

WHERE CARE COMES FIRST



RESIDENTIAL CARE
DEMENTIA CARE
PALLIATIVE CARE
RESPIRE CARE

Welcome

Welcome to Aveley Lodge Care Home, a warm, family-run, award-winning home in the peaceful village of Fingringhoe.

We provide exceptional residential, dementia, and respite care in a beautiful rural setting. Our home is rated "Good" by the Care Quality Commission (CQC).

We focus on comfort, convenience, and compassionate care tailored to each person's unique needs, including dementia and palliative care. Everyone here is valued and respected as an individual.

We care for up to 28 residents, each with their own private bedroom and ensuite bathroom. We encourage residents to bring personal photos and favourite belongings to make their rooms feel truly like home.

Located near Colchester in Essex, Aveley Lodge enjoys easy road and train connections to nearby towns and cities

across Essex and Suffolk, including Dedham, Ipswich, Chelmsford, and London.

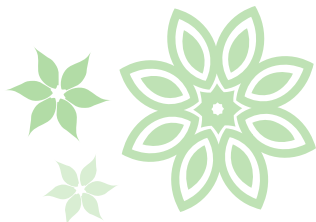
Our single-floor bungalow design means no steps or lifts, offering a safe, tranquil space where residents can feel instantly at home. Outside, our gardens and patios welcome plenty of wildlife and have smooth, wheelchair-friendly paths for peaceful walks. Inside, comfy community rooms and private bedrooms create a warm, inviting environment for all.

We focus on comfort, convenience, and compassionate care tailored to each person's unique needs.





“Snuggle up with a warm cup of tea and a good book in one of our quite corners.”



ABOUT US

Our home is one of peace and relaxation yet filled with opportunities. We are dedicated to delivering outstanding person-centred care that empowers individuals to make their own choices. In our safe and supportive environment, designed to feel like home, we are passionate in helping our residents re-discover their independence in day to day living.

We tailor each resident's experience, taking into consideration their own emotional, psychological, physical, and medical needs, as well as personal lifestyle preferences. We care about making sure all our residents are happy and healthy in their new place of residence and to feel at home right from the start, therefore we focus on the tiny details that make each person unique. At the heart of our approach is the belief that life should be loved and enjoyed.



Our mission is "Care Comes First" and our aim is to make a meaningful difference to all, providing peace of mind to our residents themselves and their families.

Our core values are Dignity, Respect, Independence, Choice and Information. These principles are deeply rooted in empathy, sensitivity, thoughtfulness and respect and are central to all that we do.

"We are dedicated to delivering outstanding person-centred care that empowers individuals to make their own choices."

IMAGE: The views are stunning and change season to season bringing a deep connection to nature.



OUR CARE

We offer the following types of care:

Residential Care: Residential care is long-term care for people who are finding living on their own a challenge and who may require help and assistance with day-to-day activities. Residential care offers the perfect balance between maintaining independence and having support on hand. Our residential service is designed to create a safe, positive and supportive environment, promoting independence, and maximising the potential for meaningful engagement in daily life.

Dementia Care: At Aveley Lodge, we are committed to providing the unique and skilled care that those living with the symptoms of Dementia. This can include memory loss and changes with behaviour. Dementia is a complex condition and its impact on individuals and their families can be profound. It's important to recognise that dementia is a decline in cognitive function, affecting memory, reasoning, communication, and the ability to perform daily activities. Conditions like Alzheimer's disease, Parkinson's, vascular dementia, Huntington's disease and Lewy body dementia are all common forms of dementia, each with its own unique

challenges. We work with the individual resident and their families at each step of this challenging journey, treating every individual with respect and dignity, whilst enhancing personal wellbeing and encouraging as much independence as possible.

Palliative Care: Palliative Care, or sometimes known as End-of-Life Care, provides much needed comfort and support for those with severe or life-limiting illnesses. Our dedicated care team ensure that our care is delivered sensitively, allowing a person to pass away with dignity and respect.

Respite Care: Respite Care, or sometimes known as Convalescent Care, is short-term care designed to help people recover from an operation or illness. It is also designed for those persons whose regular carer is resting or unable to care for them, so that our team members may support them on a temporary basis.

“Residential care offers the perfect balance between maintaining independence and having support on hand.”



We are very proud of the luxurious standard of accommodation and the high standards of both care and living environment offered by our lovely home. Our facilities are thoughtfully designed to enrich the lives of our residents. We pride ourselves on providing and promoting a bright, warm and welcoming environment. Our home has many of life's simple luxuries such as comfortable armchairs, a cup of tea in a cosy bed and beautifully maintained gardens.

Activities & Dementia Areas

Whatever your hobbies and interests are, there is always something for everyone, every day. We offer support for those living with memory loss. Our various dementia areas are placed around the Home with activities panels to engage those that wander and invoking previous memories. They are designed to support residents living with dementia, offering an inspiring yet safe environment to explore these panels.

Relaxing Lounges

We have three unique lounges. The Cinema lounge is a lovely option for residents who want to relax and enjoy a great film. This space also doubles up as our library with

Whatever your hobbies and interests are, there is always something for everyone, every day.

smart and relaxing surroundings for our residents to read a newspaper or novel. We have a lovely range of books available, and residents can relax and enjoy a coffee or tea whilst reading. With patio doors out to our rear landscaped garden and its stunning views of the countryside, this lounge is a great place to watch wildlife and is very popular amongst all our residents.

Our Quiet Lounge is a wonderful little area in the centre of the Home for those residents wishing to catch up with friends or relax in peace.

Our Main Lounge overlooks our wonderful Mediterranean courtyard. Residents can choose to sit and relax watching TV, socialise with friends or to take part in any activities that are going on.





