



*The Old Vicarage*  
*Allithwaite*

## Activities Timetable for the Week Commencing 19<sup>th</sup> May 2025

DAY	MORNING	AFTERNOON
MON 19 MAY	HAIRDRESSER VISIT	BINGO
TUES 20 MAY	ARMCHAIR EXERCISES WITH ALICE	FILM CLUB
WED 21 MAY	SING ALONG	GAMES AFTERNOON
THUR 22 MAY	HAIRDRESSER VISIT	TRIFLE CREATIONS
FRI 23 MAY	QUIZ TIME	A VISIT FROM HOLLY THE BORDER COLLIE
SAT 24 MAY	ENJOYING GAMES DAY	
SUN 25 MAY	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

The name "trifle" itself comes from Old French and can refer to something of little importance, fitting for a dessert that's easy to make. Recipes for trifles date as far back as the 1590s.