

amberley lodge

“Specialising in caring for the elderly with Dementia and Nursing needs in a friendly and loving environment.”



Our Home

Welcome to Amberley Lodge Nursing Home, a privately owned Nursing Home and is registered with CQC to provide Nursing care for up to 17 people over the age of 65, who have Dementia.

Each time we meet a new person and their families we learn about a different interpretation of what care means to them. We evolve with each person and care for them how they see it.

We strongly believe that the Residents, their Families, Friends and Representatives should be able to influence decision making, which we believe has helped us become a true "Home away from Home".



Location

Amberley Lodge is situated approximately half a mile to the West of Worthing town centre and equidistant between the railway stations of Worthing and West Worthing.

There are local shops within a five minute walk away towards West Worthing and further shops approximately half a mile to the south at the Sea Front, where there are many restaurants, hotels and the Worthing Pier. The surrounding area is mainly residential and made up of principally large Victorian houses.

"I would thoroughly recommend it to any of my friends. I find it excellent. It's a very good place to care for people with dementia."

– by a relative as stated in CQC report 2022

Our Services

We believe that everyone should be able to live their lives the way they choose; that's why our service is totally focussed around you and your needs. We offer a homely environment with a loving and devoted team, which allows you to feel at home, respected and well-looked after. We work to get to know who you are, what you like and how we can support you in the best possible way. We have over 750 years of care experience between us and this expertise allows us to deliver a service that is truly centred around you.



As Amberley Lodge is a small home, we are able to offer that little extra care and attention to make you feel completely at home and at ease.

A personalised care plan for each resident is prepared on admission based on a thorough assessment. In addition, a day each week is set aside to discuss and review all residents' care plans to ensure their needs are being met on a day-to-day basis. This time is also set aside to give relatives and friends the opportunity to meet with us to discuss the needs of their loved one should they so wish. Regular visits are also made by qualified professionals including routine GP reviews, physiotherapists, chiropodists, speech and language therapists, occupational therapists and dieticians.

"I think there are enough staff at the home, there is enough time to chat to residents as well as help them."

– by a staff member as stated in CQC report 2022

Accommodation

Inside our stunning care home near the Worthing Seafront you'll discover bright and spacious single bedrooms, with wash basins. Our bedrooms are decorated in a range of contemporary themes, allowing residents to select one according to their own personal taste. All our bedrooms have fixed ceiling track hoists for those who need it as well as a Nurse call System.

Activities

We ensure that you have a wide variety of activities and supported past-times available. Everyone who lives with us is consulted on what they might like to do or have as entertainment. Depending on the needs of our residents we have exercise classes as well and gentle massage classes. We have music for health or picture recognition classes. All activities are based on the ability of the resident, so everyone can enjoy them.

We also organise regular days out in the stunning surrounding area so that our residents can feel a part of the local community and continue to live life to the fullest.

We also have regular parties and celebrations where our cooks put on a spread and we invite all relatives, friends and families and of course, the teams family too! These are wonderful occasions with all generations coming together within the home to have some fun!

Some of our activities include:

- wine and cheese tasting
- mini golf
- darts
- croquet
- picnics
- arts and crafts
- pizza making
- Amberley Adventures - where we 'travel' to a different country every month
- reminiscence times
- quizzes
- sensory activities
- poetry mornings
- exercise classes



Dining & Nutrition

Meals are served in the friendly comfort of our dining room.

Alternatively, residents may enjoy their meals in other areas including the conservatory or gardens, or in the comfort of their own bedroom.

Our fully qualified Chef freshly prepares a daily selection of wholesome meals from our own kitchen and is committed to using the best of locally grown and sourced produce and supporting local suppliers.

We can accommodate individual requirements, including vegetarian, gluten-free, and low sugar diets.

You can choose anything you want to eat if don't feel like eating what is on the menu. We are complimented on the food we cook almost every day and so we are really proud to serve three delicious, homely meals every day!

SUPPER MENU

Soup of the Day

Bubble & Squeak with Fried Egg

Choice of sandwiches or Scrambled Egg

Jelly and Ice cream or Choice of Ice cream or Fresh Fruits



Contact Us

We would love to hear from you.

Explore our wonderful dementia home for nursing and residential care near the Worthing seafront in West Sussex. We would love to show you around, so if you would like to know more, please give us a call.

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