# $\frac{\text{BRIDGE HOUSE}}{\text{of Twyford}}$

A shared passion for later living





# Where nothing but the best is good enough

Caring in Twyford since 1979, Bridge House and the recently developed Bridge Court offers our residents excellence in care, catering for your needs be they short, longer term or rehabilitation visits to support your independence.

Our approach to nursing care, rehabilitation or respite is driven by our passionate, dedicated, and highly skilled team. We are proud to deliver the best quality of life through our compassion, respect and commitment to every individual's needs.

# **Exemplary care in stunning surroundings**

Our welcoming, Georgian country house on the edge of the village of Twyford holds a timeless calm with stunning views across the grounds to the river Loddon. A safe, secure retreat, where residents can maintain their independence and dignity, gain confidence and enjoy the lifestyle they deserve.

Bridge House along with our Bridge Court development offers exceptional facilities in a refined environment. The court is a state of the art development that includes a rehabilitation centre that avails access to short term respite, and recuperation though our exceptional team of in-house therapists.

Building on our many years of knowledge, expert training and understanding has set the foundation to ensure the very best care and wellbeing for our residents in this distinguished setting. Our innovative approach has enhanced the lives of many, we are proud of our achievements and our capacity to meet every need and expectation.

# At a glance

#### Care

- ✓ Dementia
- Respite

**Facilities** 

- Convalescent Care
- Rehabilitation
- Occupational Therapy
- ✓ Nursing care (RGN & RMN)

Social lounges and quiet areas

Restaurant with varied menus

Experienced care teams

- Residents encouraged to enjoy their own schedule
- √ Wide variety of activities
- ✓ Visiting entertainment
- ✓ Trips out to attractions

# Single and double en-suite rooms Hair and beauty salon

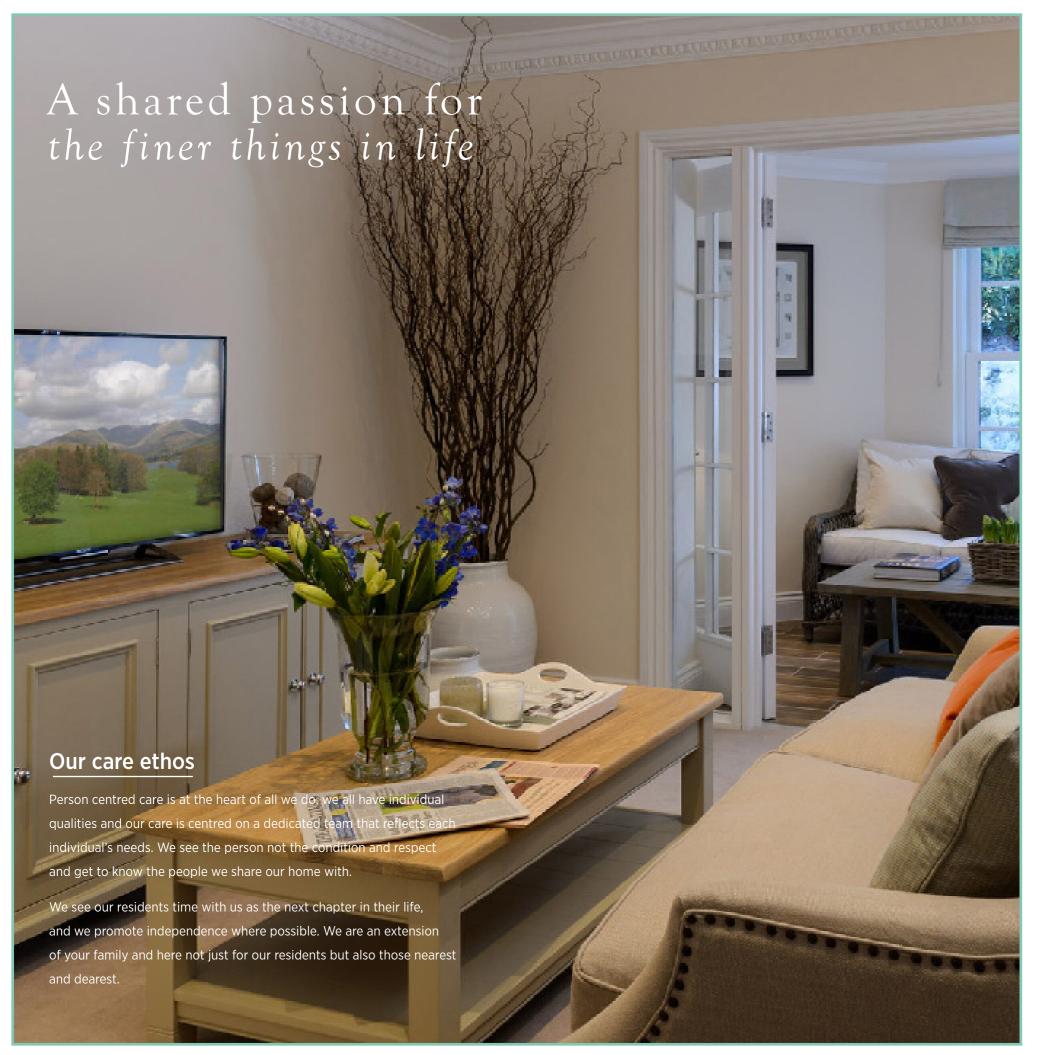
- Kitchen facilities
- √ Landscaped gardens

