



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 6 October 2025

DAY	MORNING	AFTERNOON
MON 6 OCT	HAIRDRESSER VISIT ARMCHAIR EXERCISE	POLISHING SHOES
TUES 7 OCT	ARMCHAIR BALLET WITH CARLA & ONE-TO-ONE CHATS WITH DELIA	THE CREATIVE SAND TABLE
WED 8 OCT	APPLE PRESSING AT HEST BANK	ARTS & CRATS
THUR 9 OCT	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	AN AFTERNOON OUTING
FRI 10 OCT	WORD ASSOCIATION GAME	JOLLY HOLLY
SAT 11 OCT	GAMES DAY	
SUN 9 OCT	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

Word association was first developed in 1879 by Francis Galton to assess differences in intelligence. Carl Jung theorized that people connect ideas, feelings, experiences and information by way of word associations.