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## Bradwell Hall NURSING HOME

Bradwell Hall extends a warm welcome to you. If you would like to visit the Home or require any further information, we will be pleased to assist you.

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# Bradwell Hall NURSING HOME

CHOICE, DIGNITY & RESPECT



## WELCOME - Our doors are always open, visit any time of day or night....

**Through the corridors of Bradwell Hall, you'll notice the fragrant scent of fresh lemons.**

You'll notice comfortable furnishings designed to maintain the high standards that our residents enjoy.

Moving to a care community is one of the biggest decisions any of us has to make, so being well-informed is important for peace of mind. That's why our doors are always open and you're sincerely welcome to visit at any time of day or night.

If you visit, you'll be shown around in person, with a guide on-hand to answer all of your questions. You can choose which accommodation (we have 5 wings, for different levels of support), facilities and anything else you'd like to see because we're confident about the high standards maintained across all areas.

The big difference here is the 'home-from-home' we've created since 1988 - something that has developed from our own residents' feedback. Along with exemplary medical care and modern facilities, this is the reason we perform so exceptionally well in the quality checks carried out by multiple governing bodies, who inspect us on a regular basis.

We're fully compliant with the Care Home Regulations and continually use outside consultants to keep us at our best.

In short, living with us means choice, dignity and independence - as any adult should expect. We believe in providing the highest standards of necessary support, but delivered in a way that suits the individual, giving choice over their care plan and daily life.



## BRADWELL LIVING...

### Care and comfort, as you choose

Set amongst 4 acres of landscaped gardens, our five wings are home to residents who live solely with others requiring similar care. From minimum personal care, through to extra medical staff and equipment to support those with dementia, each facility is safe, secure and comfortable.

We believe that any person moving into a care home should be able to continue with a normal independent life as far as possible. This means that they choose how they'd like to live and the level of care they wish to receive, also taking into account the views of family members. Although rooms are decorated to be comfortable and cosy, we invite residents to personalise their space.

### Hobbies, interests & outings

Living at Bradwell Hall Nursing Home means a colourful collection of activities and hobbies in which residents can take part as often or as little as they like.

Thanks to our open door policy on every wing, we receive constant feedback and requests for trips or outings from residents, which we arrange on request. Every wing is led by an activities coordinator who ensure that quality, meaningful and fun activities are a priority.

But of course, activities aren't for everyone. Some residents prefer something as simple as a newspaper waiting for them each morning, or to curl up with their favourite book in their bedroom or quiet rooms. There's no pressure from us, just an eagerness to offer day to day enjoyment.

We know that Bradwell will never replace home, but we strive to create something that's a 'home away from home' as best we can by truly listening to the people who live here. We provide the facilities and choice of places to spend time, either in a group or alone, simply to give choice and control.

### Bedroom Facilities...

- Comfortable bed and seating
- Storage
- Elegant decor
- Nurse call-system
- Television point
- Toiletries
- Majority with en-suite
- Shared rooms available for spouses

### Just a few of our activities...

- Day-trips (group or individual)
- Gardening
- Shopping
- Horse racing nights
- Art and craft
- Musicians
- Local attractions
- Themed afternoons and events

# FOOD & DRINK...

## Variety is the spice of life in our restaurant-standard kitchen

Our in-house chef prepares dishes that are healthy and delicious with input from a nutritionist. A mix of both new and classic favourites, we make sure there are choices at every meal and even then, if any of our residents don't like what's on offer, we will still cater for them individually.

Just a few meal options might typically include:

### Breakfast

Fresh fruit, juices, cereals, a hot buffet of toast, beans, tomato, cheese, oatcakes and a fully cooked breakfast offered at weekends.

### Lunch

Roast silverside of beef and Yorkshire pudding; or chicken casserole with mashed potato, roast potato and seasonal vegetables.

Rice pudding or apple pie and custard; fresh fruit, tea and coffee.

### Dinner

Soup of the day, cottage pie, or roast ham sandwiches with fresh salad and accompaniments.

Victoria sponge cake, fresh fruit, jelly, ice cream and yoghurt.

