



Cottingley Hall

Your local Bupa care home
in Bingley.



A beautiful house and gardens

Our large home is both elegant and cosy. Having recently been refurbished to a high standard, it's the ideal place for welcoming those in need of nursing or residential care.

We're five minutes from Salts Mill at Saltaire, and nearby Myrtle Park has tennis courts, a café, a playground, and crown green bowling. There are lots of canalside walks, and you can pay and play at Shipley Golf Course just a mile away.



Our care team

At Cottingley Hall, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“My mother has been a resident for a year now and has been cared for with respect and a real sense of personal attention. The home is clean and well maintained. Mum has built trusting relationships with the staff who have taken the time to get to know her and her personal needs.”

Son of resident, March 2024
Source: carehome.co.uk

What we offer

Cottingley Hall was previously a private residence, giving it a real homely feel. Today, we still enjoy its gorgeous fireplaces, wood panelled hallways and high ornate ceilings. High quality furnishings give the home an extra special touch, along with our pretty landscaped gardens.

Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 35 rooms of varying sizes, and will do our best to accommodate couples. You can also expect:

- en suite WC or WC with shower
- shared bathrooms throughout the home
- garden views from many rooms
- patio access from five rooms
- flat screen TV
- telephone point (bills payable)

Residents can also bring personal items from home, such as pictures, ornaments or keepsakes.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist district nurses
- Eye care from an optician
- Visits to a dentist
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- on-site hairdresser and beautician



Shared areas around the home

There are lots of ways to relax here. Residents can get their hair done in our very own salon, help themselves to a freshly-baked cake in our coffee bar, or enjoy our pleasant conservatory. They can see a movie in our cinema room or choose a book from the library.

Our mature landscaped gardens are perfect for a stroll or a spot of gardening. There's plenty of patio seating, offering the chance of a good chat in the fresh air and sunshine.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01274 900 838

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Cottingley Hall

We offer all the important home comforts: a warm and friendly atmosphere, good food, kind staff, and plenty to do. We're a small and close community – and family members are a welcome addition at any time.



Activities

Our coordinator plans a wide range of enjoyable activities, including for those residents who are less mobile. For example:

- outings to the theatre, shopping and canal boat trips
- sherry and cocktail evenings
- Knit and Natter group
- arts and crafts and flower-arranging
- bingo and games
- film afternoons
- sing-a-longs and Music for Health
- gentle gardening club
- visits from local schoolchildren
- armchair exercise sessions

Residents can still do most of their



existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Residents can enjoy fine dining together or in the comfort of their own room. Every delicious meal is prepared by our own chef, who is happy to cook special requests too. There's also a 24-hour snack menu available.

We also talk to each resident when they move in about their likes and dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have an area where families can host private events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“Mum came for respite and she liked it so much that she knew the time was right to move here. The staff are enthusiastic, lovely with residents, and have created a really well-run team and happy atmosphere. The food is fantastic, like eating out in a silver served restaurant! It's always warm, cosy, and very clean.”

Daughter of resident, February 2024

Source: carehome.co.uk



Visiting Cottingley Hall

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're five miles north-west of Bradford, right next to the Yorkshire Clinic, with plenty of on-site parking. Bingley train station, on the line serving Leeds, Bradford and Skipton, is just two miles away.

To arrange a visit or to find out more, call us on

01274 900 838

bupa.co.uk/cottingley-hall

 BupaCareHomeCottingleyHall

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Cottingley Hall Care Home

Bradford Road, Cottingley, Bingley BD16 1TX

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