

## Activities Timetable for the Week Commencing 24th February 2025

DAY	MORNING	AFTERNOON
MON 24 FEB	HAIRDRESSER VISIT	STRICTLY AT HOME CONCERT
TUES 25 FEB	ARMCHAIR BALLET	OUR FAVOURITE THINGS
WED 26 FEB	SING ALONG	HAND MASSAGES ARTS & CRAFTS
THU 27 FEB	HAIRDRESSER VISIT	GAMES AFTERNOON
FRI 28 FEB	SING A LONG	HOLLY DOG

## An interesting fact!

The term 'ballroom dancing' is derived from the word ball which in turn originates from the Latin word ballare which means 'to dance' (a ball-room being a large room specially designed for such dances). In times past, ballroom dancing was social dancing for the privileged, leaving folk dancing for the lower classes.