On-site chefs are approachable and friendly and our residents often make requests which are put into practice wherever possible, because as we all know, your favourite meal goes down a treat. These are just some of the small touches that we pride ourselves on.

### Examples of special diets we cater for...

- Gluten free
- Vegetarian
- Wheat free
- Dairy free

### We celebrate!

- Pancake day
- Easter
- Public holiday meals
- Christmas
- New Year
- Monthly buffets
- Birthday cakes
- And more...

### Snacks available 24/7

- Cereal
- Fruit
- Toast
- Sandwiches
- Soup

Confectionary and alcohol are available from our on-site shop, as well as toiletries



# VISITING ...

## Visitors are always welcome at Bradwell

Friends and family are welcome to visit our residents at any time. We don't place any restrictions on visiting times or days because we believe that seeing friends and family when you please is a crucial part of a happy, independent life. Pets are also welcome, though we do request that they're well trained.



# 360° CARE...

## Those best equipped to provide care, are caring people

It comes as no surprise that we have a thorough selection procedure to ensure our staff members are of the highest calibre. Each member of our team is heavily referenced and must possess the sunny disposition that makes them pleasant, polite and able to build friendly rapport with residents in the long-term.

All employees undergo regular training that is in-line with national regulations, as well as our own bespoke training in skills and awareness that we think will develop our team as caring individuals.

## Quality care, without interruption

We operate a secure IT system to store residents' information, from care plans and medical needs right through to the smallest detail of food preference, activities, feelings and experiences on a day to day basis.

The system means there is information readily available and continuity when one member of staff finishes work for the day and another begins. This is crucial in order to provide consistent quality care and to remove any frustrations amongst residents.

## Care development

When residents first join us, we make sure that we find out as much about them as possible, to ease their transition. This means speaking to them, friends and family, GPs and past care homes, if applicable.

We arrange an appointment with our medical coordinator who carries out an assessment of needs, recording important information like weight, blood pressure, fluid balance and so on. With this information, a doctor will conduct a medical visit, then our staff can collaborate with the individual to decide upon their care plan, allowing them to decide how they want to be cared for.

Based on constant feedback and subtle monitoring, care plans develop in-line with the needs of the individual and we are fully equipped to adapt and maintain the best standards of living, regardless of any changes.

### Doctors

Visit Bradwell to conduct rounds at least 3 times a week. They oversee the treatment of any medical conditions and offer a GP service to any residents, if needed.

### Clinical leads

Qualified to a high medical standard, they coordinate care plans and any medical issues. They are an on-site source of medical information for nurses and care workers at all times.

### Experienced Nurses

Understand the differing needs of residents. Our nurses are able to provide the medical care and checks required on a daily basis. They are vigilant, empathetic and listen to the needs of residents.

### NVQ-qualified Care Workers

We operate a high ratio of care workers to residents, meaning they can take the time to build rapport with residents, to get to know each other and create a comfortable environment of trust.

# FUNDING & CONTINUING CARE...

## Funding

Many people are eligible for funding from Social Services, for which we can offer guidance and support. Alternatively, we offer fair and comprehensive price-plans for any privately funded residents..

## Continuing care

If you're eligible, the NHS offer a package of continuing care provided outside the hospital, either at home or in a care facility like ours.

Continuing healthcare is free so, if you chose Bradwell Hall and meet the criteria, your accommodation; healthcare, board and any other fees will be paid for by the NHS.

If your local authority is funding your accommodation, you have the legal right to choose which care facility you'd prefer to live in. As long as social services agree that our facility meets your needs, you can choose us.

If you choose to live in a care facility where the accommodation fees are higher than that of your normal living costs, a friend or relative may be able

to 'top-up' the difference, so that you can still live in your preferred accommodation.

For further details, please contact your local health authority, or ask us – we'll answer any questions as best we can.

# NEXT STEPS...

## Meet us in person

If you are ready, we sincerely welcome you to visit us at a time and day of your choice. Simply contact us by telephone or email to get to know us a little better and to arrange an appointment. We'll be able to answer any questions because we're transparent in the way that we work and live. Please treat this appointment as an opportunity to really get to know us, to decide if Bradwell living fits in with your way of life.

We hope to meet you soon and wish you the very best in your choice of new residence.