- Onsite parking
- OMI interactive sensory system
- √ Myo resident/relative communication platform



- Visitors welcome anytime
- √ Family & friends' events
- ✓ Pets welcome to visit





# **About us**

Our reputation for excellence has been driven by over 30 years' experience of delivering high quality bespoke care and support.

As an independent group we are dedicated to providing exceptional service and unrivalled care, in homes that offer a relaxed, meaningful way of life.

Our award winning team shares a passion that is represented by our core values, of understanding both our residents and their families, supporting individual needs, promoting happiness and wellbeing and providing exemplary care and innovation.

Our ethos, powered by our passion to deliver the best quality authentic care cascades from the group management to every member of the team, ensuring we deliver a thriving, welcoming community that offers our residents security, compassion and the freedom to be themselves.

The high level clinical skills, empathy, kindness and understanding we offer, along with our specialist facilities are here not only to enhance the quality of life of our residents but to reassure you too.



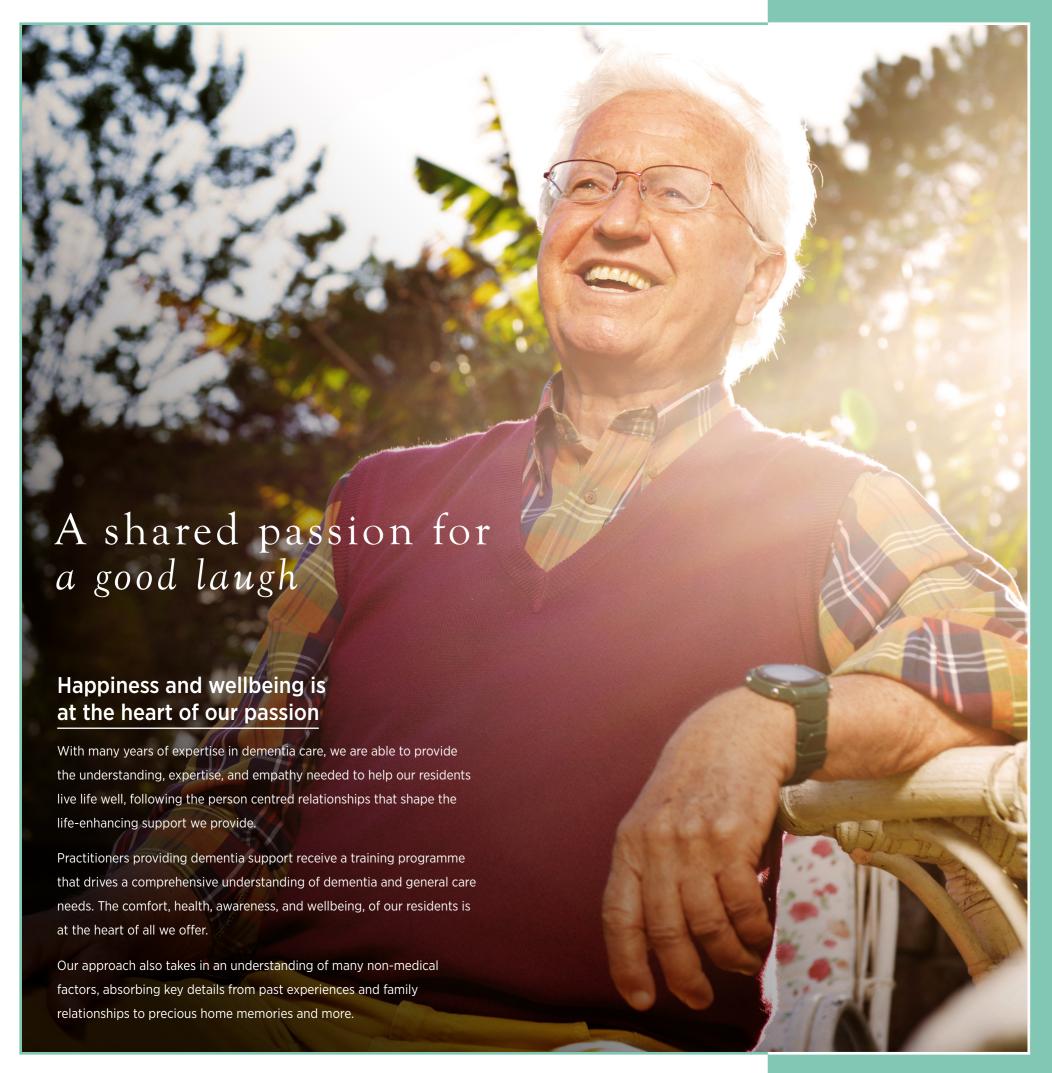
A shared passion for understanding you and your family



A shared passion for your happiness and wellbeing







#### Facilities and innovation

Exuding country house style, Bridge House is a real home from home that we have sensitively developed to take in the needs of our residents, a space that radiates character and charm, but also ensures we are able to keep everyone safe.

