

# Who we are

## a fresh approach to care

In Home Care take a fresh approach to care; our aim is to deliver excellence and reliability. Every client receives a professional, friendly and caring service from day one. Equally we are committed to our staff, ensuring they receive effective training together with strong management support, empowering them to do a great job.

For many people staying independent isn't always easy, and when you need extra support, it's good to know there's someone close by that can help. We provide practical assistance and support to help you remain independent in your own home, and live life on your own terms. We are here whether you need a one off visit, a daily call or round-the-clock care, seven days a week, caring for all adults 18+.

### Just some things we help with:

- Cooking, Cleaning and Laundry
- Companionship and Conversation
- Personal Care: Washing, Bathing and Dressing
- Medication Prompting and Administration
- Help with Getting Up and Going to Bed
- Days Out, Accompanying You to Visits/Appointments
- Complex Care including PEG, Stoma, Catheter and Epilepsy Care
- End of Life - Palliative Care
- Caring for Dementia by Specially Trained Staff

With many years 'care in the community experience,' you can be confident that our team will provide the quality assured care that you deserve, for as long as needed, in the comfort and security of your own home.



# Our services

## complex care

We offer a choice of flexible care packages from 30 mins to 24 hour 7 days a week, 365 days per year.

Not only do we offer general help with day to day tasks such as cooking, cleaning, companionship, personal care and medication, we also provide specialist care in the following areas:

Dementia and Alzheimer's	Pneumonia
Hip Replacements	Pressure Sores
Huntington's Disease	Psoriasis
Parkinsons	Pressure Sores
Cerebral Palsy	Spina Bifida
Strokes	Supranuclear Palsy
Cancer	Physical Disability
Learning Disability	Traumatic Brain Injury
Korsakoff's Syndrome	Palliative Care
Motor Neurone Disease	Catheter
Multiple Sclerosis	Colostomy & Stoma Bag
Osteoporosis	Cerebral Palsy

Our aim is to match your specific needs with the correct level of support, and the right carer!

We offer a free, no obligation care needs assessment, in your own home.

Call the team now on 01494 256688 to arrange your free, no obligation assessment.

telephone: 01494256688

email: [beaconsfield@in-homecare.co.uk](mailto:beaconsfield@in-homecare.co.uk)



## we take our responsibilities seriously

We are fully regulated and inspected by the Care Quality Commission and we take our responsibility very seriously.

All hourly carers are employed by 'In Home Care', this means we take full responsibility for their Income Tax and NI, sickness and holiday pay. They have all been through accredited training, Criminal Record checked (DBS) and references have been taken prior to starting in any placement.



### Natasha

Natasha is a vibrant caring person with many years experience working with the elderly and infirm. She is incredibly skilled and is dedicated to her work.



### Chloe

Chloe is patient and devoted to her role as a carer. She is very keen on home cooking and likes to indulge in this within her role of carer.



### Sylvia

Sylvia is like a burst of sunshine into everyone's life. She is always happy and positive in her outlook and enjoys meeting new people and helping wherever she can.



### Samantha

When Samantha is not working she enjoys spending her time with her horses and her family. She is extremely professional and is committed to delivering quality care.



### Thomas

As well as being an experienced carer Thomas is also a fully trained and skilled first response driver, (ambulance driver). And, he is staunch in his commitment to delivering a superb level of care.



### Emma

Emma has been working in the care industry for quite some time, including as a volunteer. She takes her responsibilities seriously and is a loyal and devoted carer.

## funding options for care in your home

### Keeping you and your home safe:

**Funding your own care:** If you don't qualify for local authority funding, or simply wish to be financially independent, you can arrange and pay for your own care. If you're using your savings to fund your care, we would strongly recommend you take professional financial advice.

**Local authority funding for care in your own home:** If you've been assessed as needing care in your own home, the local authority will make a financial assessment (known as a means test) to decide whether you qualify for funding. In simple terms, if you have more than £23,250 in capital (not including the value of your home) you will be asked to pay toward the cost of your care. If you have capital less than this amount, your income will be assessed instead. In this case, you will always be left with at least the basic amount of Pension Credit plus 25%.

**Direct payments/personal budget:** Having decided you qualify for funding, your local authority can offer you 'Direct Payments' (also known as a personal budget). This simply means they will give you the money directly, or they can pay us directly, thus allowing you to arrange your own care with 'In Home Care' as your preferred provider.

**NHS Continuous Healthcare:** Some people with long-term complex health needs qualify for free social care arranged and funded solely by the NHS. This is known as NHS continuing healthcare.

**State Benefits:** As well as funding for your care, you may be eligible for other benefits. These may include grants or subsidised loans for any necessary home alterations and adaptations, disabled facilities grants, warm front grants, and the government's Cold Weather and Winter Fuel payments.

