



Welcome to
Alfriston Court
Care Home



Alfriston Court
CARE HOME

Quality care in beautiful surroundings



Quality Care in Beautiful Surroundings

‘There are 6,000 villages in the UK – and this one is the best... With a national park, vineyard and one of England’s greatest coastlines on its doorstep, the Sussex village of Alfriston has it all’ wrote The Telegraph in September 2023. Alfriston Court Care Home is an award-winning care home to match this exceptional place.

In 4 acres of land and with perhaps the best views in the village, Alfriston Court was an Edwardian country house and then a renowned boutique hotel before becoming a care home. Now owned by a hands-on, local family team we aim to provide a personal and bespoke approach to care in beautiful surroundings. The home itself retains much of that well-designed, home-from-home feel especially with its gracious common and resident rooms, and with unparalleled views across its own gardens and the Cuckmere River to the unspoilt South Downs.

Excellent care is at the centre of all we do. Rated as ‘Good’ by our regulator, the CQC, we offer 24-hour nursing care for permanent and respite residents in an environment that is centred around each resident’s personal preferences and needs.

Our team is like family:

**“They care deeply
about our residents
and each other.”**



We’re proud to have an exceptional, kind, and cheerful staff team. We attract the best staff and ensure they are kept up to date with best practices. The staff place an emphasis on building a rapport with each one of our residents, which is made possible because we are a smaller home. From our registered nurses and care staff to our kitchen staff and the activities ambassadors, everyone is highly experienced and committed to getting ‘the details’ right so that we can provide the best possible quality of life to each resident.

Excellent homemade meals and engaging activities

Our delicious, home-cooked meals are prepared using fresh, local ingredients. The menu is varied, changing with the seasons, and accommodating the residents' requirements. Afternoon tea includes homemade cake every day. Careful attention is paid to the enjoyment of life and mental health of residents. We have a dedicated activities team who host a range of daily, weekly, and seasonal activities, including art club, games, gentle exercise classes, regular live music, singing and theatre performances.

Our notice board in the reception area shows the weekly list of activities. We have no restricted visiting hours during the day and friends and relatives are encouraged to come and enjoy our warm and friendly atmosphere and to share tea or a meal with their loved one. All residents have the opportunity to feedback their views and preferences on all aspects of the home, with emphasis on food and activities, at the monthly Manager's Forum held in the sitting room with a glass of sherry. It is a well-attended, vibrant event which always leads to some positive changes.



Rooms and Garden

Our rooms are individually decorated and furnished in homely, country colours and fabrics. Many of our rooms are significantly larger than average with space to personalise with your own pictures and belongings. All our rooms have ensuite WC facilities and many have their own balcony or patio. Specialist profiling nursing beds and mattresses are standard, along with an upholstered resident's chair and visitor's chair, a touch lamp, smart television, large button private phone and Wi-Fi.

Views from the lounge and dining room are across our own gardens and meadows to the protected South Downs Park beyond which creates a stunning scene in all seasons. Our south-facing terrace creates a lovely suntrap for warmer days with views across the drive and the sunken garden to the village.

To truly get a feel for what we do and how passionate we are – viewing is highly recommended!



We offer care that is professional and welcoming

We provide residential care for those who are more able and independent and nursing care for those with higher needs. We are specialised and experienced in supporting the range of complications of older age such as difficulty with independent living, care for general frailty, respiratory, neurological and cardiac conditions, and palliative care.

Permanent Residential Care

Our rooms and home are designed to maximise your independence whilst removing the burden of domestic responsibilities with 24-hour care assistance and support. Some of our residents still continue with the regular features of their calendars while at Alfriston Court.

Permanent Nursing Care

We provide 24-hour onsite nursing care. We use advanced care planning to ensure the most accurate and responsive approach to all our residents' needs.

Respite Nursing Care

Respite care is two or more weeks of 24-hour nursing care and support, enabling the resident's usual carer to have some much-needed rest and relaxation.

What Types of Condition Do We Support?

This might be frailty associated with old-age, managing after a stroke or a heart condition, and those with declining health for example Parkinson's or cancer. Care plans are personalised with the input of health specialists such as physiotherapy.

We provide 24-hour palliative care for those with cancer and other terminal conditions. It is a privilege to support the person and their family and friends in what is an extremely difficult time.



Contact Us

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