We celebrate the old and the new within our community, having invested in a state of the art extension that delivers spacious facilities that include large modern bedrooms, a gymnasium, therapy rooms and magnificently decorated communal areas. This addition reflects the grandeur and origin of our Regency house where you will find a beautiful music room, library, lounges and distinguished conservatory dining

Residents are able to enjoy space where they feel comfortable, be it a peaceful corner to read or the café area for a cup of coffee with friends or family.

There are wonderful areas to participate in activities and enjoy meals or events together, the community is always there to boost engagement and promote a friendly, safe environment.



#### Resident accommodation

Our residents enjoy exceptionally spacious and comfortable bedrooms, set up to minimise concerns for safety and reducing anxiety. A home from home setting, where residents own furniture can be spoke rooms to create a known environment.

State of the art beds are supplied to encourage a good night's sleep and support issues with movement or other medical needs.

We pride ourselves in providing the highest specification, specialist bathing and showering facilities that enable our residents to enjoy a positive experience in their day to day routines.

For peace of mind, nurse call systems are installed in every room (both residents' rooms and communal areas), ensuring that a member of staff is available to provide assistance whenever required, day or night.



# Specialist features

Aside from our state of the art facilities, the gym and therapy areas can also be booked for rehabilitation for those who have had a fall, stroke or are in need of additional support before returning home after an operation.

We also have high end sensory equipment available that is used to calm and engage.





