

## **ABOUT US**

It does not matter if all you need is a little help around the house, assistance with personal care or full-time support. At Assured Optimal Care, we assess your needs to provide a tailored service based on your requirements.

Assured Optimal Care only hires experienced care staff who respect your independence. We empower your family and friends to be more directly involved with your care, without compromising on the quality of our services.

We are here to support you, all from the comfort of your own home, one hour each day or living with you. Your requirements may change. This is why our services are adaptable every step of the way and you will receive the highest standard of service while under our care.

For more information about the services described in this brochure and to find out how we can assist you in living life to the fullest, please call us or visit our website.

## **OUR DOMICILIARY SERVICES**

We can support you with many different household tasks or complex care, including:

- Personal care,
- Companionship,
- · Grooming, bathing and dressing,
- Shopping and daily routines,
- Wake-up and getting ready for bed,
- Medication and healthy diet reminders,
- Housekeeping, ironing, cleaning,
- Stimulating conversation and warm friendship,
- Various social activities and events,
- Sharing in hobbies in and out of the home,
- Accompanying to appointments and transportation.

## **OUR SPECIALIST CARE**

If you or your loved one require more complex care and assistance, Assured Optimal Care can provide the following specialist services:

- Alzheimer's care
- Dementia care
- Mental health care
- Palliative and cancer care
- Physical disability care
- Neurological disorder care
- Respite care

## **HOW WE DELIVER**

The steps below highlight the fundamental phases that Assured Optimal Care follows to deliver a care service bespoke to your own needs:

- 1. We receive your enquiry, examine your requirements, specify an overview of the services we can offer and their prices.
- 2. We visit your home and perform a care and risk assessment. Doing this allows us to present a care package which is truly responsive and safe.
- 3. You and your family work with us to finalise your own care plan.
- 4. We find carers who will support you according to your care requirements and organise a meeting for you to meet them. If any additional preparation is required, we can also arrange this.
- 5. Your care begins.

\*\*\*We realise that in a crisis, care must start immediately. If this is the case, we will shorten our service process and begin an urgent assessment to support a faster response.

