



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 15th September 2025

DAY	MORNING	AFTERNOON
MON 15 SEPT	HAIRDRESSER VISIT & ARMCHAIR EXERCISES	EXPLORING BIRD HOUSES
TUES 16 SEPT	ARMCHAIR BALLET WITH CARLA	KEITH REDFERN SINGS
WED 17 SEPT	HAVING A GOOD OLD SING ALONG	BAKING CHOCOLATE & HAZELNUT TWISTS
THUR 18 SEPT	HAIRDRESSER VISIT & PLAYING GAMES	AN AFTERNOON OUTING
FRI 19 SEPT	REMINISCENCE SESSIONS	CLEANING BRASSES
SAT 20 SEPT	GAMES DAY	
SUN 21 SEPT	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

Brass, a copper-zinc alloy, has a long history dating back to ancient civilizations, first appearing in Mesopotamia & Egypt around 3000 BCE before becoming more widely produced in Roman times & evolving significantly after the Industrial Revolution to meet modern engineering and aesthetic demands.