# Enjoy the great outdoors

Bridge House is renowned for its beautiful secluded gardens, where residents are actively encouraged to both relax or partake in activities, these expansive gardens with a riverside setting offer a place where residents can enjoy the benefits that the outdoors can bring and also find a peaceful place to share with family and friends.

The balcony area overlooking the gardens is a hive of activity in good weather, a special area where alfresco lunches are much enjoyed.

Events in the marquee put up during the summer are popular and see families and friends joining together in this much loved space perhaps enjoying a cream tea or Jazz.

# Getting out and about

The mini bus is available for both residents and relatives to enjoy excursions away from home.

We encourage residents to enjoy outings into the local community with staff members, regular shopping visits or trips to the garden centre are much enjoyed.



### Eating well – our passion for food

We pride ourselves in serving cuisine of the highest standard, using locally sourced ingredients. We are also very health conscious when it comes to food preparation. Our chefs use only fresh produce and pay close attention to any dietary requirements requested. Meals are served in our elegant conservatory overlooking the beautiful gardens, with snacks and drinks available throughout the day and night as required.

#### Activities

We encourage our residents to keep active and do as much as they can for themselves, maintaining interests and hobbies. Enrichment through social activities is available for all residents if they wish to participate, and our programs are founded on knowledge of information shared

We are fortunate to have so much space to enjoy,. From the crafts room to our TV facilities Bridge House is well set up for community engagement in style. A grand piano is centre stage in the drawing room to entice those who play.

Our library (or snooze) room, is a wonderfully snug environment to enjoy a good book (or escape for a nap).

We have an excellent rapport with the local community with entertainment from local schools on occasion. We are also able to get out and about with our specially converted mini bus and frequently enjoy visits to garden centres and special events.







# Visitors are always welcome

There are no restrictions on visiting times and we do not limit numbers of visitors so families can come together (Unless friends and relatives have been informed of circumstances that may prevent this).

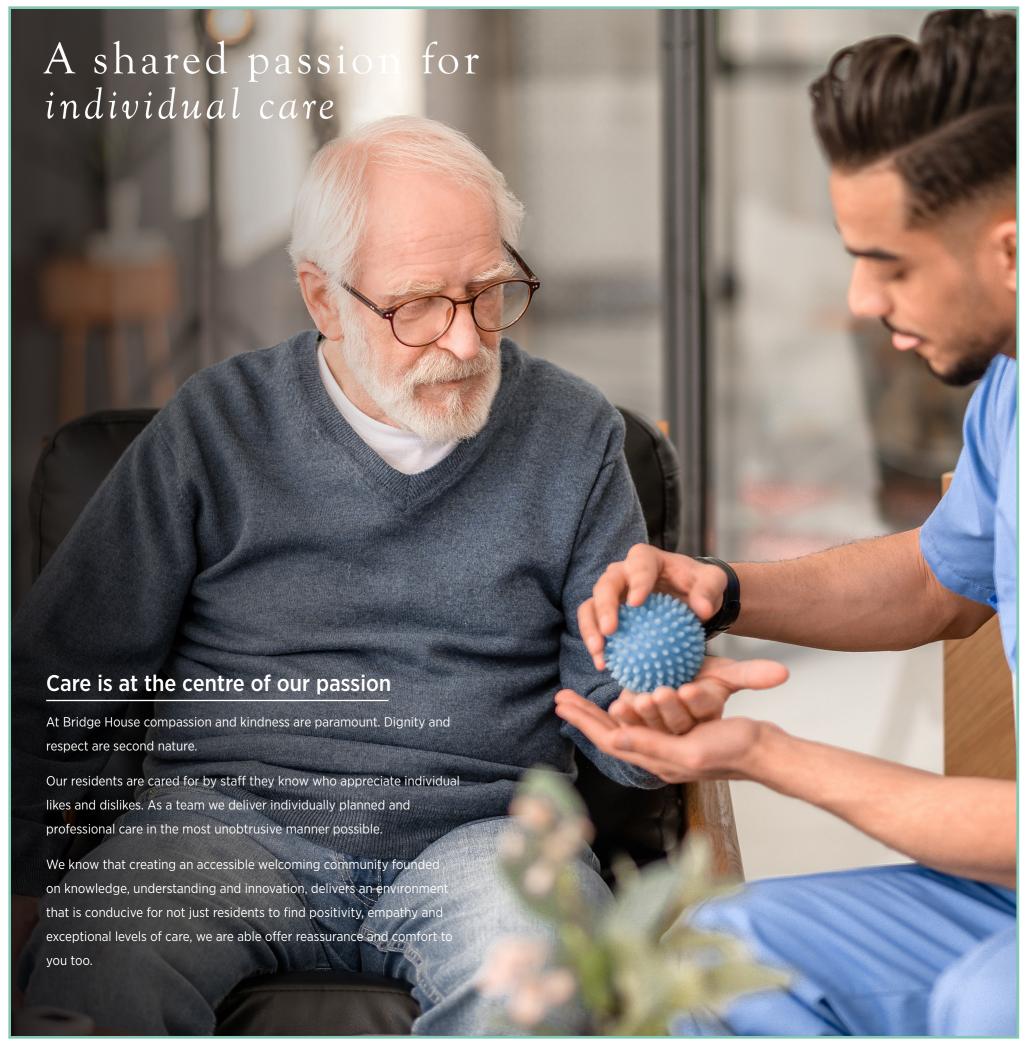
There are areas plenty of areas around the home for residents to enjoy some quality time with a loved one, our café area is a firm favourite with families and friends who enjoy the relaxed environment. We also welcome well behaved family pets when visiting.