**Do I have to sell my home to pay for care?:** Your home will 'not' be sold to pay your care fees whilst you remain in your own home, receiving care either hourly or on a permanent or 'live in' basis. Your home will be used to pay care home fees if you permanently move into a 'care home', unless your partner still lives there.

Currently if your capital is above £23,250 you're likely to have to pay your care fees. If your capital is under £23,250 you might get some help from the local council, but you may still need to contribute towards the fees.

People are now choosing to receive the care and support needed 'at home'. There are many reasons why this has changed in recent years. Care at home is now a highly regulated activity, with the Care Quality Commission inspecting and regulating all 'registered' providers. Dementia sufferers health and well being is improved greatly by remaining in familiar surroundings having family and friends close by.

### Are you claiming all that you are entitled to?

We would love to help with this,  
call us now on 01494 256688



# Dementia and Stroke - Spot the Signs

## Dementia: early warning signs

**Memory** - Everyone forgets where they put their keys now and then, but decreased short-term memory is one of the first, and most common, early symptoms of dementia. As the disease progresses, the symptoms become more frequent.

**Behaviour** - In some people, dementia shows itself in changed or inappropriate behaviour, such as attempting to remove clothes in public or shouting at strangers.

**Moods** - People in the early stages of dementia may suffer unusual and unexplained mood swings, such as bouts of sadness or depression unrelated to any particular event.

**Communication** - Dementia makes it difficult to maintain a train of thought. Sufferers may lose the thread of a conversation, struggle to complete sentences, or be unable to follow simple directions.

**Balance** - The condition can also affect a person's balance, leading to more frequent falls.

**Fatigue** - One of the most distressing aspects of dementia for many patients is that they lose interest in hobbies and activities they used to enjoy. They may simply sit in one place, often in front of a television; it is also common for sufferers to tire easily and require much more sleep than before.

## Stroke: the tell-tale signs

**Trouble seeing** in one or both eyes.

**Severe headaches** with no known cause.

**Confusion** difficulty in speaking or understanding.

**Numbness** or weakness of the face, arm or leg, especially on one side of the body.

**Trouble with walking** dizziness, loss of balance or coordination.

We are always happy to help with any questions you may have, please call us on 0204 5995624.



# Care option - hourly care

## the care you need - when you need it

**Daily - Weekly - Occasional - Ongoing  
30 mins to 24 hour care - Day or Night.**

Depending on your requirements will depend on the level of care required.

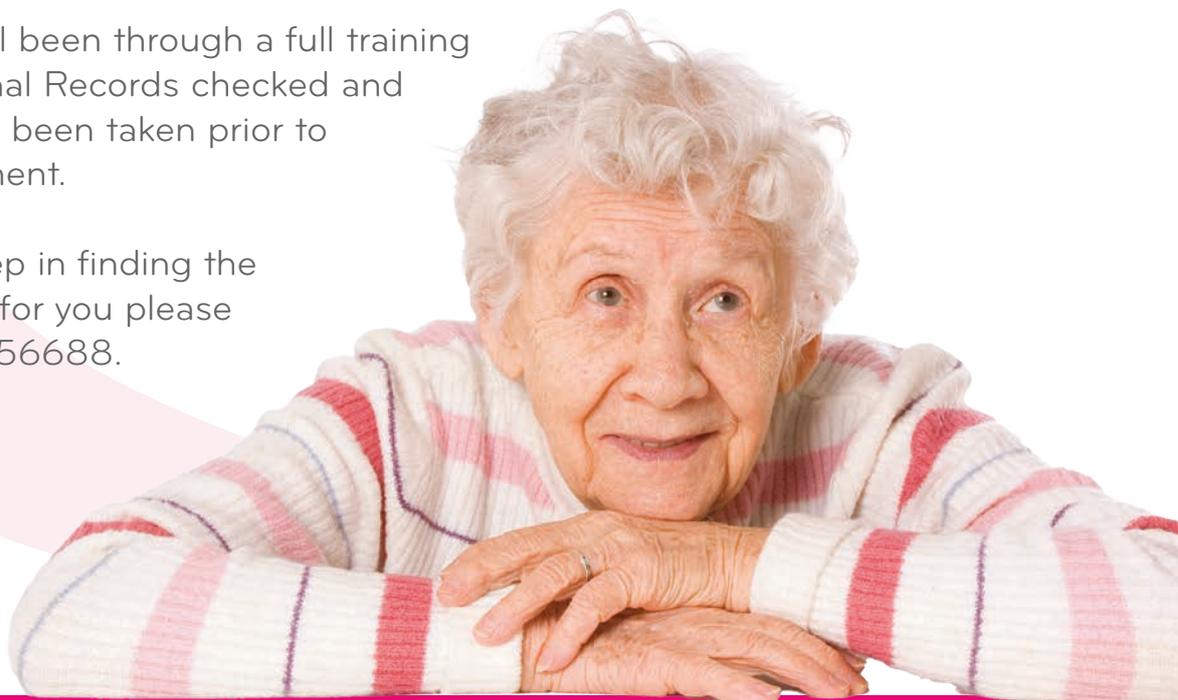
We have flexible, tailored packages to suit everyone. We can provide a one off visit, regular daily/weekly calls or 24 hour 'Live in' Care providing care 7 days a week, the choice is yours.

