



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 29th September 2025

DAY	MORNING	AFTERNOON
MON 29 SEPT	HAIRDRESSER VISIT WORD QUIZ	FILM CLUB
TUES 30 SEPT	ARMCHAIR BALLET WITH CARLA	LIBRARY VISIT
WED 1 OCT	HAND SPA WITH MARGARET	MAKING A HARVEST BASKET GIFT
THUR 2 OCT	HAIRDRESSER VISIT & ONE-TO-ONE CHATS	A VISIT TO ST MARY'S WITH A HARVEST BASKET GIFT
FRI 3 OCT	ENJOYING A SING ALONG	LAKES AQUARIUM TOUR
SAT 4 OCT	GAMES DAY	
SUN 5 OCT	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

Aquariums have ancient origins, with Sumerians in Mesopotamia creating artificial ponds 4,500 years ago, and later cultures, like the ancient Chinese who developed ornamental fish keeping and created the goldfish.