and attractive communal day rooms look out over landscaped gardens, with French doors opening onto the terrace allowing safe access. We also have a dementia-friendly enclosed garden.

Get in touch

Follow us:

To find out how we can help you or a loved one, please call us on **020 8364 8839**, email **cedars@foresthc.com** or visit **www.foresthc.com/our-care-centres/cedars-care-centre**

We can also facilitate video calls via Facetime or WhatsApp and offer a virtual no-obligation tour of the home.

We are Care Quality Commission (CQC) registered.

Cedars is part of the Forest Healthcare family of homes, comprising 13 individual homes across the South East of England.

Cedars Care Centre









A welcoming, friendly home in New Barnet

53

Your Day, Your Choice

The Home Manager believes that every resident should have individual choice at the centre of everything the team does.



rated 9.9 on carehome.co.uk

Cedars is truly a home-from-home, set in a large, detached traditional property, with rooms that overlook beautifully-maintained enclosed gardens at the heart of New Barnet.

Our long-serving nursing & care team are on hand 24 hours a day, and happy to help residents with a smile and cheery word, whether they need company & support with daily care, or require round-the-clock specialist care. The team and residents together create a family atmosphere where everyone lives life to the full.

A wonderful, easily accessible setting helps each resident enjoy a full, stimulating and person-centred life whatever their care needs are. From regular trips out to the community, a quiz afternoon, or having some quiet time reading the paper or even tending to the vegetable patch in our raised garden. Our wellbeing programme promotes a healthy mind, body and soul. Summer barbecues, chair exercise classes, and church services are only some of the ways we keep minds active and spirits high.

Nutritious, wholesome homemade food is on the menu at The Cedars, with residents involved in developing menus that suit their tastes, made with fresh locally sourced ingredients. Every meal is varied, tasty and well-presented making dining a wonderful social occasion, tailored to individual dietary needs.

And that is at the heart of everything we do: treating every resident as an individual and ensuring that our care meets their every need. Attentive nurses & carers taking time to get to know every resident personally makes for a positive and happy life at The Cedars.







Making a Choice, **You Are Not alone**

If you're faced with the prospect of having to move into a home or find a home for a member of your family or a close friend, we know just how hard that is. Over the years we have helped lots of families not only come to terms with this difficult decision but to enjoy a full and happy life as part of our extended family.

We'll do everything we can to help you every step of the way.

Whatever you are worried about, whatever timescales you need to work to, whatever questions you have, we can talk everything through with you and help you with your arrangements.