There are those times when extra help may be required, whether it's daily help with dressing or washing, a visit to the hospital or shops, or even accompaniment on holiday, we can provide the right care package to suit you. We also supply specialist care with individually created packages for those with particular needs such as our 'home from hospital' package, cancer care, or those suffering with dementia and other mental or physical disabilities.

As a company we are here to support you, your needs and your independence. We have an incredible team of management and careworkers, all chosen because of their genuine caring natures, friendliness and very high standards of professionalism. We take pride in the quality of our care.

All our staff have all been through a full training programme, Criminal Records checked and full references have been taken prior to starting any placement.

To take the next step in finding the right care package for you please call us on 01494 256688.



# Hourly care packages

## 3 simple steps to finding the right care for you

### STEP ONE

Which 'type of call' do you require?

'Our Pop in calls' are from 30 minutes long, we pop in and make sure you have everything you need, from help with medication, personal care or a spot of home cooking, day or night:

'Pop In' from 30 mins

'Our Day Break' calls are all designed to provide everything normally associated to the time of day:

'Breakfast Call' provides everything necessary to wake up and start your day happy and prepared for the day ahead, washing, dressing, breakfast, make your bed and laundry on.

'Lunch Call' a bite to eat, catch up with the news, help with writing a letter, and out for a walk maybe.

'Tea Time Call' home cooked meal, a chat about your day, reading the newspaper and maybe a game of scrabble.

'Supper Call' provides all the help you need to prepare for bedtime, warm, safe, secure and ready for bed.

'Dusk till Down Call' are 9 hours to 14 hours long and are designed for extra help and support throughout the day or night delivering the care you need, as and when you or your loved one needs it.

**'Live In Care' or 'Round-the-Clock Care'**  
**The Alternative to Residential Care Homes**  
providing you with care round-the-clock in your own home

**\*\*Bespoke care packages are always available\*\***

### STEP TWO

Which 'level of care' do you need;

**Companionship**

**Home Help**

**Personal Care**

**Respite Care**

**Convalescent Care**

**Dementia Care**

**Complex Care**

**the list is endless...**

### STEP THREE

To arrange your  
free, no obligation  
care assessment  
call now on  
01494 256688 take  
a step closer to the  
Care **YOU** deserve



## The 'real' alternative to residential care

'Live In' home-care is now a very real, and financially viable option to Residential Care.

Recent times have shown a shift in where people 'choose' to receive the care and support they need; and receiving care in your own home, is becoming the most popular choice in the UK. Not only does remaining at home, safeguard your home from paying care fees it keeps you in the place you love the most, your home!

We have experienced and dedicated 'Live in' carers who take care of all your needs, they are with you day and night, allowing peace of mind to you and your loved ones. All we require for our carers is their own comfortable bedroom, with a bed and TV. We take care of the rest.

We firmly believe that if staying in your own home is an option, then it is undoubtedly being seen as the best choice for most people, mentally, emotionally and financially.

We do understand that making a choice regarding care for yourself or that of a loved one is very challenging; it is our aim is to make the transition as simple as possible for everyone concerned. We are here to help you make the right choice.

To find out more about 'Live In' Care please call us on 01494 256688.



## The benefits for you

### Care at Home/Live in Care

- Remain in the comfort of your own home
- Your home won't be taken into consideration regards assets
- Your home will not be sold to pay care fees
- Live on your own terms
- Eat what you like, when you like
- Watch what you want on television
- Go to bed when you want
- Enjoy your pets
- Flexibility to choose the lifestyle you want
- See friends and family at any time
- One-to-one support from your regular carers
- Mental, emotional and physical health is optimised
- Funding and benefits may be available
- You can stay together, as a couple, in your own home with one carer- saving on care costs

### Care Home/Residential

- Move to an unfamiliar environment
- Possibly have to share a room and/or bath room and other facilities
- Eat set meals at set times
- Mental & physical health impacted
- There is usually a television lounge which is shared with other residents
- There are usually rules about bedtime
- Pets may not be allowed
- Permanent care is your only option
- Most homes will operate restricted visiting
- A team of carers work with all residents
- Your home may be taken into account and sold to pay care fees
- A couple will usually pay double the cost
- Well being can deteriorate especially for those suffering with dementia



# Our rates - hourly care

## Hourly charge rates

In Home Care personalise each Care Plan to meet individual needs and wishes. In Home Care Care's levels of care are detailed below.

