




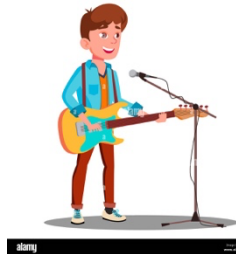


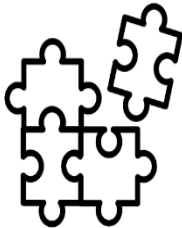






Activity Planner

Sample week for activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>AM Armchair exercises with James in the lounge!</p> 	<p>AM Hairdressing</p> 	<p>AM Quiz in the lounge</p> 	<p>AM Fun with children visiting from Saxon Pre-school</p> 	<p>AM Lounge activities with Gaynor Brown</p> 	<p>AM Live entertainment with GMF Music</p> 	<p>AM Sunday Service!</p> 
<p>PM Poetry club!</p> 	<p>PM Puzzles in the dining room!</p> 	<p>PM Reminiscing! You can bring items that hold a story or memory!</p> 	<p>PM Pampering!</p> 	<p>PM Balloon tennis in the lounge</p> 	<p>PM Exercise with the staff!</p> 	<p>PM Movies in the lounge!</p> 