# Feeling well, looking better

We know wellbeing is not just about how we feel inside, our hair salon is open to residents every other week with a hairdresser visiting to make residents feel and look their best.

A specially set up room is available for therapies and we also have a nail and foot spa in operation to ensure the finer details are looked after.





#### Living with us

Our private admissions support those who need general long term care or dementia needs, or shorter term respite and rehabilitation.

Pre entrance assessments take place in advance of admission, working closely with families and professionals to ensure that there is an understanding of where a person will best fit. Our teams are very much part of this process to aid as smooth a transition as possible should the placement be made.

#### Long term care

Our care and support at Bridge House is warm, friendly, inclusive and above all, authentic. Independence, privacy and freedom of choice is paramount in every aspect of your treatment and enjoyment of life.

Our high-level staffing ratio, is led by Registered Nurses supported by highly trained skilled practitioners giving specialist care around the clock.

We follow bespoke programmes designed to reflect the individuality of every need ensuring every resident feels safe, secure and at ease, upholding confidence and maintaining dignity and self-esteem.

### Respite - helping you live with dementia

A short break surrounded by our experienced and truly caring staff can greatly contribute to recovery following an operation or illness.

Our outstanding nursing care combined with tempting food, superb facilities and surroundings help residents get back to being independent.

The respite process builds reassurance for both our residents and their families and in the longer term can help all concerned feel more comfortable about future outcomes, encouraging confidence and understanding should a transition to Bridge House be required on a longer term residency, understanding what to expect can be an immense relief to all involved.

#### Rehabilitation

We are unique in offering a team of therapists for in-house rehabilitation therapies. Our Physio team has demonstrated ground breaking results, working to medical recommendations and plans.

For those needing additional support with ongoing symptoms from Long Covid, or looking to gain confidence following an operation, fall or stroke, we can enhance progress through our therapeutic short term rehabilitation, giving our residents time to recover and find their feet.

Our state of the art facilities and nursing is set up to ensure recovery is managed in accordance with each plan, giving time and additional support before a return home.

#### Our care

Our high-level staffing ratio, is led by Registered Nurses (RGN & RMN) supported by highly trained skilled practitioners giving specialist care around the clock. Staff are trained to offer a supportive, calm, consistent approach to the needs of each individual.