### In Home Care Package

Our hourly care plan is designed to provide support with your everyday tasks. This level helps give security and reassurance of an In Home Carer, this package is for those who require assistance and supervision with personal everyday tasks.

- Personal care inc. washing, dressing
- Medication
- Meal preparation
- Light housework
- Catheter and incontinence
- Assistance with mobility
- Laundry care
- Pet care
- Assistance with mobility
- Shopping
- Support with Personal administration
- Arranging personal and medical appointments
- Arranging and accompaniment on outings and family gatherings and anything else!

### In Home Specialist Care

Our hourly specialist care plan is designed to assist those with more complex care requirements.

\*Should more assistance be required we can arrange this.

- Includes all aspects of in home care companion and personal care plan
- Specialist advisory depending on special needs
- Stoma and Catheter care
- Assistance during the night \*to a maximum of 2 visits

### End of Life (Palliative)

Our hourly palliative care service working in conjunction with the district nurse, GP and other specialist health care professionals. Our palliative service addresses the physical and psychological aspects of end of life care and aims to help the client and their family feel comfortable and supported.

- Includes all aspects of In Home Care Specialist Care. In Home Care provide non-medical care and work closely with you and your family, friends and physicians to establish individual wishes and priorities for care
- This service provides care needs, combined with psychological social and support services
- Implementing, evaluating and reporting on weekly goals for re-ablement
- Includes personalised care plans including turn charts, nutrition charts and fluid charts, as necessary

### Dusk till Dawn or Dawn till Dusk - 8 to 12 Hours

Care by the day or night, either for reassurance and comfort, or in the more serious of instances where an 'awake' carer is required to provide constant care throughout the day or night.

- Asleep Night Care
- Awake Care Night Care
- Day Care (Long Sits)

### Additional Information

- Please check with your local branch for prices.
- Fully CQC regulated and compliant.
- VAT is not chargeable on any fees.
- We welcome the care of couples, and will draw up a plan to suit.
- Bespoke plans may be discussed to suit your circumstances.
- We are fully insured with regards to public and employer liability.

# Our rates - live in care

## Live in charge rates

In Home Care personalise each Live-In Care Plan to meet individual needs and wishes. In Home Care's Live-In Care charges and levels of care are detailed below. Couples welcomed.

### Home from Hospital (re-ablement) with In Home Care

This 6 week Live-In Care Plan is designed to assist our clients with the short term adjustment of returning home from hospital. The Carer will assist the client to achieve weekly goals to ensure they can return to living independently within 6 weeks or have a reduced care package with domiciliary visits.

#### Cost dependent on assessment

- Preparation and cleaning of the home prior to return
- Stocking food, washing and changing bed linen
- Implementing, evaluating and reporting on weekly goals for re-ablement set by OT
- Assisting the client to regain confidence to live independently in their own home and return to living within their community
- Supporting the client as required with personal care, housework, shopping and cooking ensuring nutrition is maintained to help prevent readmission

### In Home Care Companion Care

This live in care plan is designed to provide support with everyday tasks with the added security and reassurance of having an In Home Carer

- Supervision of personal care
- Prompting medication
- Meal preparation
- Light housework
- Light garden maintenance
- Laundry care
- Pet care
- Shopping
- Arranging personal and medical appointments
- Arranging and accompaniment on outings and family gatherings

### In Home Care Personal Care

The In Home Personal care plan is designed for those who require assistance and supervision with most everyday tasks.

- Includes all aspects of in home care companion care plan
- Full assistance with all aspects of personal care
- Medication administration
- Catheter and incontinence
- Occasional assistance during the night

### In Home Care Complex Care

The In Home Specialist care plan is designed to assist those with more complex care requirements.

#### Cost dependent on assessment

- Includes all aspects of in home care companion and personal care plan
- Administration of medication
- Assistance with mobility
- Stoma and Catheter care
- Assistance during the night to a maximum of 2 visits

### End of Life (Palliative)

In Home Care offer a specialist palliative care service working in conjunction with the district nurse, GP and other specialist health care professionals. Our palliative service addresses the physical and psychological aspects of end of life care and aims to help the client feel comfortable and supported.

#### Cost dependent on assessment

- This service provides care needs, combined with psychological social and support services
- Implementing, evaluating and reporting on weekly goals for re-ablement set by OT
- Includes personalised care plans including turn charts, nutrition charts and fluid charts, as necessary

### Additional Information which is applicable for all In Home Care Plans:

Please check with your local branch for prices. VAT is not chargeable on any fees. In Home Carers require two/three hour break each day and seven hours sleep in each 24 hour period. Breaks may also be covered, please ask us! Bespoke plans may be discussed to suit your circumstances. Couples welcomed.