Hair Salon & Nail Bar

Providing hairdressing services, relaxation therapies and styling from the comfort of our home, our Hair Salon and Nail Bar are the perfect place to relax and unwind. We have a resident hairstylist, who is available twice a week to all residents. You are also more than welcome to invite your own personal hairdresser or wellbeing therapist to visit if you wish.

Relatives Room

At Aveley Lodge Care Home, we don't just cater for our residents either. Families and friends are warmly welcomed to Aveley Lodge. We consider visiting an essential way of ensuring that our residents get to stay in touch with loved ones. Our Relatives Room therefore is a perfect, relaxing space for all visitors to enjoy. Tea and Coffee making facilities are available 24/7 along with freshly baked home-made goods by our very own Chefs every day to help make your visit to us that extra bit special. With a comfy seating area available as well, it also acts as a quiet and reflective space for relatives needing some private time to themselves.

Our facilities are thoughtfully designed to enrich the lives of our residents and are all aimed at promoting relaxation and well-being.

Comfortable Dining Rooms

We offer a dining experience that enables residents to maintain their independence, dine with dignity and encourages social skills. While residents have the option to dine in their own room, we actively encourage residents to eat together in one of our two dining areas so they can make the most of this valuable social time. Our dining tables are always laid with full tablecloths, place mats, napkins, assortment of condiments and flowers to help enhance the dining experience while the food is served by our dedicated care team. We love it when friends and relatives join our residents for meals too and they are always welcome at our food taster days, themed events and afternoon teas or any function where residents and their families would like to celebrate together.



Landscaped Gardens & Grounds

We welcome all individuals to experience our peaceful yet stunning landscaped garden hosting an abundance of wildlife and uninterrupted views across the Roman Valley onto Donyland Woods.

Throughout our rear garden and courtyard areas, we have carefully selected sensory plants that engage all senses.

Whether you require a private area with family or a tranquil space to retreat for reflection, our gardens provide the perfect spot to relax.



All our meals are prepared freshly each day onsite by our team who are dedicated to using seasonal ingredients and locally sourced produce. The fruit, vegetables and herbs we serve are either grown in our very own garden by the residents as part of their Gardening Club or are sourced from our local greengrocer. Our fresh meat also comes from our local butchers, helping us to support the local community too.



Dining & Nutrition

We are committed to helping our residents to eat well and stay hydrated. Our award-winning chefs are passionate about delivering a diverse range of meals, tailored to accommodate every preference and dietary need.

Our meticulously planned menus feature well-balanced, nutritious and wholesome meals, where traditional dishes are served alongside international cuisine providing plenty of choice.

Our menus regularly evolve to accommodate changing food preferences, seasonal availability and nutritional needs but there are always the classics available on the menu, such as fish and chips on a Friday and roast dinners on a Sunday.

Rooms

Our first-class accommodation is based on three room grades: Standard, Superior and Deluxe. All bedrooms, irrespective of grade, come with their own private en-suite facilities and are spacious, bright and well equipped with modern furniture designed for the care environment. They also have the latest wireless nurse call systems so that an individual can request

“We know moving can feel overwhelming, so we do everything we can to ensure your transition is as smooth and enjoyable as possible.”

assistance at any time day or night. We have focused on creating a unique ambiance for our residents, accentuating the spaciousness of their private bedrooms with thoughtful details and modern design elements. Every corner has been designed with a focus on comfort and aesthetic, encouraging residents to feel at home within their own sanctuary.

At Aveley Lodge, we always remember that this is your home. Our team is here to help with any requests or needs you may have — so your space truly feels personal and comfortable. We know moving can feel overwhelming, so we do everything we can to ensure your transition is as smooth and enjoyable as possible.

Standard Room

- Generally located around the sides and front of the home or with windows overlooking the delightful internal Mediterranean-style courtyard garden.

All of these rooms are spacious & bright.

- This room comes with an en-suite facility
- Well equipped with modern furniture designed for the care environment.
- Wireless nurse call systems so assistance can be requested anytime day or night.
- Standard 32" LED Flat Screen TV.
- Optional use of Wi-Fi to enable the use of WhatsApp and FaceTime however please be aware extra charges will apply to the monthly accommodation fees for this service.
- Access to Sky Q TV is available (Sky Q is a private agreement/contract between the resident and Sky TV. This agreement/contract is fully independent of Aveley Lodge Care Home).
- A complimentary chiropody service is also included in this room grade
- The use of our hair salon is at an additional charge.

Superior Room

Same as the Standard Room but with these additional features:

- Located to the rear and middle areas of the home with French doors offering simple and easy access to our beautiful, landscaped garden, or the delightful central Mediterranean style courtyard garden. Two rooms at this grade have their own private outdoor decked garden area. All of these rooms have a larger floor space meaning they are generously spacious and bright.
- Large 43" LED Flat Screen TV.
- This room comes with complimentary Wi-Fi to enable the use of WhatsApp and FaceTime.
- Complimentary use of our hair salon on a weekly basis.



Deluxe Room

Same as the Superior Room but with these additional features:

- Located to the rear of the home with French doors offering simple and easy access to our beautiful, landscaped garden and views of the countryside. These rooms come with their own private decking/patio area making a delightful place to relax with family and friends whilst enjoying the stunning and peaceful views, all accessed directly from your own deluxe room.

GET IN TOUCH

Aveley Lodge Care Home are committed to delivering the very best care and service by listening to you and learning from your experiences. We aim to provide a caring and professional service to all.

We believe that transparency and open communication are essential in building trust and ensuring our residents and their families feel confident in their decisions.

Our team is dedicated to providing the highest standard of care, support and information, making the transition into our home a positive and enriching experience for all involved.

If you have any questions or have an enquiry about any aspect of our home, or would like to come and visit us, please feel free to contact us.

We look forward to hearing from you!



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