



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 7th July 2025

DAY	MORNING	AFTERNOON
MON 7 JULY	HAIRDRESSER VISIT & ARMCHAIR EXERCISES	PIZZA MAKING
TUES 8 JULY	ARMCHAIR BALLET WITH CARLA	ARTS & CRAFTS
WED 9 JULY	SING ALONG WITH NURSERY RHYMES	GAMES AFTERNOON
THUR 10 JULY	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	FLOWER ARRANGING
FRI 11 JULY	BOWLING	CHEESECAKE MAKING
SAT 12 JULY	ENJOYING GAMES DAY	
SUN 13 JULY	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

Did you know cheesecakes were made in ancient Greece, possibly as early as 2000 BC. They were even served to athletes at the first Olympic Games. The Romans adopted cheesecake and further developed the recipe