



*The Old Vicarage*  
Allithwaite

# Activities Timetable for the Week Commencing 18th November 2024

DAY	MORNING	AFTERNOON
	HAIRDRESSER VISIT ONE-TO-ONE CHATS	FLOWER ARRANGING
TUES 19 NOV	SINGING WITH WIN!	FLOWER ARRANGING
WED 20 NOV	SING ALONG!	WILDLIFE FILM ON THE BIG SCREEN
THUR 21 NOV	HAIRDRESSER VISIT	ARMCHAIR BALLET WITH CARLA
FRI 22 NOV	SING ALONG!	HOLLY THE CUTEST DOG, VISIT

An interesting fact!

The history of flower arranging dates back thousands of years, with the earliest known examples in ancient Egypt around 2,500 BCE

Flowers were chosen for their symbolic and religious meanings. For example, the lotus flower was sacred to Isis and was often included in arrangements