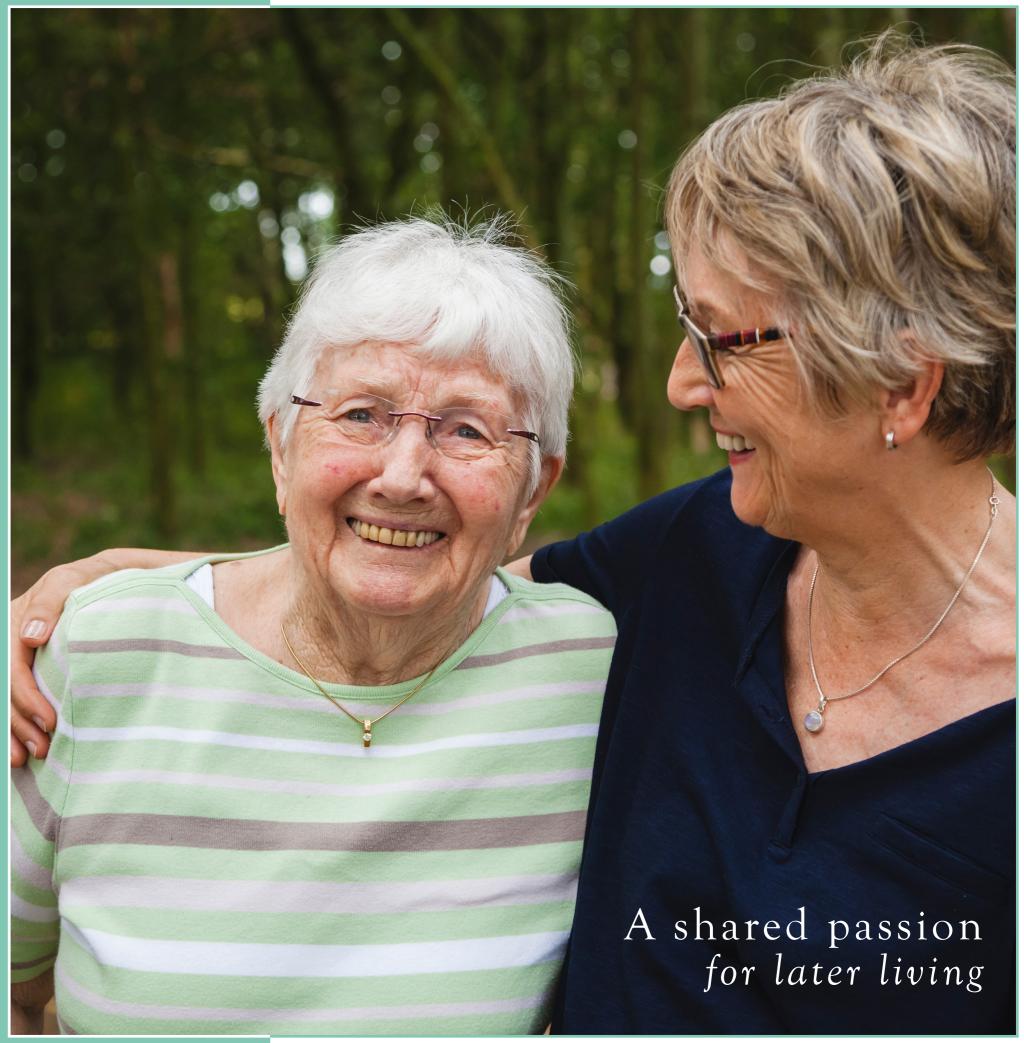
Each resident will have a bespoke programme created to make every resident at Bridge House feel safe and secure.

Working closely with doctors, our practitioners will often review medications and reduce levels in order to make every resident feel at ease, maintaining dignity and self-esteem.

But our care also extends to families - We understand how hard a move away from the family network can be, we are here to support you.

We are here to sustain the needs of every family or individual who comes to us, we work together, through sensitive collaboration that helps us gain an understanding of unique needs. From an initial assessment and evaluation, to maintaining a continued dialogue we work together so there is continued understanding and support as care needs change over time.





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