



# CAYTON VIEW CARE HOME

## Sample Menu 2024

### BREAKFAST

Full English Breakfast  
Continental Breakfast  
Cereals or Porridge  
Yoghurt & Fruit  
Tea & Coffee  
Selection of Fresh Juices

### LUNCH

Steak, Chips & Peas  
Chunky Vegetable Soup  
Poached Cod with Parsley Sauce  
Strudel with Brandy Sauce

### DINNER

Butternut Squash Soup  
Battered Chicken Fillet  
Mixed Salad  
Bannoffee Pie with Cream

Cheese and biscuits or sandwiches  
are always available as an  
evening alternative



As well as our main meals, residents can enjoy snacks and drinks 24/7 from our café.

Menus are based on our residents' favourite meals and nutritional needs.

For residents living with dysphagia, we prepare meals, pureed foods and smoothies that are delicious as well as easy to swallow and digest.