



The Old Vicarage
Allithwaite

Activities Timetable for the Week Commencing 11 August 2025

DAY	MORNING	AFTERNOON
MON 11 AUG	HAIRDRESSER VISIT NATTER TIME	DEMENTIA BOOK CLUB: THE RAT PACK
TUES 12 AUG	ARMCHAIR BALLET WITH CARLA	BAKING
WED 13 AUG	SING ALONG WITH ALICE	VARIETY PUZZLE PACK
THUR 14 AUG	HAIRDRESSER VISIT	AFTERNOON OUTING
FRI 15 AUG	ACTION SONGS WITH ALICE	A JOLLY TIME WITH HOLLY
SAT 16 AUG	GAMES DAY	
SUN 17 AUG	RELAXING, WATCHING SOME GOOD OLD FILMS!	

An interesting fact!

Dementia the Montessori Way is a UK based, dementia friendly Book Club. They write books which enable those with dementia to continue to enjoy reading books. This week, The Rat Pack will explore and celebrate the life and talents of Dean Martin, Frank Sinatra and Sammy Davis Jr.

For more information go to <https://dementiathemontessoriway.co.uk/>